

HEATH MOUNT PRIMARY SCHOOL



NEWSLETTER



18th September 2026

Dear Parents/Carers,

This week, the children took part in a Safety Co. assembly, which provided valuable information about keeping themselves safe. It was an important and engaging session, and the children participated enthusiastically throughout.

Our boys' football team played their first match of the year against another school within our Trust. I am delighted to announce that they scored eight goals and secured a fantastic victory. We are incredibly proud of their teamwork, determination, and sportsmanship.

On Thursday, the children in year 5 visited Mary Arden's Farm. They enjoyed taking part in a range of hands-on activities and immersive experiences. They asked thoughtful questions and had the opportunity to discover and explore the work of Shakespeare for themselves.

Earlier this week, I sent an email asking for expressions of interest regarding the possibility of offering wraparound care. If you would like to register your interest, please send your response to enquiry@heathmount.excelsiormat.org by Friday 25th September.

Thank you for your continued support.

I hope you all have a wonderful weekend.

Kind regards,

Amanda Samuel
Headteacher

PE TIMETABLE

Monday - Year 6 (pm)

Tuesday - 2A (am)
Swimming - 5A

Wednesday - Year 3 (am) - Cricket
Year 4 (am) - Cricket

Thursday - Year 1
5Z (pm)

Friday - RM (am)

Children to wear their PE kits to school on their PE days





DIARY DATES

School Events



Monday 21st Sept	Year 1 Local Walk
Thursday 24th Sept	School Photographs
Tuesday 6th Oct	EYFS Phonics Parents' meeting Time: 9:00am
Tuesday 6th Oct	Year 1 Phonics Parents' meeting Time: 2:30pm
Wednesday 7th Oct	Parents' Coffee Morning Time: 9:00am Location: Lower Hall
Wednesday 7th Oct	Reception Stay and Read Time: 8:35am - 8:55am Location: Classroom

Thursday 8th Oct	Year 1 Stay and Read Time: 8:35am - 8:55am Location: Classroom
Thursday 8th Oct	Year 6 Stay and Read Time: 8:35am - 8:55am Location: Classroom
Tuesday 13th Oct	Year 5 Stay and Read Time: 8:35am - 8:55am Location: Classroom
Thursday 15th Oct	Year 4 Stay and Read Time: 8:35am - 8:55am Location: Classroom
Tuesday 20th Oct	Year 3 Stay and Read Time: 8:35am - 8:55am Location: Classroom
Friday 23rd Oct	Non Uniform Day Autumn non uniform day - £1 donation

SCHOOL PHOTOGRAPH DAY

☺
**Say
Cheese!**

Thursday 24th September



All children
must come to
school in their
school uniform.



The photographer
will be taking
individual and
sibling photographs
which parents will
have the opportunity
to purchase.



If you do not want
your child's
photograph taken,
please complete
the online form
or inform the
school office.



Photos will be
available for you
to view and purchase.

School Photo Day – Please Pre-Register

We're using Parent Link so you get instant access
to your child's photos when they're ready—no codes needed.



Please pre-register here:

<https://aperture-online.flexschools.co.uk/register/x89o9kEgou>

It takes less than a minute.

SCAN
HERE



What is Parent Link?

A secure pre-registration link that lets parents:



get **instant, direct**
access to their child's
private gallery when
photos are ready



avoid **lost/missing**
access codes



order **easily**
from their phone

☺ **Thank you!** ♥

Capturing
today
for tomorrow ♥

THIS WEEK AT HEATH MOUNT



On Thursday, the children in Year 5 visited Mary Arden's Farm, where they enjoyed a range of hands-on activities and immersive experiences.



This week, the children took part in a Safety Co. assembly, where they learned about the importance of carbon monoxide awareness and how to keep themselves safe.



The children have been thoroughly enjoying our new tennis equipment, which has been installed on the playground as part of our OPAL provision, helping to promote active play, teamwork, and the development of new skills.



HEATH MOUNT PRIMARY SCHOOL
Read Share Belong

EYFS Weekly Stay and Read

Books build brighter futures!

Little Readers Big Dreams

EXPLORE
IMAGINE
LEARN
GROW
TOGETHER

Read together

Good Books Brighter People

Make memories

STARTING
WED **Wednesday 7th October**
Then every Wednesday thereafter.

8:35 - 8:55

Just 20 minutes to make a big difference!

- Share stories
- Build confidence
- Support your child's learning
- A great way to start the day together!

HEATH MOUNT PRIMARY SCHOOL
Read together Grow together

Year 1 and Year 2 Stay and Read

Share a story, make a difference!

