

# Heath Mount Primary School



## Newsletter



13th February 2026

Dear Parents/Carers,

Thank you to all of the parents/carers that attended Parents' evening and who came into school to join their child for a maths lesson this week. The children loved having you there and showing you just how confident they are with their maths! We hope that you found the lessons helpful and that you left with plenty of ideas about how to support your child's learning at home.

### Arts Week

I'm thrilled to share that Heath Mount's first Immersive Art Week has been a wonderful celebration of creativity and global culture. Each afternoon, children have explored a range of international artists, producing incredible individual and collaborative pieces inspired by the theme Around the World. Do ask your child which continent they have been learning about this week. We are delighted to invite you to our Open Gallery to see and enjoy the fantastic artwork on display, the first week back after half term.

### Timings:

Monday 23<sup>rd</sup> February – 2.45pm EYFS & KS1

Wednesday 25<sup>th</sup> February – 2.45pm – Years 3 & 4

Thursday 26<sup>th</sup> February – 2.45pm – Years 5 & 6

### Cicero Cup Debating

This week some of our pupils in year 5 took part in the Noisy Classroom's Cicero Cup competition with Mr Orr. They had the opportunity to practise and participate in games aimed at honing their debating skills in the morning before the actual debates in the afternoon. Well done everyone!

Please take good care of yourselves and have a lovely holiday.

Best wishes,

Mrs Samuel  
Headteacher

**HAPPY  
HALF  
TERM!**

**SCHOOL CLOSSES AT 1PM ON  
FRIDAY 13<sup>TH</sup> FEBRUARY AND  
REOPENS ON MONDAY 23<sup>RD</sup>  
FEBRUARY.**

### Timing of the School Day

**Important reminder: School starts  
for all children at 8:35am.**

**School finishes at 3:15pm**

**(Reception) and 3:20pm (Years 1 - 6).**

**School finishes for all pupils at 1pm  
every Friday. Please make sure that  
you arrive and collect your child on  
time every day.**



### Late Collections

**We will be administering a 'Late Collection  
Charge' system for those families that  
are persistently late in collecting their  
child or children at the end of the school  
day or after school club.**



