## **HEATH MOUNT PRIMARY SCHOOL**



## **NEWSLETTER**



10th October 2025

Dear Parents/Carers,

We've had another good week in school, filled with learning, collaboration and community spirit.

Thank you to everyone who attended the Year 2 Stay and Read session - it was lovely to see so many of you enjoying books with your children and celebrating the joy of reading together.

We're also pleased to share that our Parent Governor will be regularly visiting school this term. They'll be engaging in pupil voice activities, speaking with staff and spending time in classrooms to support our school community.

A huge thank you to everyone who contributed to our Macmillan Coffee Morning. It was a wonderful event for a great cause, and we're proud to share that we raised £276.39 - thank you for your generosity!

#### E-Safety Reminder:

Please continue to talk to your children about how to stay safe online—being kind, responsible and aware of risks is key. We will keep supporting this in school.

And finally, a gentle reminder to keep reading at home - just a few minutes a day can make a big difference in your child's progress and confidence.

Thank you for your continued support.

Have a lovely weekend!

Mrs Samuel Headteacher

#### **Timings of the School Day**

Please remember: School starts for all children at 8:35am.

School finishes at 3:15pm (Reception) and 3:20pm (Years 1 - 6).

School finishes for all pupils at 1pm every Friday.

Please make sure that you arrive and collect your child on time every day.



# PE TIMETABLE



**Monday - Year 1 and Year 5** 

Tuesday - 6JB

**Swimming - 6B** 

Wednesday - 2RZ and Year 3

Thursday - 2Z and Year 4

Friday - Reception

Children to wear their PE kits to school on their PE days









# **Dates For Your** Diary 9

Tuesday 14th October- Year 1 Stay & Read - 8:35 - 9:00 - Lower Hall



Thursday 16th October- Year 3 trip to The Botanical Gardens



Thursday 16th October- Reception Open Day - 9:30am and 5:00pm

Monday 20th October - SEND Parents' Coffee Morning - 9:00am Lower Hall

Monday 20th October - Friday 24th October - Scholastic Book Fair - 3:20 - 3:45 Lower Hall

Monday 27<sup>th</sup> October - Friday 31<sup>st</sup> October - Half Term

Monday 3rd November - Staff Inset Day - School closed for pupils

Tuesday 4th November - School re-opens for pupils

## Heath Mount Primary Menu

WEEK ONE W/C-01/09, 22/09, 13/10, 10/11, 1/12

#### MONDAY

#### Mains

Chicken Makhani Vegetable Makhani (V)

Battered Fish, with Potato Wedges

#### Accompaniments

Boiled Rice, Naan Bread & Veg of the Day

#### Dessert

Ice Cream Fresh Fruit/Yoghurt

#### Mains

TUESDAY

Beef Ragu, with Penne Pasta & Garlic Slice

Cheese, Vegetable & Potato Hash (V)

#### Accompaniments

Herby Diced Potatoes & Veg of the Day

#### pessert

Strawberry Mousse Cheesecake Fresh Fruit/Yoghurt

## WEDNESDAY

Mains Chicken Sausage. with Onion Gravy

Fishless Fingers, with Lemon Wedge & Tartar Sauce (V)

#### Accompaniments

Mashed Potatoes & Veg of the Day

#### nessert

Chocolate Concrete with Pink Custard Fresh Fruit/Yoghurt

#### Mains

Cottage Pie

Vegetable Spring Rolls with Oriental Noodles (V)

Accompaniments Veg of the Day

#### Dessert

Iced Lemon Doughnuts Fresh Fruit/Yoghurt

#### FRIDAY

**BBQ Chicken Pizza** 

Margherita Pizza (V)