Books Build Brighter Futures

Good Books Brighter Minds

READ
EXPLORE
IMAGINE
LEARN
BELONG

STARTING
THU **Thursday 8th October**
Then every Thursday thereafter.

8:35 - 8:55

Just 20 minutes to share the magic of reading!

HEATH MOUNT PRIMARY SCHOOL
Reading takes you further!

KS2 Stay and Read

Explore new worlds through books!

Readers today Leaders tomorrow

Year Group	Autumn Term	Spring Term	Summer Term
Year 3	20/10/2026	28/01/27	27/04/27
Year 4	15/10/2026	26/01/27	22/04/27
Year 5	13/10/2026	21/01/27	20/04/27
Year 6	08/10/2026	19/01/27	-

HEATH MOUNT PRIMARY SCHOOL

Reading Inspire Workshops

Year Group	Date	Time
Year 1	04/12/2026	Friday 9:00AM
Year 2	27/11/2026	Friday 9:00AM
Year 3	20/11/2026	Friday 9:00AM
Year 4	13/11/2026	Friday 9:00AM
Year 5	06/11/2026	Friday 9:00AM
Year 6 (SATs Workshop)	05/11/2026	Thu 1:30PM

SECONDARY SCHOOL APPLICATIONS ARE OPEN!

If your child turns 11 before 31 August 2027, apply now

Apply by 31 October 2026



It's time to apply for a secondary school place!

Your next chapter starts here!



Plan ahead
Apply on time!

You'll need to submit your application by
31 October 2026
Go to
www.birmingham.gov.uk/schooladmissions
to get started

My top 6 schools are :

1.
2.
3.
4.
5.
6.

Dates to remember!

September

1st
September
2026

Application period
starts

October

31st
October
2026

Closing date for
applications

March

1st
March
2027

National
offer day

Applying for 6 schools gives you child the best chance of getting a school that you want. List the schools in order of preference when you apply and if a place is available at more than one school, you will be offered the highest one on your list.

Choosing a secondary school: Hints & Tips

- ✓ Don't leave it too late – You are likely to miss out on the school place you want if you apply late. **Deadline is 31st October 2026.**
- ✓ Attend any open events at your preferred secondary schools.
- ✓ Look at each school's website and prospectus.
- ✓ Think about how your child will travel to school.
- ✓ Check the admission criteria of the schools.
- ✓ Does your child meet the criteria? Distance from the school is an important factor.
- ✓ Remember to list six different secondary schools you would like your child to attend and put them in order of preference.



**Don't Delay.
Apply Today!**

www.birmingham.gov.uk/schooladmissions



- ✓ Leadership Strong Standard
- ✓ Personal Development Strong Standard
- ✓ Safeguarding Standards Met
- ✓ Expected Standard Achievement
- ✓ Expected Standard Attendance and behaviour
- ✓ Expected Standard Curriculum and teaching
- ✓ Expected Standard Inclusion

Apply for a

Reception
school place

for September 2027

You can apply for a Reception school place through the **Birmingham City Council School Admissions portal** if you live in Birmingham.

Key Dates for September 2027 Entry



Applications open

**1 September
2026**



Application deadline

**15 January
2027**



National Offer Day

**16 April
2027**



Eligibility

Children born between **1 September 2022**
and **31 August 2023** start Reception in September 2027.



**Aspiring
from the start**

*Where ambition
begins on Day One*



**Engaging
learning**

*Unlocking minds
every day*



**Succeeding
together**

*Alone you're good.
Together we're amazing*



**Ensuring
equality for all**

*Equality – First,
Foremost, Forever*

Respect

Ambition

Kindness

Inclusion

Success

FRED'S ATTENDANCE SUPERHEROES OF THE WEEK

2A 98.7%

4K 100%

6B 99.2%



HERE
EVERYDAY
READY
ON TIME

ORACY CHAMPIONS OF THE WEEK



EACH WEEK, OUR STAFF CHOOSE A CHILD WHO HAS DEMONSTRATED THEIR ORACY SKILLS IN AN EXCEPTIONAL WAY.

ORACY
CHAMPIONS

YEAR 1

Zayyan

YEAR 2

Anwar

YEAR 3

Joel and Ihsaan

YEAR 4

Affan and Luqman

YEAR 5

Rehan and Tameem

YEAR 6

Abu-Bakr and Zephaniah

STAR

of the week

Reception Zakariyya and Faeizah

Year 1 Tiwa, Athmar, Dawud

Year 2 Halimah and Haider

Year 3 Abdullah and Mohammed. Amira and Mohammed

Year 4 Mohammed and Hamza. Fatima and Nesmah

Year 5 Yassin and Abeeha. Mouad S and Turki

Year 6 Turaab and Lina B. Firdosa and Gabariella

Hot Chocolate Friday

Well done to all of the children who were nominated.