### PE TIMETABLE



**Monday - 1B and Year 6**

**Tuesday - Swimming - 5S**

**Wednesday - 2RZ and Year 3**

**Thursday - 2Z, Year 4 and 5B (Tennis)**

**Friday - Reception**

**Children to wear their PE kits to  
school on their PE days**



# DATES FOR YOUR DIARY

**MONDAY 16TH FEBRUARY – FRIDAY 20TH FEBRUARY**  
**HALF TERM HOLIDAY**

**MONDAY 23RD FEBRUARY**  
**SCHOOL OPEN FOR ALL PUPILS**

**MONDAY 23RD FEBRUARY**  
**HEATH MOUNT ART GALLERY - RECEPTION - YEAR 2 - 2:45PM**

**WEDNESDAY 25TH FEBRUARY**  
**HEATH MOUNT ART GALLERY - YEAR 3 - YEAR 4 - 2:45PM**

**THURSDAY 26TH FEBRUARY**  
**HEATH MOUNT ART GALLERY - YEAR 5 - YEAR 6 - 2:45PM**

**THURSDAY 26TH FEBRUARY**  
**YEAR 2 VISIT TO THE BIRMINGHAM SYMPHONY HALL**

**THURSDAY 26TH FEBRUARY**  
**YEAR 4 TIMES TABLE PARENT WORKSHOP - 2:15 PM - 3:15PM**

**MONDAY 2<sup>ND</sup> AND WEDNESDAY 4<sup>TH</sup> MARCH**  
**YEAR 4 VISIT THE BIRMINGHAM MUSEUM**

**FRIDAY 6TH MARCH**  
**WORLD BOOK DAY**

# OUR HALF TERM HIGHLIGHTS



**OUR PUPIL PARLIAMENT VISITED THE HOUSES OF PARLIAMENT**



**YEAR 3 EXPLORED LOCAL LANDMARKS IN BIRMINGHAM CITY CENTRE**



**THE ANIMAL MAN VISITED EYFS**



**YEAR 5 VISITED A MOSQUE**



**WE DRESSED UP AS DIGITS FOR NSPCC NUMBER DAY**



**OUR MINI MASTERCHEFS COOKED UP A TREAT IN COOKERY CLUB**



**A GROUP OF PUPILS TOOK PART IN THE CICERO DEBATING CUP COMPETITION**



**YEAR 4 VISITED THE SYMPHONY HALL**



**ART WEEK COMMENCED WITH A SPECIAL VISIT FROM DESIBLITZ AND THEIR HAND PAINTED ART BUS**



**YEAR 1 HAVE BEEN BUSY CREATING LANDMARKS FROM CLAY.**



**YEAR 3 HAVE BEEN BRUSHING UP ON THEIR ARTISTIC SKILLS**



**HERE'S A SNEAK PEAK AT WHAT TO EXPECT FROM OUR ART FESTIVAL**



**REC-YEAR 3 ARE INVITED ON MONDAY 23<sup>RD</sup> FEBRUARY - 3:20PM**



**YEAR 4-YEAR 6 ARE INVITED ON TUESDAY 24<sup>TH</sup> FEBRUARY - 3:20PM**

# FRED'S ATTENDANCE SUPERHEROES OF THE WEEK



RG 98.7%

4A 96.2%

5S 99.2%



HERE  
EVERYDAY  
READY  
ON TIME

# ORACY CHAMPIONS OF THE WEEK



EACH WEEK, OUR STAFF CHOOSE A CHILD WHO HAS DEMONSTRATED THEIR ORACY SKILLS IN AN EXCEPTIONAL WAY.

## ORACY CHAMPIONS

RECEPTION

Dawud

YEAR 1

Zaryab

YEAR 2

Zayd and Yusuf

YEAR 3

Hamza and Layan

YEAR 4

Ibrahim and Shindara

YEAR 5

Mohammed and Khadijah

YEAR 6

Easa

# STAR

of the week

## Reception

Ali

Year 1

Jannah and Anwar

Year 2

Eyad and Sarah. Elijah and Joel

Year 3

Ahmed and Afnan. Absalat and Leena

Year 4

Yaseen and Seynabou. Aisha and Anora

Year 5

Lina M and Sundas. Taha and Saad

Year 6

Amani and Laibah. Noorsin and Awais

## Hot Chocolate Friday

Well done to all of the children who were nominated.

This week's winners are:

## Reception

Shazain

Year 1

Zoe

Year 2

Elijah

Year 3

Habibullah

Year 4

Yousef

Year 5

Lina

Year 6

Abdul-Haseeb

GOLDEN TICKET  
WINNER

Year 3 - Absalat and Ali  
Year 4 - Muadh, Salima  
and Shindara

# HEATH MOUNT WEEKLY MENU

WEEK 1- 23/2, 16/3, 20/4, 11/5, 8/6, 29/6

## MONDAY

Chicken Tikka with  
Boiled Rice /  
Battered Fish

Vegetable Tikka with  
Boiled Rice (V)

Naan Bread,  
Pomme Noisette,  
Veg of the Day

Vanilla Ice Cream  
Fresh Fruit & Jelly

## TUESDAY

Beef Chilli  
5 Bean Chilli (V)  
Sea Stars

Rice,  
Herby Diced Potatoes,  
Veg of the Day

Fruity Crumble Cake  
Fresh Fruit & Jelly

## WEDNESDAY

Roast Chicken &  
Yorkshire Pudding  
Herb Roasted  
Quorn (V)

Roast Potatoes,  
Veg of the Day,  
Gravy

Chocolate Concrete  
with Pink Custard  
Fresh Fruit & Jelly

## THURSDAY

Cottage Pie  
Vegetable Spring Rolls  
with Oriental Noodles (V)

Veg of the Day,  
Sauté Potatoes

Iced Lemon Doughnuts  
Fresh Fruit & Yoghurt

## FRIDAY

BBQ Chicken Pizza  
Margherita Pizza (V)

Spicy Wedges,  
Veg of the Day,  
Baked Beans

Homemade Lemon  
Shortbread  
Fresh Fruit & Jelly

Available Daily- Jacket Potato with a variety of fillings /  
Fresh salad cart / Fresh Fruit

# 100% ATTENDANCE COMPETITION



Exciting News!  
Monthly Attendance Raffle

One lucky winner will  
receive a £20 Aldi Voucher!



