

# Heath Mount Primary School



## Newsletter



16th January 2026

Dear Parents/Carers,

It has been another busy week this week!

5B enjoyed a trip to the Mosque, we had some fabulous feedback from there regarding their behaviour. Well done 5B!

It has been a wonderful musical week. Rock Steady lessons commenced this week. Thank you to the parents/carers who signed up for the weekly lessons, we now have a band! Rocksteady partners with thousands of primary schools across the country to deliver inclusive band lessons designed to amplify children's self-belief, support wellbeing and help maximise their potential back in the classroom. If you would like your child to join the band, please contact the school office for further information. We also had our very first rehearsal with our Key Stage 2 and Key Stage 1 Choirs with over 150 children taking part. We look forward to inviting you to our very first concert shortly.

I mentioned last week that we had our first school review in 2026 last week. I have now received the report, please see some of our strengths below:

### Inclusion

- The SENDCO is rising to the challenge of ensuring that even the most challenging SEND needs are met, she has high expectations of these children and of her staff in trying to achieve this.
- There is very little of an academic disadvantage gap, children with pupil premium are involved in all leaders' priorities and decision making.
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### Curriculum and Teaching

- Books show that pupils are making strong progress and are achieving well.
- Phonics continues to be taught well, and children are largely on track with their sound knowledge.
- Year 6 provision is a particular strength.
- Pupils continue to be engaged in their maths lessons and enjoy the challenge of mathematical thinking.
- Year 1 children are more focussed, motivated and curious in their maths.
- The school is focusing on the 'engine room' of Years 3 and 4 as a priority.

### Early Years

- There have been significant improvements in the children's learning behaviours and listening skills - routines are better established and they are better responding to the school's expectations.
- The Early Years environment is a strength.
- Opportunities for mathematical thinking in Early Years continuous provision have been developed to allow children to extend and apply their new learning.

Thank you for your continued support

Mrs Samuel  
Headteacher



# DOES YOUR CHILD WANT TO PLAY MUSIC IN THEIR OWN BAND?



With Rocksteady, children learn to play an instrument through fun and inclusive weekly in-school rock and pop band lessons.

It's the perfect way to learn new musical skills, make friends and have a great time - all at school! There's no musical experience necessary and instruments for lessons are provided.

Rocksteady lessons are also shown to boost confidence, improve wellbeing and encourage teamwork!



Scan QR code to find out more!

