HEATH MOUNT PRIMARY SCHOOL



NEWSLETTER



19th September 2025

Dear Parents/Carers.

We've had another good week in school, and it's been wonderful to see the children continuing to settle in and engage with their learning.

A big thank you to all the parents and carers who attended our EYFS and KS1 phonics and reading workshops this week. It was lovely to see so many of you, and we hope you found the sessions helpful. The children really enjoyed sharing their learning with you it means a lot to them.

Today, you'll be receiving curriculum overviews for each year group. These will give you a clear picture of what your child will be learning this term and how you can support them at home.

A reminder that our E-Safety Workshop will take place on Monday 22nd September, with sessions at 9.30am and 2.30pm. Please do join us for this important event to help keep our children safe online.

Finally, please take a moment to read our safeguarding message and refer to the safeguarding poster attached. Keeping our children safe is always our top priority.

Thank you for your continued support. It's lovely to be back and we're looking forward to a fantastic term ahead.

Have a great weekend!

Mrs Samuel



Breakfast Club

Breakfast Club is open from 7:45am-8:20am each day. If you would like your child to attend Breakfast Club, places must be booked and paid for in advance on Arbor. The cost for your child to attend Breakfast Club will be 🖹 per session . Payment must be submitted in advance

otherwise your child will not be able to attend

Breakfast Club.



School Meal Costs

Arbor

School meals must be paid for children in Year 3 and above lunless your child qualifies for Free School Meals).

School meal costs are £3.00 per day/ £15.00 per week. Payment must be submitted on the Arbor App.

If you are required to pay for your child's school lunches you will need to credit your Arbor account with a balance to ensure that your account does not go into debt. We suggest paying weekly, monthly or termly in advance to keep the account in credit and avoid accumulating a

Times of the School Day

Please remember: School starts for all children at 8:35am.

School finishes at 3:15pm (Reception) and 3:20pm (Years 1 - 6). School finishes for all pupils at 1pm every Friday. Please make sure that you arrive and collect your child on time every day. 美?



PE TIMETABLE



Monday - 1B and Year 5 Tuesday - IPB and 6JB **Swimming - 6B**

Wednesday - 2RZ and Year 3 Thursday - 2Z and Year 4 Friday - Reception Children to wear their PE kits to school on their PE days

Heath Mount Absence Policy What YOU must do:

- Telephone the school on 0121 464 1691 before 8.30am each day of your child's absence.
- Tell the school in advance, of any medical appointments and bring in appointment
- If you are not sure whether your child is well enough to attend school, send them in anyway as they often perk up on arrival.
- Have a backup plan for if your child misses transport, call on a family member, neighbour or friend.
- If you and your child are experiencing difficulties with school attendance then talk to us as a first step so we can help!

What WE will do:

- Check your child's attendance every day.
- Phone home to discuss your child's attendance
- Invite you into school for attendance meetings
- If we cannot establish a reason for absence, then we may make a welfare home visit.





Dates For Your Diary

Monday 22nd September - E-Safety Workshop for Parents at 9:00am and 2:30pm

Tuesday 23rd September - Key Stage 2 Workshop at 9:00am

Wednesday 24th September - Year 4 Stay & Read - 8:35 - 9:00 - Lower Hall

Thursday 25th September - School Photograph Day

Monday 29th September - Year 5 visit to Mary Arden's farm

Tuesday 30th September - Year 3 Stay & Read - 8:35 - 9:00 - Lower Hall

Thursday 2nd October - Year 2 Birmingham walking tour

Wednesday 8th October - Year 6 visit to The Temple

Thursday 9th October - Whole School Open Day - 9:30am and 5:00pm

Thursday 9th October- Year 2 Stay & Read - 8:35 - 9:00 - Lower Hall

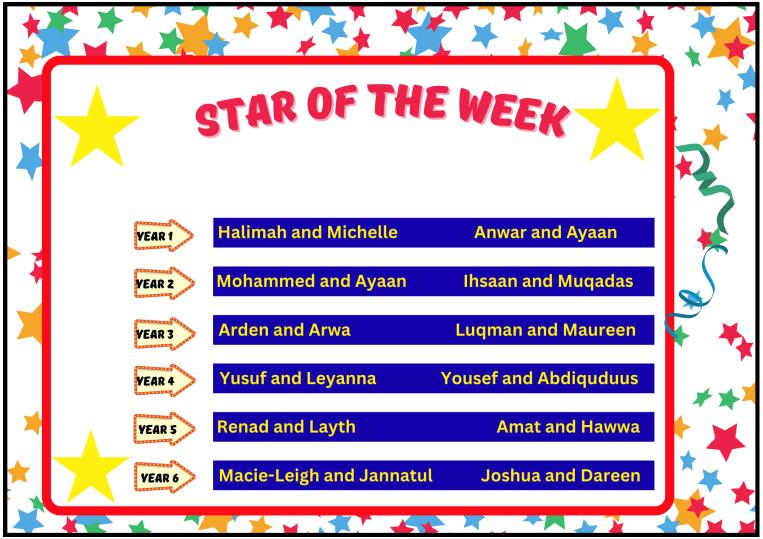
Tuesday 14th October- Year 1 Stay & Read - 8:35 - 9:00 - Lower Hall