This week's winners are:

Reception Mayan, Elijah and Zofiyyat

Year 1 Harshan

Year 2 Joanna

Year 3 Mikhail

Year 4 Alayna, Inaya, Luqman and Lano

Year 5 Muadh

Year 6 Hassan

HEATH MOUNT WEEKLY MENU

WEEK 1- 31/8, 21/9, 12/10, 9/11, 30/11, 4/1, 25/1

MONDAY

Creamy Chicken Korma
with Rice & Naan Bread

Battered Fish with Pomme
Noisette & Tartare Sauce

Creamy Vegetable Korma
with Rice & Naan Bread (V)

Peas & Sweetcorn

Vanilla Ice Cream

TUESDAY

Traditional Cottage Pie

Fish Fingers with
Herby Diced Potatoes
& Lemon Wedge

Vegetable Spring Rolls &
Oriental Noodles (V)

Green Beans,
Gravy

Watermelon or Orange
Wedges & Apple Slices

WEDNESDAY

Roast Chicken
with Yorkshire Pudding
& Gravy

Herb
Roasted Quorn (V)

Crunchy Roast Potatoes,
Carrots, Cauliflower

Chocolate Concrete
with Pink Custard

THURSDAY

Beef Chilli Con Carne
with Steamed Rice
Chicken or Veggie (V)
Sausage Hot Dogs with
Sauté Potatoes

5 Bean Chilli Con Carne
with Steamed Rice (V)

Broccoli

Raspberry Jelly

FRIDAY

Wholemeal BBQ
Chicken Pizza

Wholemeal
Margherita Pizza (V)

Spicy Wedges,
Garden Peas

Homemade
Strawberry Shortbread

Available Daily- Jacket Potato with a variety of fillings /
Fresh Salad Cart / Fresh Fruit



At Heath Mount Primary School, we promote children's rights in all areas of our curriculum. We want to ensure that **ALL** children understand their rights so that they are **healthy, happy and safe.**

Look at the articles below and talk about what they mean.

UNICEF RIGHTS RESPECTING SCHOOLS



38

UNICEF Rights Respecting Schools Article 38 – Protection in war

“Governments must not allow children under the age of 15 to take part in war or join the armed forces. Governments must do everything they can to protect and care for children affected by war and armed conflict.”



39

UNICEF Rights Respecting Schools Article 39 – Recovery and Reintegration

“Children who have experienced neglect, abuse, exploitation, torture or who are victims of war must receive special support to help them recover their health, dignity, self-respect and social life.”



Exploring Article 38 & 39 – What does **peace** mean to you?



Did you think of these?



- Feeling calm, quiet, still
- Feeling safe wherever you are (in school, at home, in your community)
- Knowing you can trust the people around you
- Living in harmony with others
- Being the person you want to be without fear
- Supporting others who need help



- Living in a world without conflict or violence
- Living in a world where people respect and value each other
- No discrimination
- A just and fair government you can trust
- Living in an inclusive community without racism or hate
- Acting in a way that helps others to feel calm and happy



HEATH MOUNT WEEKLY QUIZ CHALLENGE!

QUESTION

Who should you normally share your password with?

- A Anyone who asks politely
- B Online gaming friends
- C No friends; follow your parent or guardian's account-safety rules
- D Everyone in your class



(TURN THE NEWSLETTER UPSIDE DOWN TO READ!)

ANSWER: C - No friends; follow your parent or guardian's account-safety rules.

DID YOU KNOW?

Passwords should be kept private so other people cannot access your account.

Stay smart. Stay safe. Be kind online.



INCLUSIVE
FUN CLUB
AGE 8-14



Every
Child
Matters

Little Helping Send Hands

SUPPORT • EMPOWER • INCLUDE • GROW

WE OFFER



SENSORY
PLAY



MUSIC



PUZZLES
& GAMES



ARTS/
CRAFTS



OUTDOOR
PLAY



SATURDAYS 10AM-2PM



CALTHORPE WELLBEING HUB
232-252 Edward Rd,
B12 9LZ



Email us:
littlehelpingsendhands@hotmail.com



Call us: **07375710169**

OCTOBER SPECIAL

£40
A SESSION



Fun, friends and inclusion for every child.



Breathe Easy Birmingham

FREE Home Health & Safety Checks

Helping you to create a safer home for your children

Do you worry about accidents at home like burns, falls or choking?

Our trained professionals can help

We are offering FREE home safety visits
****Available for families in Ladywood****
These visits will help reduce the risk of accidents and keep your children safe.