**98%**

OF PARENTS SAY  
THEIR CHILD LOVES OR  
ENJOYS ROCKSTEADY  
BAND LESSONS

**94%**

OF PARENTS SAY  
ROCKSTEADY  
IMPROVES THEIR  
CHILD'S CONFIDENCE



## PE TIMETABLE



**Monday - 1B and Year 6**

**Tuesday - Swimming - 5B**

**Wednesday - 2RZ and Year 3**

**Thursday - 2Z, Year 4 and 5S**

**Friday - Reception**

**Children to wear their PE kits to  
school on their PE days**



# Stay & Read



**Year 3**

**Stay and Read**

**Monday 19<sup>th</sup> January**

**8:35 - 9:00**

**Lower Hall**

**Reception**

**Stay and Read**

**Tuesday 20<sup>th</sup> January**

**8:35 - 9:00**

**RG Classroom**

**Year 1**

**Stay and Read**

**Wednesday 21<sup>st</sup> January**

**8:35 - 9:00**

**1B Classroom**

**Year 2**

**Stay and Read**

**Wednesday 21<sup>st</sup> January**

**8:35 - 9:00**

**Lower Hall**



**Year 6**

**Stay and Read**

**Friday 23<sup>rd</sup> January**

**8:35 - 9:00**

**Lower Hall**

**Year 4**

**Stay and Read**

**Monday 26<sup>th</sup> January**

**8:35 - 9:00**

**Lower Hall**

**Year 5**

**Stay and Read**

**Monday 2<sup>nd</sup> February**

**8:35 - 9:00**

**Lower Hall**



# DATES FOR YOUR DIARY

**FRIDAY 6TH FEBRUARY**

**NSPCC NUMBER DAY**

**MONDAY 9TH FEBRUARY**

**YEAR 4 VISIT TO THE BIRMINGHAM SYMPHONY HALL**

**MONDAY 16TH FEBRUARY – FRIDAY 20TH FEBRUARY**

**HALF TERM HOLIDAY**

**MONDAY 23RD FEBRUARY**

**SCHOOL OPEN FOR ALL PUPILS**

**THURSDAY 5TH MARCH**

**WORLD BOOK DAY**

**WEDNESDAY 11TH MARCH**

**YEAR 1 VISIT TO THE BLACK COUNTRY MUSEUM**

**MONDAY 16TH MARCH - FRIDAY 20<sup>TH</sup> MARCH**

**SCHOLASTIC BOOK FAIR**

# FRED'S ATTENDANCE SUPERHEROES OF THE WEEK



1B 96.8%

30 98%

5S 96.2%



HERE  
EVERYDAY  
READY  
ON TIME

## ORACY CHAMPIONS OF THE WEEK



EACH WEEK, OUR STAFF CHOOSE A CHILD WHO HAS DEMONSTRATED THEIR ORACY SKILLS IN AN EXCEPTIONAL WAY.

### ORACY CHAMPIONS

RECEPTION

Amayrah

YEAR 1

Zainab

YEAR 2

Abdullah and Ibraheem

YEAR 3

Alayna and Layan

YEAR 4

Ijaaz, Abeeha,  
Leyanna and Sumaya

YEAR 5

Aisha and Lina B

YEAR 6

Yasmin



# STAR

## of the week

**Reception** Valeria and Mohammed

**Year 1** Sulaiman and Halimah

**Year 2** Mohamed And Esa. Daneen and Ayaan M

**Year 3** Absalat and Arwa. Fatima and Ali

**Year 4** Abeer and Yonatan. Abdus - Salaam and Turki

**Year 5** Aisha and Aibek. Mohammed and Basmah

**Year 6** Yusuf and Nada. Blqis and Poppy

## Hot Chocolate Friday

Well done to all of the children who were nominated.

This week's winners are:

**Reception**

**Year 1**

**Year 2**

**Year 3**

**Year 4**

**Year 5**

**Year 6**

Akram

Joanna

Mohammed

Luqman

Ijaaz, Abeeha, Mohammed, Musa

Layth

Yasmin



WEEK ONE

## MONDAY

## Mains

Chicken Makhani  
Vegetable Makhani (V)

Battered Fish,  
with Potato Wedges

## Accompaniments

Boiled Rice, Naan Bread  
& Veg of the Day

## Dessert

Ice Cream  
Fresh Fruit/Yoghurt

## TUESDAY

## Mains

Beef Ragu, with Penne  
Pasta & Garlic Slice

Cheese, Vegetable  
& Potato Hash (V)

## Accompaniments

Herby Diced Potatoes  
& Veg of the Day

## Dessert

Fruity Crumble Cake  
Fresh Fruit/Yoghurt

## WEDNESDAY

## Mains

Chicken Sausage,  
with Onion Gravy

Fishless Fingers with  
Lemon Wedge &  
Tartar Sauce (V)

## Accompaniments

Mashed Potatoes  
& Veg of the Day

## Dessert

Chocolate Concrete  
with Pink Custard  
Fresh Fruit/Yoghurt

## THURSDAY

## Mains

Cottage Pie

Vegetable Spring Rolls  
with Oriental Noodles (V)

## Accompaniments

Veg of the Day

## Dessert

Iced Lemon Doughnuts  
Fresh Fruit/Yoghurt

## FRIDAY

## Mains

BBQ Chicken Pizza

Margherita Pizza (V)

## Accompaniments

Chipped Potatoes  
& Veg of the Day

## Dessert

Oat Cookie  
Fresh Fruit/Yoghurt

# Heath Mount Primary Menu

## Available Daily

 Fresh salad cart

 Jacket potato  
and Fillings



**COOMBS**  
CATERING PARTNERSHIP

WEEK TWO

## Mains

Chicken Pasta Bake  
Vegetable Pasta Bake (V)  
with Garlic Bread

Sea Stars, with Lemon  
Wedge & Tartar Sauce

## Accompaniments

Pomme Noisette &  
Veg of the Day

## Dessert

1/2 Belgian Waffle  
with Toffee Sauce  
Fresh Fruit/Yoghurt

## Mains

Chicken Jambalaya  
Vegetable Jambalaya (V)  
with Herb Flatbread

Battered Chicken Fillet

## Accompaniments

Sauté Potatoes &  
Veg of the Day

## Dessert

Chocolate & Beetroot  
Brownie with Custard  
Fresh Fruit/Yoghurt

## Mains

Beef Lasagne  
Vegetable Lasagne (V)  
with Garlic Slice

Chicken/Quorn  
Sausage Hot Dog (V)