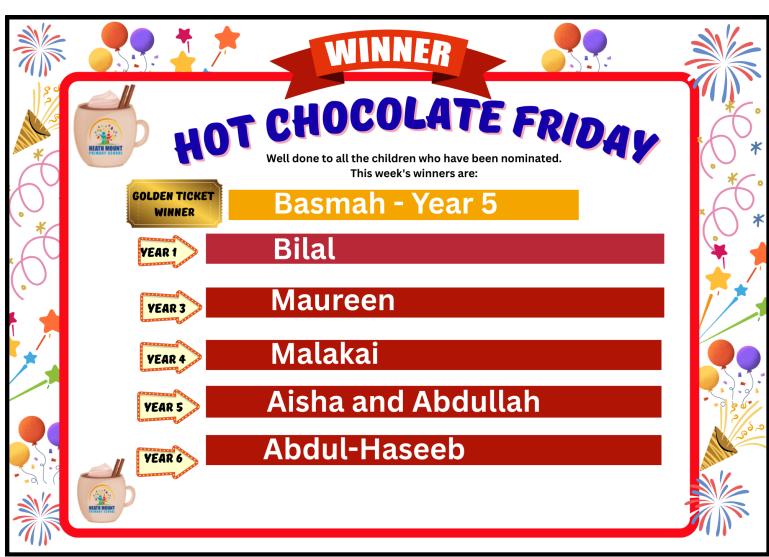
Thursday 16th October- Reception Open Day - 9:30am and 5:00pm

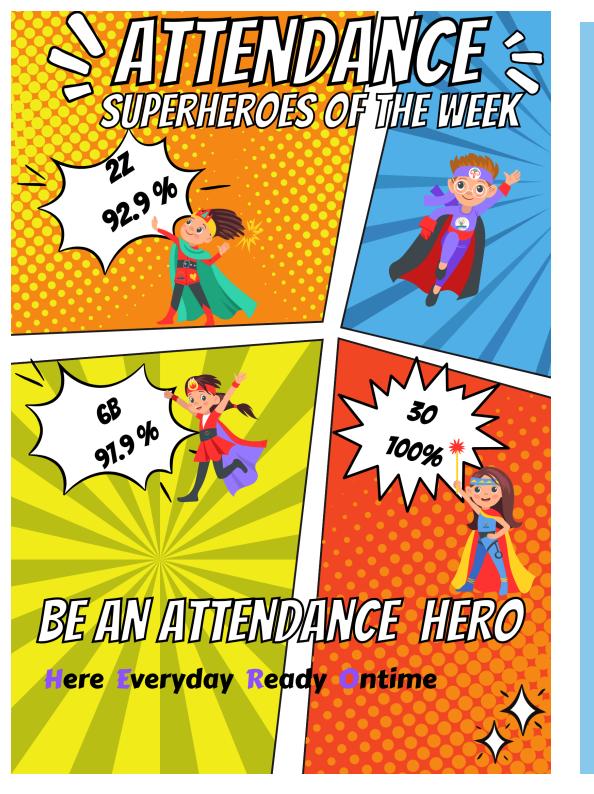
Monday 27th October - Friday 31st October - Half Term

Monday 3rd November - Staff Inset Day - School closed for pupils

Tuesday 4th November - School re-opens for pupils









EACH WEEK, OUR STAFF CHOOSE A CHILD WHO HAS DEMONSTRATED ONE OR MORE OF OUR EXCELSIOR VALUES IN AN EXCEPTIONAL WAY.

THIS WEEK, WE ARE CELEBRATING OUR ORACY
CHAMPIONS

YEAR 1 BILAL AND ZOE

YEAR 2 MIKHAIL AND HALEEMA

YEAR 3

ALAYNA, ZAIDEN, KHLOE AND
LAYAN

YEAR 4 MOUSTAPHA AND HALEEMA

YEAR 5 TURAAB AND IBRAHIM

YEAR 6 ZAKARIYYA AND REILLY

MONDAY

Mains

Chicken Makhani Vegetable Makhani (V)

Battered Fish. with Potato Wedges

Accompaniments

Boiled Rice, Naan Bread & Veg of the Day

Dessert

Ice Cream Fresh Fruit/Yoghurt

Mains

TUESDAY

Beef Ragu, with Penne Pasta & Garlic Slice

Cheese, Vegetable & Potato Hash (V)

Accompaniments

Herby Diced Potatoes & Veg of the Day

nessert

Strawberry Mousse Cheesecake Fresh Fruit/Yoghurt

Chicken Sausage, with Onion Gravy

Mains

EDNESDAY

Fishless Fingers with Lemon Wedge & Tartar Sauce (V)

