

Heath Mount Primary School



Newsletter



19th December 2025

Dear Parents and Carers,

I hope you are well and have had a good week.

Well, we come to my last newsletter of the calendar year after what feels like an extremely long term! I have been extremely proud of how the children and staff have just kept on going!

Yesterday, Mrs Khan and Mr Mohammed took a team to the Excelsior MAT Panathlon Competition. The team were fabulous and were so excited to come and show me their medals. Well done all of you!

A huge well done to those that have improved their attendance. Please keep this up and ensure that your child attends school everyday and on time. Congratulations to the family who won this month's Aldi voucher. The next draw will be on Friday 30th January 2026.

Have a great break over the festive period. For all those who are celebrating Christmas, may you enjoy all that the celebrations bring, and I wish every one of you, all the very best for 2026.

See you on **Tuesday 6th January 2026!**

Mrs Samuel
Headteacher

NOTICE

School closes at 1:00 pm on Friday 19th December for the Christmas break.

We look forward to seeing everyone back at school on

**TUESDAY 6th JANUARY
2026!**



Calling
All Singers

The Heath Mount Choir



You're invited to join our Choir.
The choir is opened to anyone from Year 1 - Year 6.
No Experience necessary.

Choir practice will take place
every Wednesday at Lunchtimes

 **PE TIMETABLE** 

Monday - 1B and Year 6
Tuesday - 5S
Swimming - 5B
Wednesday - 2RZ and Year 3
Thursday - 2Z and Year 4
Friday - Reception
**Children to wear their PE kits to
school on their PE days**



DATES FOR YOUR DIARY

FRIDAY 19TH DECEMBER

SCHOOL CLOSURES AT 1:00PM FOR THE CHRISTMAS BREAK

TUESDAY 6TH JANUARY

SCHOOL RE-OPENS AT 8:35 AM FOR THE NEW TERM

FRIDAY 9TH JANUARY

SEND PARENTS' COFFEE MORNING

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MONDAY 12TH AND THURSDAY 15TH JANUARY

YEAR 5 VISIT TO THE MOSQUE

FRIDAY 6TH FEBRUARY

NSPCC NUMBER DAY

MONDAY 16TH FEBRUARY 2026 – FRIDAY 20TH FEBRUARY 2026

HALF TERM HOLIDAY

MONDAY 23RD FEBRUARY 2026

SCHOOL OPEN FOR ALL PUPILS

STAR

of the week

Reception	Amayrah and Harshan
Year 1	Zaidan and Alfie
Year 2	Aileen and Ranya. Umar and Mohammed
Year 3	Sarah and Affan. Hammam and Layan
Year 4	Miriam and Dina. Jenna and Natane
Year 5	Zohair and Gabriella. Zakariya and Omar
Year 6	Tuleesha and Nada. Arsalan and Poppy

Hot Chocolate Friday

Well done to all of the children who were nominated.

This week's winners are:

Reception

Year 1

Year 2

Year 3

Year 4

Year 5

Year 6

Dawud

Zarisha

Aalaa

Miryan

Salima and Jerry

Aylah

Abdul-Haseeb

FRED'S ATTENDANCE SUPERHEROES OF THE WEEK



RG 95.9%

30 97.1%

5S 98.5%



HERE
EVERYDAY
READY
ON TIME

ORACY CHAMPIONS OF THE WEEK



EACH WEEK, OUR STAFF CHOOSE A CHILD WHO HAS DEMONSTRATED THEIR ORACY SKILLS IN AN EXCEPTIONAL WAY.

ORACY
CHAMPIONS

YEAR 1

Bilal

YEAR 2

Raheail and Roya

YEAR 3

Aisha and Luqman

YEAR 4

Ijaaz, Muadh and Arsalan

YEAR 5

Aylah and Sundas

YEAR 6

Hiiiija

100% ATTENDANCE COMPETITION



Exciting News!
Monthly Attendance Raffle

**One lucky winner will
recieve a £20 Aldi Voucher!**

We're thrilled to introduce a new Attendance Raffle to celebrate and encourage excellent attendance!

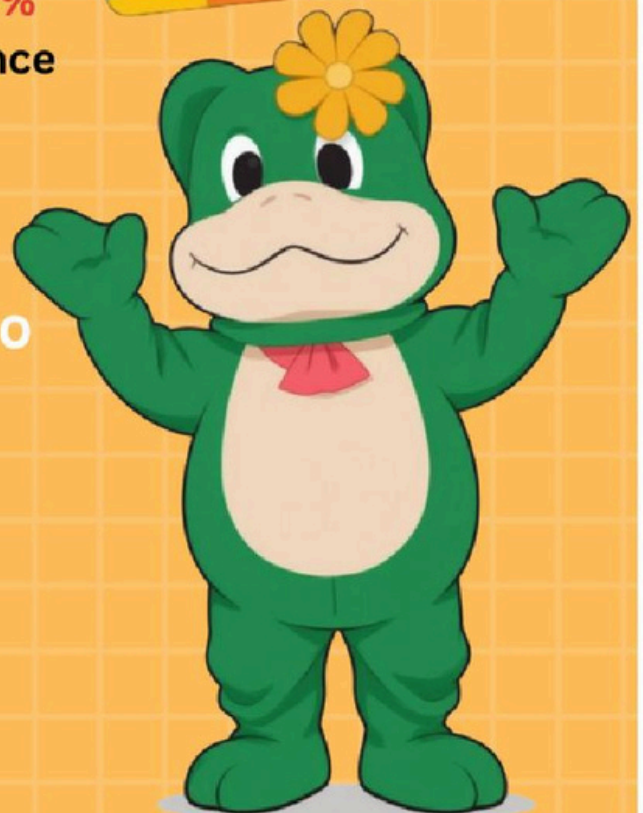
Every month, all children who have **100%** attendance or shown improved attendance will be entered in to a prize draw!

