

Heath Mount Primary School



Newsletter



10th July 2026

Dear Parents/Carers,

It has been another busy and exciting week at Heath Mount.

Thank you for all of your support at our Summer Fayre. It was wonderful to see so many families attending and enjoying the event together.

Sports Day

The children also thoroughly enjoyed taking part in Sports Day. Thank you to everyone who came along to support them, especially in the hot weather! We hope the refreshments helped keep everyone cool while cheering on the children.

KS1 Summer Picnic

Our KS1 children had a fantastic time enjoying a summer picnic outdoors. It was a lovely opportunity for them to spend time together and celebrate the season.

Tennis Festival with Parents

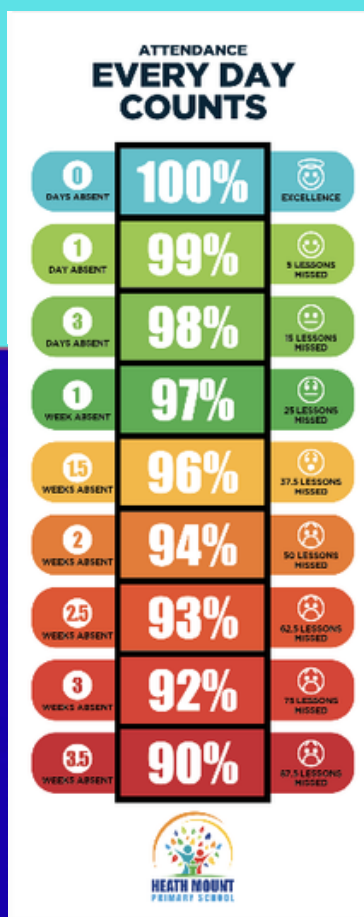
After seven weeks of tennis coaching, parents were invited into school to join their children for a special tennis festival. The children were delighted to showcase the skills they have developed, and it was wonderful to see families playing and learning together. We hope everyone who attended enjoyed the event as much as we did.

Mrs Samuel
Headteacher

**PE TIMETABLE**

Monday - 1B and Year 6
Tuesday - Reception
Swimming - 4SB
Wednesday - 2RZ and Year 5
Thursday - 2Z, Year 3 and 4A (Tennis)

Children to wear their PE kits to school on their PE days



DATES FOR YOUR DIARY

TUESDAY 14TH JULY

YEAR 6 END OF YEAR PERFORMANCE - 9:15AM AND 1:15PM

WEDNESDAY 15TH JULY

THE EXCELSIOR OLYMPICS

THURSDAY 16TH JULY

YEAR 6 GRADUATION ASSEMBLY - 10.00 AM

THURSDAY 16TH JULY

THE HEATH MOUNT CHOIR PERFORM AT THE SYMPHONY HALL

FRIDAY 17TH JULY

SCHOOL CLOSSES AT 1:00 PM FOR THE SUMMER BREAK

THURSDAY 3RD SEPTEMBER

SCHOOL REOPENS AT 8:35 AM FOR THE NEW TERM



Medical Appointments



We kindly remind you to book appointments for your child outside of school hours whenever possible to minimise disruption to their learning.

If your child's appointment is **in the morning**, bring them to school before the appointment, then bring them back to school after the appointment.

Only the morning will be an authorised absence.



If your child's appointment is **in the afternoon**, keep your child in school until you need to take them for their appointment.

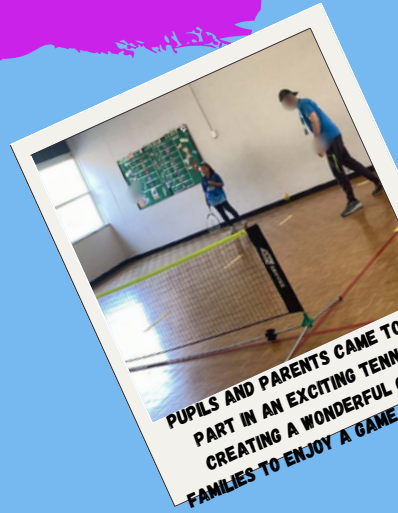
If they finish in time, bring them back to **school**.

Only the afternoon will be authorised absence.

