

Heath Mount Primary School



HEATH MOUNT
PRIMARY SCHOOL

Newsletter



16th January 2026

Dear Parents/Carers,

It has been another busy week this week!

5B enjoyed a trip to the Mosque, we had some fabulous feedback from there regarding their behaviour. Well done 5B!

It has been a wonderful musical week. Rock Steady lessons commenced this week. Thank you to the parents/carers who signed up for the weekly lessons, we now have a band! Rocksteady partners with thousands of primary schools across the country to deliver inclusive band lessons designed to amplify children's self-belief, support wellbeing and help maximise their potential back in the classroom. If you would like your child to join the band, please contact the school office for further information. We also had our vey first rehearsal with our Key Stage 2 and Key Stage 1 Choirs with over 150 children taking part. We look forward to inviting you to our very first concert shortly.

I mentioned last week that we had our first school review in 2026 last week. I have now received the report, please see some of our strengths below:

Inclusion

- The SENDCO is rising to the challenge of ensuring that even the most challenging SEND needs are met, she has high expectations of these children and of her staff in trying to achieve this.
- There is very little of an academic disadvantage gap, children with pupil premium are involved in all leaders' priorities and decision making.
-

Curriculum and Teaching

- Books show that pupils are making strong progress and are achieving well.
- Phonics continues to be taught well, and children are largely on track with their sound knowledge.
- Year 6 provision is a particular strength.
- Pupils continue to be engaged in their maths lessons and enjoy the challenge of mathematical thinking.
- Year 1 children are more focussed, motivated and curious in their maths.
- The school is focusing on the 'engine room' of Years 3 and 4 as a priority.

Early Years

- There have been significant improvements in the children's learning behaviours and listening skills - routines are better established and they are better responding to the school's expectations.
- The Early Years environment is a strength.
- Opportunities for mathematical thinking in Early Years continuous provision have been developed to allow children to extend and apply their new learning.

Thank you for your continued support

Mrs Samuel
Headteacher

Stay in touch: 

enquiry@heathmount.excelsiormat.org



0121 464 1691



www.heathmount@excelsiormat.org

DOES YOUR CHILD WANT TO PLAY MUSIC IN THEIR OWN BAND?



With Rocksteady, children learn to play an instrument through fun and inclusive weekly in-school rock and pop band lessons.

It's the perfect way to learn new musical skills, make friends and have a great time - all at school! There's no musical experience necessary and instruments for lessons are provided.

Rocksteady lessons are also shown to boost confidence, improve wellbeing and encourage teamwork!



Scan QR code to
find out more!

98%

OF PARENTS SAY
THEIR CHILD LOVES OR
ENJOYS ROCKSTEADY
BAND LESSONS

94%

OF PARENTS SAY
ROCKSTEADY
IMPROVES THEIR
CHILD'S CONFIDENCE

PE TIMETABLE



Monday - 1B and Year 6

Tuesday - Swimming - 5B

Wednesday - 2RZ and Year 3

Thursday - 2Z, Year 4 and 5S

Friday - Reception

**Children to wear their PE kits to
school on their PE days**



Stay & Read



Year 3

Stay and Read
Monday 19th January
8:35 - 9:00
Lower Hall

Reception

Stay and Read
Tuesday 20th January
8:35 - 9:00
RG Classroom

Year 1

Stay and Read
Wednesday 21st January
8:35 - 9:00
1B Classroom

Year 2

Stay and Read
Wednesday 21st January
8:35 - 9:00
Lower Hall



Year 6

Stay and Read
Friday 23rd January
8:35 - 9:00
Lower Hall

Year 4

Stay and Read
Monday 26th January
8:35 - 9:00
Lower Hall

Year 5

Stay and Read
Monday 2nd February
8:35 - 9:00
Lower Hall



DATES FOR YOUR DIARY

FRIDAY 6TH FEBRUARY

NSPCC NUMBER DAY

MONDAY 9TH FEBRUARY

YEAR 4 VISIT TO THE BIRMINGHAM SYMPHONY HALL

MONDAY 16TH FEBRUARY – FRIDAY 20TH FEBRUARY

HALF TERM HOLIDAY

MONDAY 23RD FEBRUARY

SCHOOL OPEN FOR ALL PUPILS

THURSDAY 5TH MARCH

WORLD BOOK DAY

WEDNESDAY 11TH MARCH

YEAR 1 VISIT TO THE BLACK COUNTRY MUSEUM

MONDAY 16TH MARCH - FRIDAY 20TH MARCH

SCHOLASTIC BOOK FAIR

FRED'S ATTENDANCE SUPERHEROES OF THE WEEK

1B 96.8%

30 98%

5S 96.2%



HERE
EVERYDAY
READY
ON TIME



ORACY CHAMPIONS OF THE WEEK



EACH WEEK, OUR STAFF CHOOSE A CHILD
WHO HAS DEMONSTRATED THEIR ORACY
SKILLS IN AN EXCEPTIONAL WAY.