We're thrilled to introduce a new Attendance Raffle to celebrate and encourage excellent attendance!

Every month, all children who have 100% attendance or shown improved attendance will be entered in to a prize draw!

Fred says, "Don't delay! Hop to school and learn today."

ATTENDANCE MATTERS






# DRUS FOOTBALL ACADEMY

**HEAD COACH**  
Dru

**SUNDAYS SESSIONS**  
2PM TILL 3:30PM

**Calthorpe park EDWARD**  
**Birmingham ROAD**

All coaches DBS FA license Safeguard

Small games fun warm up drills

**07527066926 COACH**



**BRANDWOOD CENTRE**  
Allens Croft Road, B14 6RP  
0121 443 3310  
brandwoodcentre.co.uk

**COMMUNITY FUND**

## Future Health

Take the first step towards a healthier, more informed you!

This course is perfect for anyone looking to improve their own health knowledge and support others to do the same. Gain recognised qualifications, build confidence, and become a positive influence in your community.



**0121 443 3310**  
alison@brandwoodcentre.co.uk  
157 Allens Croft Road, Kings Heath, B14 6RP

Starting on Friday 27 February 2026 every Friday  
9.30am - 4.30pm for 5 weeks

- Level 1 Health Awareness
- Level 1 Nutrition
- Level 2 Emotional Wellbeing (2 days)
- Level 2 Encouraging Physical Activity

Open to anyone living in Birmingham, 19+ and not in work, education or training



### Breathe Easy Birmingham

## Asthma Awareness Workshop

FREE to parents and professionals in Ladywood

**Do you have a child living with asthma?**

Come and find out how you can support them and prevent hospitalisation!

Sessions include a **FREE** asthma support pack and specialist advice.

**What's included:**

- What is asthma?
- Signs, symptoms & early recognition
- Common triggers
- Asthma management
- Emergency care
- Local help and resources

**Tuesday 3<sup>rd</sup> March**  
10.00am - 12.00pm  
Ladywood Children's Centre  
**Creche Available**

**Scan now Register for FREE**



bit.ly/BreatheEasyBrum

**Contact us**  
0121 369 2025 | hello@onyourfeet.biz | www.onyourfeet.biz



### Breathe Easy Birmingham

## Home Health & Safety Workshop

Free course to all parents in Ladywood

**Do you live with a child under 5?**

Accidental injury is one of the most common reasons for hospitalisation in children under 5! Come and learn how these accidents can be avoided.

Sessions include access to **FREE** home safety checks.

**What's included:**

- Common accidents in the home
- Home hazard spotting
- Safe storage & household dangers
- Preventing injury with equipment
- Action to take in an emergency
- Home safety checks & access to equipment

**Wednesday 25<sup>th</sup> February**  
9.30am - 11.30am  
**Stryx Play Cafe**

**Scan to Apply Now**



bit.ly/BreatheEasyBrum

**Contact Us**  
0121 369 2025 | hello@onyourfeet.biz | www.onyourfeet.biz



At Heath Mount Primary School, we promote children's rights in all areas of our curriculum. We want to ensure that ALL children understand their rights so that they are healthy, happy and safe.  
Look at the articles below and talk about what these articles mean.



**UNICEF Rights Respecting Schools**  
**Article 17 - Access to reliable information**

**"Access to information from the media - Every child has the right to reliable information from a variety of sources and governments should encourage the media to provide information that children can understand. Governments must help protect children from materials that could harm them."**



**UNICEF Rights Respecting Schools**  
**Article 19 - Protection from violence, abuse and neglect**

**"Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and bad treatment by their parents or anyone else who looks after them."**



**UNICEF Rights Respecting Schools**  
**Article 34 - Protection from sexual exploitation**

**"Governments must protect children from forms of sexual abuse and exploitation."**

**This week there are TWO questions to think about -**

1. What do you feel are some of the great things about the internet and life online?
2. What don't you like about the internet and life online?