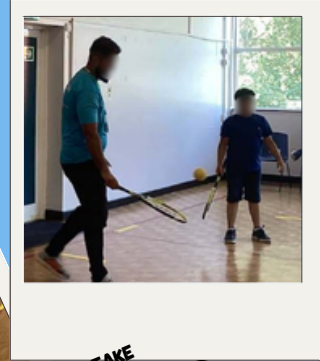
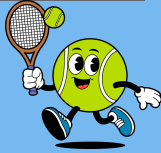
THIS WEEK AT HEATH MOUNT



SPORTS DAY TOOK PLACE ON WEDNESDAY AND WAS A FANTASTIC EVENT ENJOYED BY PUPILS, STAFF AND FAMILIES ALIKE. THROUGHOUT THE DAY, CHILDREN DEMONSTRATED EXCELLENT TEAMWORK, DETERMINATION AND SPORTSMANSHIP AS THEY PARTICIPATED IN A VARIETY OF EXCITING RACES AND ACTIVITIES.



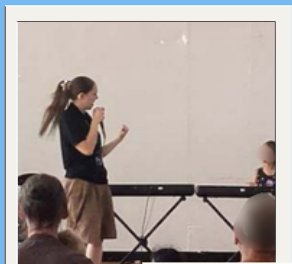
PUPILS AND PARENTS CAME TOGETHER TO TAKE PART IN AN EXCITING TENNIS TOURNAMENT, CREATING A WONDERFUL OPPORTUNITY FOR FAMILIES TO ENJOY A GAME OF TENNIS TOGETHER.



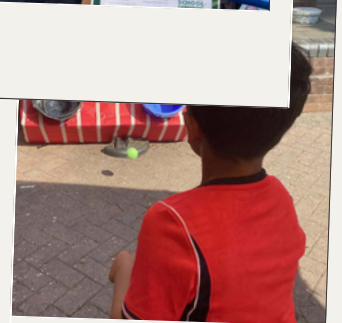
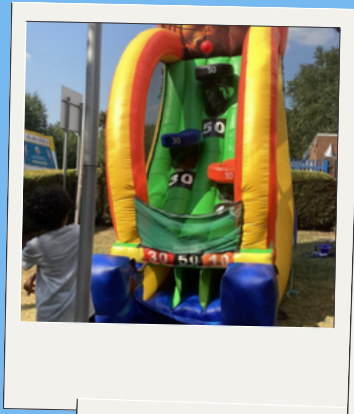
RAFFLE



YEAR 1 AND YEAR 2 ENJOYED A WONDERFUL SUMMER PICNIC IN THE SCHOOL GROUNDS THIS MORNING. THE CHILDREN SPENT TIME OUTDOORS SHARING FOOD, PLAYING GAMES, AND MAKING THE MOST OF THE WARM WEATHER.



A GROUP OF BUDDING MUSICIANS TOOK TO THE STAGE TO SHOWCASE THEIR TALENTS AT THE END-OF-TERM ROCKSTEADY CONCERT. PERFORMING WITH CONFIDENCE AND ENTHUSIASM, THE CHILDREN ENTERTAINED FAMILY MEMBERS AND STAFF WITH A VARIETY OF LIVELY SONGS.



THE SUMMER FAYRE WAS A HUGE SUCCESS, BRINGING TOGETHER PUPILS, FAMILIES, STAFF AND MEMBERS OF OUR WIDER COMMUNITY FOR AN AFTERNOON FILLED WITH FUN, LAUGHTER AND CELEBRATION. THERE WAS A FANTASTIC ATMOSPHERE THROUGHOUT THE EVENT, WITH A VARIETY OF STALLS, GAMES AND REFRESHMENTS FOR EVERYONE TO ENJOY.



FRED'S ATTENDANCE SUPERHEROES OF THE WEEK

22 97.5%

30 98%

55 97.3%



HERE
EVERYDAY
READY
ON TIME

HEATH MOUNT WEEKLY MENU

WEEK 3- 9/3, 13/4, 4/5, 1/6, 22/6, 13/7

MONDAY

Beef Ragu with
Penne Pasta
Macaroni Cheese (V)

Garlic Bread,
Veg of the Day

Raspberry Ripple
Ice Cream
Fresh Fruit & Yoghurt

THURSDAY

Hunters Chicken
Hunters Quorn (V)
Fish Fingers

Spicy Wedges,
Veg of the Day

Carrot Cake
Fresh Fruit & Yoghurt

TUESDAY

Spicy Lamb Burger
Veggie Burger (V)

Paprika
Sauté Potatoes,
Veg of the Day

Rice Pudding with Jam
Fresh Fruit & Yoghurt

FRIDAY

Cajun Chicken Pizza
Margherita Pizza (V)

Chipped Potatoes,
Baked Beans,
Veg of the Day

Chocolate Brownie
Fresh Fruit & Yoghurt

WEDNESDAY

Roast Turkey with
Yorkshire Pudding
Herb Roasted
Quorn (V)

Roast Potatoes,
Gravy,
Veg of the Day

American Pancakes
with Toffee Drizzle
Fresh Fruit & Yoghurt

Available Daily- Jacket Potato with a variety of fillings /
Fresh salad cart / Fresh Fruit