RECEPTION

Amayrah

YEAR 1

Zainab

YEAR 2

Abdullah and Ibraheem

YEAR 3

Alayna and Layan

YEAR 4

Ijaaz, Abeeha,
Leyanna and Sumaya

YEAR 5

Aisha and Lina B

YEAR 6

Yasmin

STAR

of the week

Reception Valeria and Mohammed

Year 1 Sulaiman and Halimah

Year 2 Mohamed And Esa. Daneen and Ayaan M

Year 3 Absalat and Arwa. Fatima and Ali

Year 4 Abeer and Yonatan. Abdus - Salaam and Turki

Year 5 Aisha and Aibek. Mohammed and Basmah

Year 6 Yusuf and Nada. Blqis and Poppy

Hot Chocolate Friday

Well done to all of the children who were nominated.

This week's winners are:

Reception

Akram

Year 1

Joanna

Year 2

Mohammed

Year 3

Luqman

Year 4

Ijaaz, Abeeha, Mohammed, Musa

Year 5

Layth

Year 6

Yasmin

WEEK ONE

MONDAY

Mains
Chicken Makhani
Vegetable Makhani (V)
Battered Fish, with Potato Wedges
Accompaniments
Boiled Rice, Naan Bread & Veg of the Day
Dessert
Ice Cream
Fresh Fruit/Yoghurt

TUESDAY

Mains
Beef Ragu, with Penne Pasta & Garlic Slice
Cheese, Vegetable & Potato Hash (V)
Accompaniments
Herby Diced Potatoes & Veg of the Day
Dessert
Fruity Crumble Cake
Fresh Fruit/Yoghurt

WEDNESDAY

Mains
Chicken Sausage, with Onion Gravy
Fishless Fingers with Lemon Wedge & Tartar Sauce (V)
Accompaniments
Mashed Potatoes & Veg of the Day
Dessert
Chocolate Concrete with Pink Custard
Fresh Fruit/Yoghurt

THURSDAY

Mains
Cottage Pie
Vegetable Spring Rolls with Oriental Noodles (V)
Accompaniments
Veg of the Day
Dessert
Iced Lemon Doughnuts
Fresh Fruit/Yoghurt

FRIDAY

Mains
BBQ Chicken Pizza
Margherita Pizza (V)
Accompaniments
Chipped Potatoes & Veg of the Day
Dessert
Oat Cookie
Fresh Fruit/Yoghurt

WEEK TWO

Mains

Chicken Pasta Bake
Vegetable Pasta Bake (V) with Garlic Bread

Sea Stars, with Lemon Wedge & Tartar Sauce

Accompaniments
Pomme Noisette & Veg of the Day

Dessert

1/2 Belgian Waffle with Toffee Sauce
Fresh Fruit/Yoghurt

Mains

Chicken Jambalaya
Vegetable Jambalaya (V) with Herb Flatbread

Battered Chicken Fillet

Accompaniments
Sauté Potatoes & Veg of the Day

Dessert

Chocolate & Beetroot Brownie with Custard
Fresh Fruit/Yoghurt

Mains

Beef Lasagne
Vegetable Lasagne (V) with Garlic Slice

Chicken/Quorn Sausage Hot Dog (V)

Accompaniments
Pomme Noisette & Veg of the Day

Dessert

Pancakes with Fruit or Toffee Drizzle
Fresh Fruit/Yoghurt

Mains

Sweet N' Sour Chicken
Vegetable Samosa, with Curry Sauce (V)

Fish Fingers, with Lemon Wedge & Tartar Sauce

Accompaniments
Chipped Potatoes & Veg of the Day

Dessert

Chocolate Cornflake Cake
Fresh Fruit/Yoghurt

WEEK THREE

Mains

Creamy Chicken & Sweetcorn Pasta Bake
Macaroni Cheese (V)

Accompaniments
Garlic Slice & Veg of the Day

Dessert

Vanilla & Raspberry Ice Cream Cake
Fresh Fruit/Yoghurt

Mains

Spicy Lamb Burger
Vegetable Burger (V)

Accompaniments
Paprika Sauté Potatoes & Veg of the Day

Dessert

Lemon Drizzle Cake

Fresh Fruit/Yoghurt

Mains

Chicken Kebab
Vegetable Curry (V)

Accompaniments
Rice, Naan Bread & Veg of the Day

Dessert

Toffee & Blueberry Muffin

Fresh Fruit/Yoghurt

Mains

Beef Tacos
Vegetable Tacos (V)