**Did you think of these?**

Great things ...

- You can find out lots of information quickly and easily.
- You can connect with your friends even if you can't meet face-to-face.
- Learning is possible even if you haven't got books at home or access to a library.
- There are lots of fun games and activities to do online.
- You can keep in touch with family and friends who live far away.
- It can increase equality and democracy because more people can have their voices heard.
- You can shop and bank online which is good for people who are busy, not near the shops or have mobility issues.
- You can visit places remotely that you can't get to in person.
- It helps you find places in the car and people you want to contact with.

I don't like it when ...

- People don't respect each other and make unkind comments.
- Children use it to bully other children.
- People's right to privacy is not always respected.
- Some information is not reliable and there is a lot of fake news.
- People are sometimes tricked out of money and savings.
- Companies and businesses are hacked and your information can be shared without your consent.
- I spend too much time online instead of doing other things.
- People make fun of others because they don't have the latest technology.



**Online Safety Quiz**

Does your child know how to stay safe online? Test their knowledge with this online quiz.

**Your friend always 'checks in' to whatever location you are at, tagging you in the post too. Should you ask her to stop tagging you?**

**A**

Yes, talk to your friend to ask them not to check in because you don't want to share details of your location. Talk about why it isn't always a good idea to share your location online when you aren't sure who will be able to see it.

**B**

No, just have a competition to see who can tag who quickest next time!

**C**

You'd like to, but you know they will say you are being silly by not wanting them to tag you.



The correct answer is **A**. Yes, talk to your friend to ask them not to check in because you don't want to share details of your location. Talk about why it isn't always a good idea to share your location online when you aren't sure who will be able to see it.

# Safeguarding at Heath Mount Primary School

Please see the safeguarding page on our school website:  
Safeguarding – [Heath Mount Primary School \(excelsiormat.org\)](http://heathmount.excelsiormat.org)

At Heath Mount Primary School safeguarding children is of paramount importance. We have 6 Designated Safeguarding Leads (DSLs) who can be contacted by parents should they have a safeguarding concern. If you have safeguarding concerns about a child, please email school using the following email address: [enquiry@heathmount.excelsiormat.org](mailto:enquiry@heathmount.excelsiormat.org). Our DSLs are:



## Meet your safeguarding team:



Mrs Samuel  
Headteacher,  
SENCO &  
Lead DSL



Miss Beech  
Deputy Headteacher  
Deputy DSL



Miss Taylor  
Pastoral Manager  
Deputy DSL



Mrs Yafai  
HLTA  
Deputy DSL



Mrs Smith  
HLTA  
Deputy DSL



Miss Brook  
Teacher  
Deputy DSL



Miss Bi  
Office Manager  
DSO



## BIRMINGHAM CHILDREN'S TRUST

### Contact details

Monday to Thursday: 8:45am to 5:15pm  
Friday: 8:45am to 4:15pm  
Telephone: 0121 303 1888

### Emergency out-of-hours

Telephone: 0121 675 4806

The Children's Advice and Support Service (CASS) provides a single point of contact for professionals and members of the public who want to seek support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact us. We will listen, assess your concerns, and can take action if a child is at risk.

## If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us



It doesn't have to be an emergency — you might be looking for guidance and support on issues affecting children. Whatever it is you're worried about, our dedicated child protection specialists will be able to advise and take any necessary action.

Whatever your worry — call us on [0808 800 5000](tel:08088005000), email [help@NSPCC.org.uk](mailto:help@NSPCC.org.uk), or [submit our online form](#) — we can help. We also have advice about [spotting the signs of abuse](#).

Due to an increase in demand across our service, our voice Helpline is currently operating between the hours of 10am-4pm on Monday to Friday. However, you can email [help@NSPCC.org.uk](mailto:help@NSPCC.org.uk) at any time. It's free and you don't have to say who you are. If you think a child is in immediate danger, please call the police on [999](tel:999) straight away.