## Accompaniments

Pomme Noisette &  
Veg of the Day

## Dessert

Pancakes with Fruit  
or Toffee Drizzle  
Fresh Fruit/Yoghurt

## Mains

Sweet N' Sour Chicken  
Vegetable Samosa,  
with Curry Sauce (V)

Fish Fingers, with Lemon  
Wedge & Tartar Sauce

## Accompaniments

Boiled Rice, Potato Wedges  
& Veg of the Day

## Dessert

Schooldays Tray Bake  
Fresh Fruit/Yoghurt

## Mains

Chicken Tikka Pizza  
Margherita Pizza (V)

## Accompaniments

Chipped Potatoes  
& Veg of the Day

## Dessert

Chocolate Cornflake Cake  
Fresh Fruit/Yoghurt

WEEK THREE

## Mains

Creamy Chicken &  
Sweetcorn Pasta Bake  
Macaroni Cheese (V)

## Accompaniments

Garlic Slice &  
Veg of the Day

## Dessert

Vanilla & Raspberry  
Ice Cream Cake  
Fresh Fruit/Yoghurt

## Mains

Spicy Lamb Burger  
Vegetable Burger (V)

## Accompaniments

Paprika Sauté Potatoes  
& Veg of the Day

## Dessert

Lemon Drizzle Cake  
Fresh Fruit/Yoghurt

## Mains

Chicken Kebab  
Vegetable Curry (V)

## Accompaniments

Rice, Naan Bread &  
Veg of the Day

## Dessert

Toffee & Blueberry Muffin  
Fresh Fruit/Yoghurt

## Mains

Beef Tacos  
Vegetable Tacos (V)

## Accompaniments

Battered Fish  
Herb Diced Potatoes  
& Veg of the Day

## Dessert

Carrot Cake  
Fresh Fruit/Yoghurt

## Mains

Cajun Chicken Pizza  
Margherita Pizza (V)

## Accompaniments

Chipped Potatoes &  
Veg of the Day

## Dessert

Chocolate Chip Cookie  
Fresh Fruit/Yoghurt

W1: 5/1, 26/1  
W2: 12/1, 2/2  
W3: 19/1, 9/2

ALLERGEN INFORMATION: MENU DESCRIPTIONS  
MAY NOT LIST EVERY INDIVIDUAL INGREDIENT.  
WE ARE AWARE OF THE PRESENCE OF ALLERGENS  
REQUIRING LABELLING, SO PLEASE ASK A  
MEMBER OF THE CATERING TEAM SHOULD YOU  
REQUIRE ANY MORE DETAILS. VEGETARIAN  
OPTIONS ARE INDICATED BY THE SYMBOL (V).



# 100% ATTENDANCE COMPETITION



**Exciting News!**  
**Monthly Attendance Raffle**

**One lucky winner will  
recieve a £20 Aldi Voucher!**

We're thrilled to introduce a new Attendance Raffle to celebrate and encourage excellent attendance!

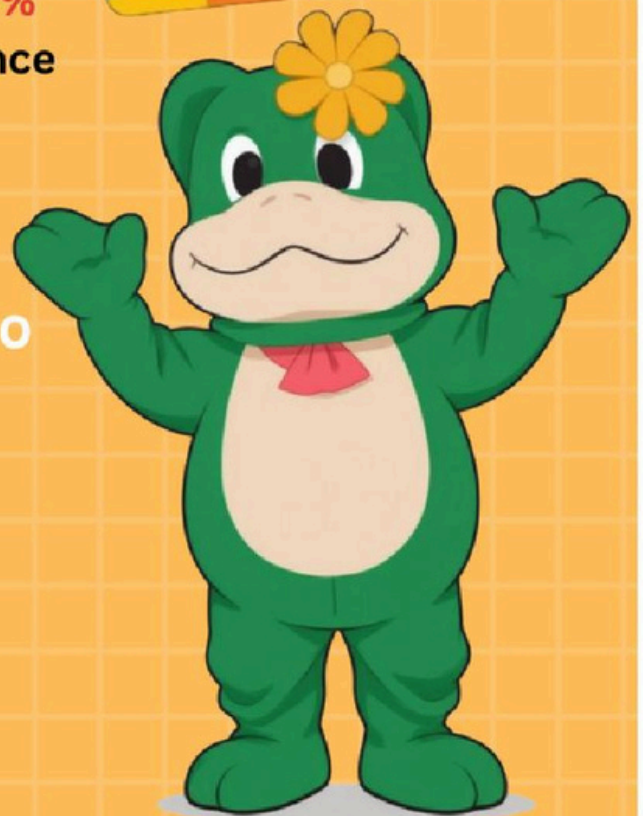
Every month, all children who have **100%** attendance or shown improved attendance will be entered in to a prize draw!