SEASIDE DAY

Mains

Sebastian's Saucy Fish

Hot Dog

Vegetable Nugget Burger (V)

Traditional Seaside Favourites Served with
Fries on a Newspaper like Sheet with Peas,
Baked Beans or Corn and Sauces

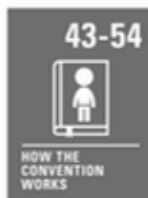
Desserts

Dory's Dinky Donut with
Ice Cream and Sprinkles or
Ariel's Refreshing Iced Lolly

16th JULY



At Heath Mount Primary School, we promote children's rights in all areas of our curriculum. We want to ensure that ALL children understand their rights so that they are healthy, happy and safe.
Look at the article below and talk about what this article means.



UNICEF Rights Respecting Schools Article 45 -How the convention works

"Article 45 says non-governmental organisations, such as UNICEF and other United Nations bodies, can provide advice and assistance on children's rights."

Exploring Article 45 -This World Children's Day, think about the different ways UNICEF helps children around the world to access their rights?
Can you think of things they do?

UNICEF...

- Helps governments make sure that all children have an education.
- Supports communities to have access to clean water and nutritious food.
- Helps to support good health care systems in lower income countries.
- Distributes vaccines to protect children from a wide range of diseases and infections.
- Works to make child protection stronger where countries or organisations need help with this.
- Helps governments all around the world to look at how children's rights are being met and helps them improve the situation for children.
- Provides help for children when there is an emergency such as an earthquake, hurricane or tsunami.
- Provides help for children if there is a war to make sure children are looked after.
- Supports refugee families.
- In a variety of ways works within the United Nations and with governments and civil society to make sure children's lives and views are visible and taken into account.
- In the UK promotes children's rights through the Baby Friendly Initiative, Rights Respecting Schools Award and Child Friendly Cities and Communities programme.
- In the UK and other high-income countries, it raises funds to support UNICEF's work around the world.
- Speaks to politician and decision makers to protect and promote children's rights.



unicef
UNITED KINGDOM



Online Safety Quiz

Does your child know how to stay safe online? Test their knowledge with this online quiz.

You receive an email that looks like it is from your school, but the sender's email address is **schoollsupport123@gmail.com**. What should you do?

A

Reply straight away with your personal details

B

Click any links in the email to check if it's real

C

Report the email to a trusted adult or teacher and do not reply

D

Forward the email to your friends to warn them



Correct answer: C. Report the email to a trusted adult or teacher and do not reply.

Safeguarding at Heath Mount Primary School

Please see the safeguarding page on our school website:
Safeguarding – [Heath Mount Primary School \(excelsiormat.org\)](http://Heath Mount Primary School (excelsiormat.org))

At Heath Mount Primary School safeguarding children is of paramount importance. We have 6 Designated Safeguarding Leads (DSLs) who can be contacted by parents should they have a safeguarding concern. If you have safeguarding concerns about a child, please email school using the following email address: enquiry@heathmount.excelsiormat.org. Our DSLs are:



Meet your safeguarding team:



Mrs Samuel
Headteacher,
SENCO &
Lead DSL



Miss Beach
Deputy Headteacher
Deputy DSL



Miss Taylor
Pastoral Manager
Deputy DSL



Mrs Yufai
HLTA
Deputy DSL



Mrs Smith
HLTA
Deputy DSL



Miss Brook
Teacher
Deputy DSL



Miss B
Office Manager
DSL



BIRMINGHAM CHILDREN'S TRUST

Contact details

Monday to Thursday: 9am to 5:15pm
Friday: 9:45am to 4:15pm
Telephone: 0121 300 1000

Emergency out-of-hours

Telephone: 0121 673 4006

The Children's Advice and Support Service (CASS) provides a single point of contact for professionals and members of the public who want to seek support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact us. We will listen, assess your concerns, and can take action if a child is at risk.

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us



It doesn't have to be an emergency — you might be looking for guidance and support on issues affecting children. Whatever it is you're worried about, our dedicated child protection specialists will be able to advise and take any necessary action.

Whatever your worry — call us on **0800 500 5000**, email help@nspcc.org.uk, or [submit our online form](https://www.nspcc.org.uk/what-we-do/child-protection/) — we can help. We also have advice about [reporting the signs of abuse](https://www.nspcc.org.uk/what-we-do/child-protection/).

Due to an increase in demand across our service, our voice Helpline is currently operating between the hours of 10am-4pm on Monday to Friday. However, you can email help@nspcc.org.uk at any time. It's free and you don't have to say who you are. If you think a child is in immediate danger, please call the police on **999** straight away.