Fred says, "Don't delay! Hop to school and learn today."

ATTENDANCE MATTERS



EVERY DAY COUNTS





Reading Update

Dear Heath Mount Families,

I am thrilled to reshare that all Key stage 2 children now have access to a bank of books to read ONLINE!

They can also complete an AR quiz on these books which will count towards our overall word count!!!

Please do encourage your children to continue to go on TTRS, and EDSHed - can they beat their high score?

Kind regards,

Mrs Schirwing

HEATH MOUNT PRIMARY SCHOOL

Excelsior

ACCESS THOUSANDS OF BOOKS ONLINE FOR FREE ... AND TAKE A QUIZ!

BLAST OFF WITH Renaissance myON

Our School Network Reads!

In this school year, students have read...

297 Books

1,544,472 Words

for **3** minutes/day!
(individual student average)

RENAISSANCE Accelerated Reader®

AFTER SCHOOL CLUBS JANUARY 2026



Please note all school clubs are on an allocation basis and you must receive an email confirming your child's place in order for them to attend.

Monday

Year 5 & Year 6 Art Club
3:20 pm-4:20 pm

Year 6 SATS Booster Club
3:20 pm-4:20 pm



Tuesday

Year 1 & Year 2 Cookery Club
3:20 pm-4:20 pm

Wednesday

Year 3 & Year 4 Football Club
3:20 pm-4:20 pm



Thursday

Year 6 SATS Booster Club
3:20 pm-4:20 pm



WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Heath Mount Primary Menu Available Daily Fresh salad Cart Jacket potato and Fillings
	Mains Chicken Makhani Vegetable Pasta Bake (V) Battered Fish, with Potato Wedges Accompaniments Boiled Rice, Naan Bread & Veg of the Day Dessert Ice Cream Fresh Fruit/Yoghurt	Mains Beef Ragù, with Penne Pasta & Garlic Slice Cheese, Vegetable & Potato Hash (V) Accompaniments Herby Diced Potatoes & Veg of the Day Dessert Fruity Crumble Cake Fresh Fruit/Yoghurt	Mains Chicken Sausage, with Onion Gravy Fishless Fingers with Lemon Wedge & Tartar Sauce (V) Accompaniments Mashed Potatoes & Veg of the Day Dessert Chocolate Concrete with Pink Custard Fresh Fruit/Yoghurt	Mains Cottage Pie Vegetable Spring Rolls with Oriental Noodles (V) Accompaniments Veg of the Day Dessert Iced Lemon Doughnuts Fresh Fruit/Yoghurt	Mains BBQ Chicken Pizza Margherita Pizza (V) Accompaniments Chipped Potatoes & Veg of the Day Dessert Oat Cookie Fresh Fruit/Yoghurt	
	Mains Chicken Pasta Bake Vegetable Pasta Bake (V) with Garlic Bread Sea Stars, with Lemon Wedge & Tartar Sauce Accompaniments Pomme Noisette & Veg of the Day Dessert 1/2 Belgian Waffle with Toffee Sauce Fresh Fruit/Yoghurt	Mains Chicken Jambalaya Vegetable Jambalaya (V) with Herb Flatbread Battered Chicken Fillet Accompaniments Sauté Potatoes & Veg of the Day Dessert Chocolate & Beetroot Brownie with Custard Fresh Fruit/Yoghurt	Mains Beef Lasagne Vegetable Lasagne (V) with Garlic Slice Chicken/Quorn Sausage Hot Dog (V) Accompaniments Pomme Noisette & Veg of the Day Dessert Pancakes with Fruit or Toffee Drizzle Fresh Fruit/Yoghurt	Mains Sweet N' Sour Chicken Vegetable Samosa, with Curry Sauce (V) Fish Fingers, with Lemon Wedge & Tartar Sauce Accompaniments Boiled Rice, Potato Wedges & Veg of the Day Dessert Schooldays Tray Bake Fresh Fruit/Yoghurt	Mains Chicken Tikka Pizza Margherita Pizza (V) Accompaniments Chipped Potatoes & Veg of the Day Dessert Chocolate Cornflake Cake Fresh Fruit/Yoghurt	
WEEK TWO	Mains Creamy Chicken & Sweetcorn Pasta Bake Macaroni Cheese (V) Accompaniments Garlic Slice & Veg of the Day Dessert Vanilla & Raspberry Ice Cream Cake Fresh Fruit/Yoghurt	Mains Spicy Lamb Burger Vegetable Burger (V) Accompaniments Paprika Sauté Potatoes & Veg of the Day Dessert Lemon Drizzle Cake Fresh Fruit/Yoghurt	Mains Chicken Kebab Vegetable Curry (V) Accompaniments Rice, Naan Bread & Veg of the Day Dessert Toffee & Blueberry Muffin Fresh Fruit/Yoghurt	Mains Beef Tacos Vegetable Tacos (V) Battered Fish Accompaniments Herb Diced Potatoes & Veg of the Day Dessert Carrot Cake Fresh Fruit/Yoghurt	Mains Cajun Chicken Pizza Margherita Pizza (V) Accompaniments Chipped Potatoes & Veg of the Day Dessert Chocolate Chip Cookie Fresh Fruit/Yoghurt	
WEEK THREE						