#### Accompaniments

**Chipped Potatoes** & Veg of the Day

#### Dessert

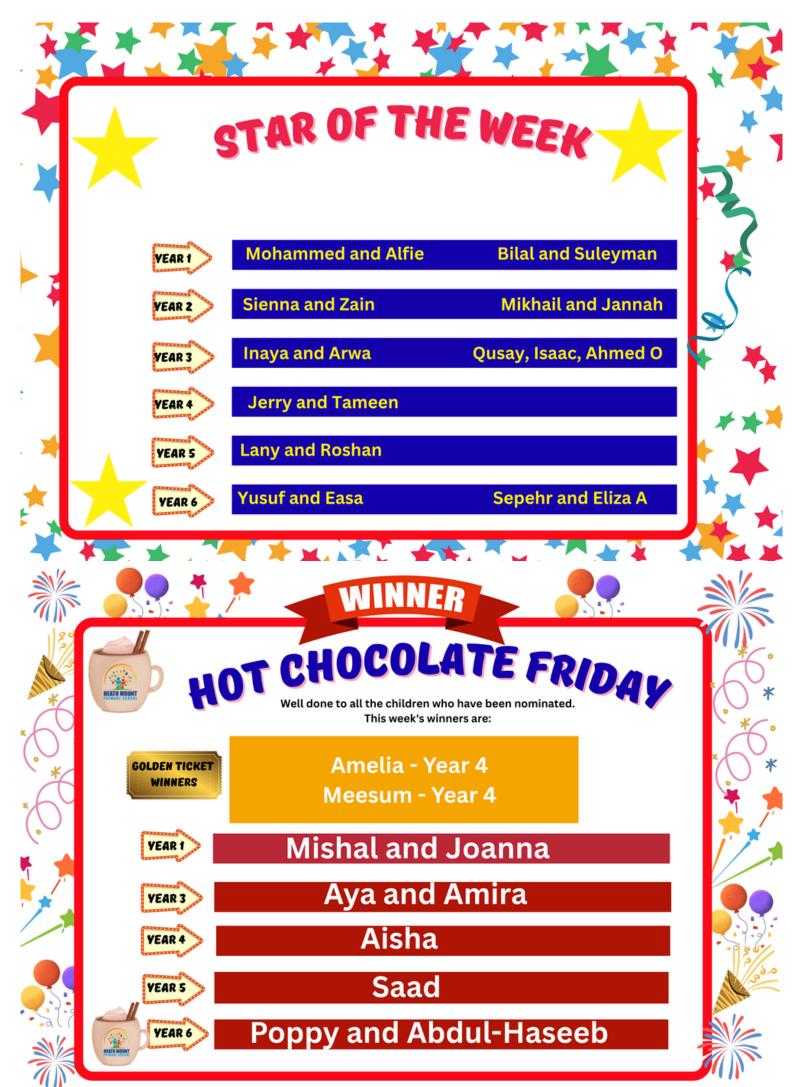
Oat Cookie Fresh Fruit/Yoghurt

## AVAILABLE DAILY

Fresh salad Cart Jacket Potato and Fillings

Allergen information: menu descriptions may not list every individual ingredient. We are aware of the presence of allergens requiring labelling, so please ask a member of the catering team should you require any more details. Vegetarian options are indicated by the symbol (V).

COOMBS



# ORACY CHAMPIONS OF THE WEEK Excelsion

EACH WEEK, OUR STAFF CHOOSE A CHILD WHO HAS DEMONSTRATED THEIR ORACY SKILLS IN AN EXCEPTIONAL WAY.



**YEAR 1** Jannah and Harris

**YEAR 2** Esa and Safa

**YEAR 3**Buthaina, Aisha, Inaya and Arwa

**YEAR 4** Jenna and Zahra

**VEAR 5** Renad

**YEAR 6** Idris and Hamza



# Have you applied for your child's reception place for September 2026?





Scan this code or visit
www.birmingham.gov.uk/schooladmissions
and fill in the form.
Put Heath Mount Primary School as your
first choice!









# RECEPTION OPEN DAY



IS YOUR CHILD BORN BETWEEN 1<sup>ST</sup> SEPTEMBER 2021 - AUGUST 2022?

Is your child due to start reception in September 2026?

Come and see our provision and meet our staff!

#### 1st Session:

Thursday 16<sup>th</sup> October at 9:30am

#### 2nd Session:

Thursday 16<sup>th</sup> October at 5:00pm



Heath Mount Primary School Knutsford Street Balsall Heath Birmingham B12 9SR

Tel: 0121 464 1691 Email: enquiry@heathmount.excelsiormat.org Website: www.heathmount.excelsiormat.org

#### **Attention Year 6 Parents/Carers!**

## It's time to apply for a secondary school place!





- 4
- 5.
- 6.

