

HEATH MOUNT PRIMARY SCHOOL



NEWSLETTER



10th October 2025

Dear Parents/Carers,

We've had another good week in school, filled with learning, collaboration and community spirit.

Thank you to everyone who attended the Year 2 Stay and Read session - it was lovely to see so many of you enjoying books with your children and celebrating the joy of reading together.

We're also pleased to share that our Parent Governor will be regularly visiting school this term. They'll be engaging in pupil voice activities, speaking with staff and spending time in classrooms to support our school community.

A huge thank you to everyone who contributed to our Macmillan Coffee Morning. It was a wonderful event for a great cause, and we're proud to share that we raised £276.39 - thank you for your generosity!

E-Safety Reminder:

Please continue to talk to your children about how to stay safe online—being kind, responsible and aware of risks is key. We will keep supporting this in school.

And finally, a gentle reminder to keep reading at home - just a few minutes a day can make a big difference in your child's progress and confidence.

Thank you for your continued support.

Have a lovely weekend!

Mrs Samuel
Headteacher

Timings of the School Day

Please remember: School starts for all children at
8:35am.

School finishes at 3:15pm (Reception) and
3:20pm (Years 1 - 6).

School finishes for all pupils at 1pm every Friday.

Please make sure that you arrive and collect your
child on time every day.



PE TIMETABLE



Monday - Year 1 and Year 5

Tuesday - 6JB

Swimming - 6B

Wednesday - 2RZ and Year 3

Thursday - 2Z and Year 4

Friday - Reception

**Children to wear their PE kits to
school on their PE days**

Stay in touch:



enquiry@heathmount.excelsiormat.org



0121 464 1691



www.heathmount@excelsiormat.org

Dates For Your Diary

Tuesday 14th October- Year 1 Stay & Read - 8:35 - 9:00 - Lower Hall



Thursday 16th October- Year 3 trip to The Botanical Gardens



Thursday 16th October- Reception Open Day - 9:30am and 5:00pm



Monday 20th October - SEND Parents' Coffee Morning - 9:00am Lower Hall

Monday 20th October - Friday 24th October - Scholastic Book Fair - 3:20 - 3:45
Lower Hall

Monday 27th October - Friday 31st October - Half Term

Monday 3rd November - Staff Inset Day - School closed for pupils

Tuesday 4th November - School re-opens for pupils

Heath Mount Primary Menu

WEEK ONE

W/C-01/09, 22/09,

13/10, 10/11, 1/12

MONDAY

Mains

Chicken Makhani
Vegetable Makhani (V)

Battered Fish,
with Potato Wedges

Accompaniments

Boiled Rice, Naan Bread
& Veg of the Day

Dessert

Ice Cream
Fresh Fruit/Yoghurt

TUESDAY

Mains

Beef Ragù, with Penne
Pasta & Garlic Slice

Cheese, Vegetable
& Potato Hash (V)

Accompaniments

Herby Diced Potatoes
& Veg of the Day

Dessert

Strawberry
Mousse Cheesecake
Fresh Fruit/Yoghurt

WEDNESDAY

Mains

Chicken Sausage,
with Onion Gravy

Fishless Fingers,
with Lemon Wedge
& Tartar Sauce (V)

Accompaniments

Mashed Potatoes
& Veg of the Day

Dessert

Chocolate Concrete
with Pink Custard
Fresh Fruit/Yoghurt

WEEK ONE

THURSDAY

Mains

Cottage Pie
Vegetable Spring Rolls
with Oriental Noodles (V)

Accompaniments

Veg of the Day

Dessert

Iced Lemon Doughnuts
Fresh Fruit/Yoghurt

FRIDAY

Mains

BBQ Chicken Pizza
Margherita Pizza (V)

Accompaniments

Chipped Potatoes
& Veg of the Day

Dessert

Oat Cookie
Fresh Fruit/Yoghurt

AVAILABLE DAILY

 Fresh salad cart
 Jacket potato
and Fillings

Allergen information: menu descriptions may not list every individual ingredient. We are aware of the presence of allergens requiring labelling, so please ask a member of the catering team should you require any more details. Vegetarian options are indicated by the symbol (V).

STAR OF THE WEEK

YEAR 1

Mohammed and Alfie

Bilal and Suleyman

YEAR 2

Sienna and Zain

Mikhail and Jannah

YEAR 3

Inaya and Arwa

Qusay, Isaac, Ahmed O

YEAR 4

Jerry and Tameen

YEAR 5

Lany and Roshan

YEAR 6

Yusuf and Easa

Sepehr and Eliza A

WINNER



HOT CHOCOLATE FRIDAY

Well done to all the children who have been nominated.
This week's winners are:

GOLDEN TICKET
WINNERS

Amelia - Year 4
Meesum - Year 4

YEAR 1

Mishal and Joanna

YEAR 3

Aya and Amira

YEAR 4

Aisha

YEAR 5

Saad

YEAR 6

Poppy and Abdul-Haseeb



ORACY CHAMPIONS OF THE WEEK



EACH WEEK, OUR STAFF CHOOSE A CHILD WHO HAS DEMONSTRATED THEIR ORACY SKILLS IN AN EXCEPTIONAL WAY.



YEAR 1

Jannah and Harris

YEAR 2

Esa and Safa

YEAR 3

Buthaina, Aisha, Inaya
and Arwa

YEAR 4

Jenna and Zahra

YEAR 5

Renad

YEAR 6

Idris and Hamza

ATTENDANCE

SUPERHEROES OF THE WEEK

TPB
94.3%



30
98.9%



5S
97.7%



BE AN ATTENDANCE HERO

Here Everyday Ready Ontime



Have you applied for your child's reception
place for September 2026?