COOMBS
CATERING PARTNERSHIP

W1 : 5/1, 26/1
W2 : 12/1, 2/2
W3 : 19/1, 9/2

ALLERGEN INFORMATION: MENU DESCRIPTIONS MAY NOT LIST EVERY INDIVIDUAL INGREDIENT. WE ARE AWARE OF THE PRESENCE OF ALLERGENS REQUIRING LABELLING. SO PLEASE ASK A MEMBER OF THE CATERING TEAM SHOULD YOU REQUIRE ANY MORE DETAILS. VEGETARIAN OPTIONS ARE INDICATED BY THE SYMBOL (V).

Safeguarding at Heath Mount Primary School

Please see the safeguarding page on our school website:
Safeguarding – [Heath Mount Primary School \(excelmat.org\)](http://heathmount.excelmat.org)

At Heath Mount Primary School safeguarding children is of paramount importance. We have 5 Designated Safeguarding Leads (DSLs) who can be contacted by parents should they have a safeguarding concern. If you have safeguarding concerns about a child, please email school using the following email address: enquiry@heathmount.excelmat.org. Our DSLs are:



Meet your safeguarding team:



Mrs Samuel
Headteacher,
SENCO &
Lead DSL



Miss Taylor
Pastoral Manager
Deputy DSL



Mrs Yafai
HLTA
Deputy DSL



Mrs Smith
HLTA
Deputy DSL



Miss Brook
Teacher
Deputy DSL



Miss Bi
Office Manager
DSL



BIRMINGHAM
CHILDREN'S TRUST

Contact details

Monday to Thursday: 8:45am to 5:15pm
Friday: 8:45am to 4:15pm
Telephone: 0121 303 1888

Emergency out-of-hours

Telephone: 0121 675 4806

The Children's Advice and Support Service (CASS) provides a single point of contact for professionals and members of the public who want to seek support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact us. We will listen, assess your concerns, and can take action if a child is at risk.

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us



It doesn't have to be an emergency — you might be looking for guidance and support on issues affecting children. Whenever it is you're worried about, our dedicated child protection specialists will be able to advise and take any necessary action.

Whenever your worry — call us on [0800 800 5000](tel:08008005000), email help@nspcc.org.uk, or [submit our online form](#) — we can help. We also have advice about [spotting the signs of abuse](#).

Due to an increase in demand across our service, our voice Helpline is currently operating between the hours of 10am-4pm on Monday to Friday. However, you can email help@nspcc.org.uk at any time. It's free and you don't have to say who you are. If you think a child is in immediate danger, please call the police on [999](tel:999) straight away.





At Heath Mount Primary School, we promote children's rights in all areas of our curriculum. We want to ensure that ALL children understand their rights so that they are healthy, happy and safe.

Look at the articles below and talk about what they mean.



UNICEF Rights Respecting Schools

Article 5 - Family Guidance as Children Develop

“Governments must respect the rights and responsibilities of parents and carers to provide guidance and direction to their child as they grow up, so that they fully enjoy their rights. This must be done in a way that recognises the child's increasing capacity to make their own choices.”



UNICEF Rights Respecting Schools

Article 18 - Responsibilities of parents

“Both parents (or legal guardians) share responsibility for bringing up their child and parents and carers should always consider what is best for the child. Governments must support parents and legal carers by creating support services for children and giving parents the help they need to raise their children.”

Exploring Article 5 & 18 - What are some of the important things that carers and parents do for children?

Did you think of these?

- Provide you with a home.
- Care for you and show you love.
- Provide food and clothes.
- Set you a good example.
- Help you to become independent.
- Give you emotional support.
- Support your learning and going to school.
- Make sure you have opportunities to be fit and healthy.
- Prepare you for adult life.
- Share their culture and identity and beliefs and values with you.
- Allow you to be yourself.
- Help you to enjoy all of your rights!