You'll need to submit your application by

31 October 2025

www.birmingham.gov.uk/ schooladmissions to get started

### Dates to remember!



1st

1 September 2025: **Applications open** 



2nd

2 March 2026: Offer Day



**31st** 

31 October 2025: **Applications close** 

#### Choosing a secondary school: Hints & Tips

Don't leave it too late - You are likely to miss out on the school place you want if you apply late. Deadline is 31st October

- Attend any open events at your preferred secondary schools.
- Look at each school's website and
- Think about how your child will travel to
- Check the admission criteria of the schools.
- Does your child meet the criteria? Distance from the school is an important
- Remember to list six different secondary schools you would like your child to attend and put them in order of preference.

Applying for 6 schools gives you child the best chance of getting a school that you want. List the schools in order of preference when you apply and if a place is available at more than one school, you will be offered the highest one

Don't Delay. Apply Today!





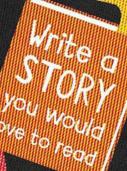




Fun, creative story writing competition opens Tues 23 Sept - Fri 7 Nov 2025

No need to worry about spelling. punctuation or grammar!

You could have your story read out on TV by a celebrity!





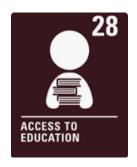
Find out more and enter at bbc.co.uk/500words

B B C
BITESIZE



At Heath Mount Primary School, we promote children's rights in all areas of our curriculum. We want to ensure that ALL children understand their rights so that they are healthy, happy and safe.

Look at the article below and talk about what this article means.



## UNICEF Rights Respecting Schools Article 28 - Access to Education

"All children across the world have the right to access primary education for free, and secondary education must be available to every child."

**Exploring Article 28** - Give yourself one minute to think of as many reasons as you can why **education is so important** for children and young people.

#### Did you think of these?

- It gives you skills to improve things and help people.
- · It helps you form opinions and views about things.
- You learn things, gain knowledge and pass exams.
- You are taught how to stay safe and healthy.
- You learn how to respect other people's ideas and get on with other people.
- You can learn about rights and why they matter.
- It helps you to get a job you enjoy and earn money in the future.
- You explore different opinions and can make informed choices.
- Education helps you to have more opportunities in life.
- You learn about things that are important for the world like the environment.
- You find out about different cultures and people's beliefs.
- It helps you grow up to be responsible adults.
- Learning is fun, and you can make friends and meet new people.
- · Learning is something you will do for your whole life.





### Safeguarding at Heath Mount Primary School

Please see the safeguarding page on our school website: Safeguarding – <u>Heath Mount Primary School (excelsiormat.org)</u>

At Heath Mount Primary School safeguarding children is of paramount importance. We have 5 Designated Safeguarding Leads (DSLs) who can be contacted by parents should they have a safeguarding concern. If you have safeguarding concerns about a child, please email school using the following email address: <a href="mailto:enquiry@heathmount.excelsiormat.org">enquiry@heathmount.excelsiormat.org</a>. Our DSLs are:





## Meet your safeguarding team:



Mrs Samuel Headteacher, SENCO & Lead DSL



Miss Taylor Pastoral Manager Deputy DSL



Mrs Yafai HLTA Deputy DSL



Mrs Smith HLTA Deputy DSL



Miss Brook Teacher Deputy DSL



Miss Bi Office Manage DSO



#### Contact details

Monday to Thursday: 8:45am to 5:15pm Friday: 8:45am to 4:15pm Telephone: 0121 303 1888

Emergency out-of-hours

Telephone: 0121 675 4806

The Children's Advice and Support Service (CASS) provides a single point of contact for professionals and members of the public who want to seek support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact us. We will listen, assess your concerns, and can take action if a child is at risk.

## NSPCC Curulty to children must stop. FULL STOP.

# If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact

It doesn't have to be an emergency — you might be looking for guidance and support on issues affecting children. Whatever it is you're worried about, our dedicated child protection specialists will be able to advise and take any necessary action.

Whatever your worry — call us on <u>0808 800 5000</u>, email <u>help@NSPCC.org.uk</u>, or <u>submit our online form</u> — we can help. We also have advice about <u>spotting the signs of abuse</u>.

Due to an increase in demand across our service, our voice Helpline is currently operating between the hours of 10am-4pm on Monday to Friday. However, you can email help@NSPCC org.uk at any time. It's free and you don't have to say who you are. If you think a child is in immediate danger, please call the police on 999 straight away.