Scan this code or visit
www.birmingham.gov.uk/schooladmissions
and fill in the form.
Put Heath Mount Primary School as your
first choice!



Excelsior
Multi Academy Trust

RECEPTION OPEN DAY

IS YOUR CHILD BORN BETWEEN 1ST
SEPTEMBER 2021 - AUGUST 2022?

**Is your child due to start
reception in September 2026?**

**Come and see our provision and
meet our staff!**

1st Session:

**Thursday 16th October
at 9:30am**

2nd Session:

**Thursday 16th October
at 5:00pm**



Heath Mount Primary School
Knutsford Street
Balsall Heath
Birmingham
B12 9SR

Tel: 0121 464 1691
Email: enquiry@heathmount.excelsiormat.org
Website: www.heathmount.excelsiormat.org

Attention Year 6 Parents/Carers!

It's time to apply for a secondary school place!



You'll need to submit your application by

31 October 2025

Go to

www.birmingham.gov.uk/schooladmissions
to get started

My top 6 schools are :

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Dates to remember!

September

1st

**1 September 2025:
Applications open**

October

31st

**31 October 2025:
Applications close**

March

2nd

**2 March 2026:
Offer Day**

Applying for 6 schools gives you child the best chance of getting a school that you want. List the schools in order of preference when you apply and if a place is available at more than one school, you will be offered the highest one on your list.

Choosing a secondary school:

Hints & Tips

- Don't leave it too late - You are likely to miss out on the school place you want if you apply late. **Deadline is 31st October 2025.**
- Attend any open events at your preferred secondary schools.
- Look at each school's website and prospectus.
- Think about how your child will travel to school.
- Check the admission criteria of the schools.
- Does your child meet the criteria? Distance from the school is an important factor.
- **Remember to list six different secondary schools you would like your child to attend and put them in order of preference.**



Don't Delay. Apply Today!



www.birmingham.gov.uk/schooladmissions



500 WORDS



Fun, creative story writing competition
opens Tues 23 Sept – Fri 7 Nov 2025

No need to worry about spelling,
punctuation or grammar!

You could have
your story read out
on TV by a celebrity!



Write a
STORY
you would
love to read

Ages
5 – 11



Find out more and enter at
bbc.co.uk/500words

BBC
BITESIZE
FOR TEACHERS



At Heath Mount Primary School, we promote children's rights in all areas of our curriculum. We want to ensure that ALL children understand their rights so that they are healthy, happy and safe.

Look at the article below and talk about what this article means.



UNICEF Rights Respecting Schools

Article 28 - Access to Education

"All children across the world have the right to access primary education for free, and secondary education must be available to every child. "

Exploring Article 28 - Give yourself one minute to think of as many reasons as you can why **education is so important** for children and young people.

Did you think of these?

- It gives you skills to improve things and help people.
- It helps you form opinions and views about things.
- You learn things, gain knowledge and pass exams.
- You are taught how to stay safe and healthy.
- You learn how to respect other people's ideas and get on with other people.
- You can learn about rights and why they matter.
- It helps you to get a job you enjoy and earn money in the future.
- You explore different opinions and can make informed choices.
- Education helps you to have more opportunities in life.
- You learn about things that are important for the world like the environment.
- You find out about different cultures and people's beliefs.
- It helps you grow up to be responsible adults.
- Learning is fun, and you can make friends and meet new people.
- Learning is something you will do for your whole life.

Safeguarding at Heath Mount Primary School

Please see the safeguarding page on our school website:
Safeguarding – [Heath Mount Primary School \(excelsiormat.org\)](http://heathmountprimaryschool.excelsiormat.org)

At Heath Mount Primary School safeguarding children is of paramount importance. We have 5 Designated Safeguarding Leads (DSLs) who can be contacted by parents should they have a safeguarding concern. If you have safeguarding concerns about a child, please email school using the following email address: enquiry@heathmount.excelsiormat.org. Our DSLs are:



Meet your safeguarding team:



Mrs Samuel
Headteacher,
SENCO &
Lead DSL



Miss Taylor
Pastoral Manager
Deputy DSL



Mrs Yafai
HLTA
Deputy DSL



Mrs Smith
HLTA
Deputy DSL

Miss Brook
Teacher
Deputy DSL

Miss Bi
Office Manager
DSO



**BIRMINGHAM
CHILDREN'S TRUST**

Contact details

Monday to Thursday: 8:45am to 5:15pm
Friday: 8:45am to 4:15pm
Telephone: 0121 303 1888

Emergency out-of-hours

Telephone: 0121 675 4806

The Children's Advice and Support Service (CASS) provides a single point of contact for professionals and members of the public who want to seek support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact us. We will listen, assess your concerns, and can take action if a child is at risk.

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us



It doesn't have to be an emergency — you might be looking for guidance and support on issues affecting children. Whatever it is you're worried about, our dedicated child protection specialists will be able to advise and take any necessary action.

Whatever your worry — call us on **0808 800 5000**, email help@NSPCC.org.uk, or [submit our online form](#) — we can help.
We also have advice about [spotting the signs of abuse](#).

Due to an increase in demand across our service, our voice Helpline is currently operating between the hours of 10am-4pm on Monday to Friday. However, you can email help@NSPCC.org.uk at any time. It's free and you don't have to say who you are. If you think a child is in immediate danger, please call the police on 999 straight away.