Fred says, "Don't delay! Hop to school and learn today."

**ATTENDANCE MATTERS**



**EVERY DAY COUNTS**





# Safeguarding at Heath Mount Primary School

Please see the safeguarding page on our school website:  
Safeguarding – [Heath Mount Primary School \(excelsiormat.org\)](http://Heath Mount Primary School (excelsiormat.org))

At Heath Mount Primary School safeguarding children is of paramount importance. We have 6 Designated Safeguarding Leads (DSLs) who can be contacted by parents should they have a safeguarding concern. If you have safeguarding concerns about a child, please email school using the following email address: [enquiry@heathmount.excelsiormat.org](mailto:enquiry@heathmount.excelsiormat.org). Our DSLs are:



## Meet your safeguarding team:



Mrs Samuel  
Headteacher,  
SENCO &  
Lead DSL



Miss Beech  
Deputy Headteacher  
Deputy DSL



Miss Taylor  
Pastoral Manager  
Deputy DSL



Mrs Yafai  
HLTA  
Deputy DSL



Mrs Smith  
HLTA  
Deputy DSL



Miss Brook  
Teacher  
Deputy DSL



Miss Bi  
Office Manager  
DSO



## BIRMINGHAM CHILDREN'S TRUST

### Contact details

Monday to Thursday: 8:45am to 5:15pm  
Friday: 8:45am to 4:15pm  
Telephone: 0121 303 1888

### Emergency out-of-hours

Telephone: 0121 675 4806

The Children's Advice and Support Service (CASS) provides a single point of contact for professionals and members of the public who want to seek support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact us. We will listen, assess your concerns, and can take action if a child is at risk.

## If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us



It doesn't have to be an emergency — you might be looking for guidance and support on issues affecting children. Whatever it is you're worried about, our dedicated child protection specialists will be able to advise and take any necessary action.

Whatever your worry — call us on [0800 800 5000](tel:0800 800 5000), email [help@NSPCC.org.uk](mailto:help@NSPCC.org.uk), or [submit our online form](#) — we can help. We also have advice about [spotting the signs of abuse](#).

Due to an increase in demand across our service, our voice Helpline is currently operating between the hours of 10am-4pm on Monday to Friday. However, you can email [help@NSPCC.org.uk](mailto:help@NSPCC.org.uk) at any time. It's free and you don't have to say who you are. If you think a child is in immediate danger, please call the police on [999](tel:999) straight away.







At Heath Mount Primary School, we promote children's rights in all areas of our curriculum. We want to ensure that ALL children understand their rights so that they are healthy, happy and safe.

Look at the article below and talk about what this article means.



## **UNICEF Rights Respecting Schools**

### **Article 15 - Setting up or joining groups**

***“Every child has the right to meet with other children and to join groups and organisations, as long as this does not stop other people from enjoying their rights. Article 15 is about the right of association which is having the opportunity to gather with others for different purposes.”***

**Exploring Article 15** - Why is important that young people should have the opportunity to meet, spend time together and share ideas?

#### **Did you think of these?**

- Joining groups or organisations can help us learn more about different issues.
- Meeting others helps us develop new skills: how to resolve issues, find ways to compromise, share, encourage, show support and empathy.
- It helps us to learn from and mix with a range of other people.
- We can learn a lot from other children and young people that helps to form our views and opinions about different things.
- By being with other people, we learn more about ourselves.
- People can be stronger together.
- Joining together as a group, we can bring about change.
- Young people have a right to participate and to be listened to and be heard.