Accompaniments
Battered Fish

Dessert

Herb Diced Potatoes & Veg of the Day

Fresh Fruit/Yoghurt

Mains

Cajun Chicken Pizza
Margherita Pizza (V)

Accompaniments
Chipped Potatoes & Veg of the Day

Dessert

Chocolate Chip Cookie

Fresh Fruit/Yoghurt

Heath Mount Primary Menu

Available Daily

Fresh Salad Cart

Jacket potato and Fillings

COOMBS
CATERING PARTNERSHIP

W1 : 5/1, 26/1

W2 : 12/1, 2/2

W3 : 19/1, 9/2

ALLERGEN INFORMATION: MENU DESCRIPTIONS MAY NOT LIST EVERY INDIVIDUAL INGREDIENT. WE ARE AWARE OF THE PRESENCE OF ALLERGENS REQUIRING LABELLING, SO PLEASE ASK A MEMBER OF THE CATERING TEAM SHOULD YOU REQUIRE ANY MORE DETAILS. VEGETARIAN OPTIONS ARE INDICATED BY THE SYMBOL (V).

100% ATTENDANCE COMPETITION



HEATH MOUNT
PRIMARY SCHOOL

Exciting News!
Monthly Attendance Raffle

One lucky winner will
receive a £20 Aldi Voucher!

We're thrilled to introduce a new Attendance Raffle to celebrate and encourage excellent attendance!

Every month, all children who have 100% attendance or shown improved attendance will be entered in to a prize draw!



ATTENDANCE MATTERS



EVERY DAY COUNTS

Safeguarding at Heath Mount Primary School

Please see the safeguarding page on our school website:
Safeguarding – [Heath Mount Primary School \(excelsiormat.org\)](http://Heath Mount Primary School (excelsiormat.org))

At Heath Mount Primary School safeguarding children is of paramount importance. We have 6 Designated Safeguarding Leads (DSLs) who can be contacted by parents should they have a safeguarding concern. If you have safeguarding concerns about a child, please email school using the following email address: enquiry@heathmount.excelsiormat.org. Our DSLs are:



Meet your safeguarding team:



Mrs Samuel
Headteacher,
SENCO &
Lead DSL



Miss Beech
Deputy Headteacher
Deputy DSL



Miss Taylor
Pastoral Manager
Deputy DSL



Mrs Yafai
HLTA
Deputy DSL



Mrs Smith
HLTA
Deputy DSL



Miss Brook
Teacher
Deputy DSL



Miss Bi
Office Manager
DSO



BIRMINGHAM
CHILDREN'S TRUST

Contact details

Monday to Thursday: 8:15am to 5:15pm
Friday: 8:45am to 4:15pm
Telephone: 0121 303 1888

Emergency out-of-hours

Telephone: 0121 675 4806

The Children's Advice and Support Service (CASS) provides a single point of contact for professionals and members of the public who want to seek support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact us. We will listen, assess your concerns, and can take action if a child is at risk.



Cruelty to children must stop. FULL STOP.

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us

It doesn't have to be an emergency — you might be looking for guidance and support on issues affecting children. Whatever it is you're worried about, our dedicated child protection specialists will be able to advise and take any necessary action.

Whatever your worry — call us on [0808 800 5000](tel:0808 800 5000), email help@NSPCC.org.uk, or [submit our online form](#) — we can help. We also have advice about [spotting the signs of abuse](#).

Due to an increase in demand across our service, our voice Helpline is currently operating between the hours of 10am-4pm on Monday to Friday. However, you can email help@NSPCC.org.uk at any time. It's free and you don't have to say who you are. If you think a child is in immediate danger, please call the police on [999](tel:999) straight away.





At Heath Mount Primary School, we promote children's rights in all areas of our curriculum. We want to ensure that ALL children understand their rights so that they are healthy, happy and safe.

Look at the article below and talk about what this article means.



UNICEF Rights Respecting Schools Article 15 - Setting up or joining groups

"Every child has the right to meet with other children and to join groups and organisations, as long as this does not stop other people from enjoying their rights. Article 15 is about the right of association which is having the opportunity to gather with others for different purposes."

Exploring Article 15 - Why is important that young people should have the opportunity to meet, spend time together and share ideas?

Did you think of these?

- Joining groups or organisations can help us learn more about different issues.
- Meeting others helps us develop new skills: how to resolve issues, find ways to compromise, share, encourage, show support and empathy.
- It helps us to learn from and mix with a range of other people.
- We can learn a lot from other children and young people that helps to form our views and opinions about different things.
- By being with other people, we learn more about ourselves.
- People can be stronger together.
- Joining together as a group, we can bring about change.
- Young people have a right to participate and to be listened to and be heard.