What's included:

- ✓ Home Safety Check by a trained professional
- ✓ Personalised recommendations report
- ✓ Child safety pack (socket covers, locks, etc - where applicable)
- ✓ Practical guidance for emergencies
- ✓ Follow-up phone support



Scan to Apply Now



bit.ly/BreatheEasyBrum

Book your free visit

0121 369 2025 hello@onyourfeet.biz www.onyourfeet.biz

Breathe Easy Birmingham

Home Health & Safety Workshop

Free course to all parents in Ladywood

Do you live with a child under 5?

Accidental injury is one of the most common reasons for hospitalisation in children under 5! Come and learn how these accidents can be avoided.

Sessions include access to FREE home safety checks.

What's included:

- ✓ Common accidents in the home
- ✓ Home hazard spotting
- ✓ Safe storage & household dangers
- ✓ Preventing injury with equipment
- ✓ Action to take in an emergency
- ✓ Home safety checks & access to equipment



Tuesday 29th September 2026

10.00am - 12.00pm

**Bertram Children's Centre
B10 9QP**

Scan to Apply Now



bit.ly/BreatheEasyBrum

Contact Us

0121 369 2025 hello@onyourfeet.biz www.onyourfeet.biz

Breathe Easy Birmingham

Level 3 Emergency Paediatric First Aid



FREE to parents and professionals in Ladywood



What will I learn?

- ✓ Incident & casualty assessment
- ✓ Treating an unconscious casualty not breathing
- ✓ Recovery position & treatment of seizure
- ✓ Choking
- ✓ Bleeding & minor injury

**Monday 23rd & 30th
November,
Monday 7th December
10.00am - 12.00pm
Soho Children's Centre
CRECHE AVAILABLE**

Scan now Register for FREE



bit.ly/BreatheEasyBrum

Contact us to register

0121 369 2025 hello@onyourfeet.biz www.onyourfeet.biz

Breathe Easy Birmingham

Asthma Awareness Workshop

FREE to parents and professionals in Ladywood

Do you have a child living with asthma?

Come and find out how you can support them and prevent hospitalisation!

Sessions include a FREE asthma support pack and specialist advice.

What's included:

- ✓ What is asthma?
- ✓ Signs, symptoms & early recognition
- ✓ Common triggers
- ✓ Asthma management
- ✓ Emergency care
- ✓ Local help and resources



Tuesday 13th October
2026
10.00am - 12.00pm
**Bertram Children's
Centre
B10 9QP**

Scan now Register for FREE



bit.ly/BreatheEasyBrum

Contact us

0121 369 2025 hello@onyourfeet.biz www.onyourfeet.biz

Safeguarding at Heath Mount Primary School

Please see the safeguarding page on our school website:
Safeguarding – [Heath Mount Primary School \(excelsiormat.org\)](http://Heath Mount Primary School (excelsiormat.org))

At Heath Mount Primary School safeguarding children is of paramount importance. We have 6 Designated Safeguarding Leads (DSLs) who can be contacted by parents should they have a safeguarding concern. If you have safeguarding concerns about a child, please email school using the following email address: enquiry@heathmount.excelsiormat.org. Our DSLs are:



Meet your safeguarding team:



Mrs Samuel
Headteacher,
SENCO &
Lead DSL



Miss Beech
Deputy Headteacher
Deputy DSL



Miss Taylor
Pastoral Manager
Deputy DSL



Mrs Yafai
HLTA
Deputy DSL



Mrs Smith
HLTA
Deputy DSL



Miss Brook
Teacher
Deputy DSL



Miss Bi
Office Manager
DSO



BIRMINGHAM CHILDREN'S TRUST

Contact details

Monday to Thursday: 8:45am to 5:15pm
Friday: 8:45am to 4:15pm
Telephone: 0121 303 1888

Emergency out-of-hours

Telephone: 0121 675 4806

The Children's Advice and Support Service (CASS) provides a single point of contact for professionals and members of the public who want to seek support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact us. We will listen, assess your concerns, and can take action if a child is at risk.

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us



It doesn't have to be an emergency — you might be looking for guidance and support on issues affecting children. Whatever it is you're worried about, our dedicated child protection specialists will be able to advise and take any necessary action.

Whatever your worry — call us on [0800 800 5000](tel:0800 800 5000), email help@NSPCC.org.uk, or [submit our online form](#) — we can help. We also have advice about [spotting the signs of abuse](#).

Due to an increase in demand across our service, our voice Helpline is currently operating between the hours of 10am-4pm on Monday to Friday. However, you can email help@NSPCC.org.uk at any time. It's free and you don't have to say who you are. If you think a child is in immediate danger, please call the police on [999](tel:999) straight away.