Accompaniments

Mashed Potatoes & Veg of the Day

nessert

Chocolate Concrete with Pink Custard Fresh Fruit/Yoghurt

THURSDAY FRIDAY

Mains

Cottage Pie

Vegetable Spring Rolls with Oriental Noodles (V)

Accompaniments Veg of the Day

pessert

Iced Lemon Doughnuts Fresh Fruit/Yoghurt

Mains

BBQ Chicken Pizza

Margherita Pizza (V)

Accompaniments

Chipped Potatoes & Veg of the Day

Dessert

Oat Cookie Fresh Fruit/Yoghurt

Heath Mount Primary

Available Daily

Fresh salad Cart

Jacket Potato and Fillings



COOMBS

Mains

Chicken Pasta Bake Vegetable Pasta Bake (V) with Garlic Bread

Sea Stars, with Lemon Wedge & Tartar Sauce

Accompaniments Pomme Noisette & Veg of the Day

Dessert

1/2 Belgian Waffle with Toffee Sauce Fresh Fruit/Yoghurf

Mains

Chicken Jambalaya Vegetable Jambalaya (V) with Herb Flatbread

Battered Chicken Fillet

Accompaniments

Sauté Potatoes & Veg of the Day

nessert

Chocolate & Beetroot Brownie with Custard Fresh Fruit/Yoghurt

Mains

Beef Lasagne Vegetable Lasagne (V) with Garlic Slice

Chicken/Quorn Sausage Hot Dog (V)

Accompaniments

Pomme Noisette & Veg of the Day

Dessert

Pancakes with Fruit or Toffee Drizzle Fresh Fruit/Yoghurt

Mains

Sweet N' Sour Chicken

Vegetable Samosa, with Curry Sauce (V)

Fish Fingers, with Lemon Wedge & Tartar Sauce

Accompaniments

Boiled Rice, Potato Wedges & Veg of the Day

Dessert

Schooldays Tray Bake Fresh Fruit/Yoghurt

Mains

Chicken Tikka Pizza

Margherita Pizza (V)

Accompaniments

Chipped Potatoes & Vea of the Day

Dessert

Chocolate Cornflake Cake Fresh Fruit/Yoghurt

Mains

Creamy Chicken & Sweetcorn Pasta Bake

Macaroni Cheese (V)

Accompaniments

Garlic Slice & Veg of the Day

Dessert

Vanilla & Raspberry Ice Cream Cake Fresh Fruit/Yoahurt

Mains

Vegetable Burger (V)

Accompaniments Paprika Sauté Potatoes

& Veg of the Day

Dessert

Lemon Drizzle Cake Fresh Fruit/Yoghurt

Mains

Chicken Kebab

Vegetable Curry (V)

Accompaniments

Rice, Naan Bread & Veg of the Day

Dessert

Toffee & Blueberry Muffin Fresh Fruit/Yoghurt

Mains

Beef Tacos

Vegetable Tacos (V)

Battered Fish

Accompaniments Herb Diced Potatoes

& Veg of the Day

Dessert

Carrot Cake Fresh Fruit/Yoghurt

Mains

Margherita Pizza (V)

Accompaniments

Chipped Potatoes & Veg of the Day

Dessert

Chocolate Chip Cookie Fresh Fruit/Yoghurt

W1: 1/9, 22/9, 13/10, 10/11, 1/12 W2:8/9,29/9, 20/10, 17/11, 8/12 W3:15/9, 6/10, 3/11, 24/11,

MAY NOT LIST EVERY INDIVIDUAL INGREDIENT WE ARE AWARE OF THE PRESENCE OF ALLERGENS REQUIRING LABELLING, SO PLEASE ASK A MEMBER OF THE CATERING TEAM SHOULD YOU REQUIRE ANY MORE DETAILS, VEGETARIAN OPTIONS ARE INDICATED BY THE SYMBOL (V).

Attention Year 6 Parents/Carers!

It's time to apply for a secondary school place!





31 October 2025

www.birmingham.gov.uk/ schooladmissions to get started

My top 6 schools are:

- 4
- 5.
- 6.

Dates to remember!



1st



31st

31 October 2025: **Applications close**

1 September 2025: **Applications open**



2nd

2 March 2026: Offer Day

Choosing a secondary school: Hints & Tips

Don't leave it too late - You are likely to miss out on the school place you want if you apply late. Deadline is 31st October

- Attend any open events at your preferred secondary schools.
- Look at each school's website and
- Think about how your child will travel to
- Check the admission criteria of the schools.
- Does your child meet the criteria? Distance from the school is an important
- Remember to list six different secondary schools you would like your child to attend and put them in order of preference.

Applying for 6 schools gives you child the best chance of getting a school that you want. List the schools in order of preference when you apply and if a place is available at more than one school, you will be offered the highest one

Don't Delay. Apply Today!





At Heath Mount Primary School, we promote children's rights in all areas of our curriculum. We want to ensure that ALL children understand their rights so that they are healthy, happy and safe.

Look at the articles below and talk about what they mean.



UNICEF Rights Respecting Schools Article 38 - Protection in war

"Governments must not allow children under the age of 15 to take part in war or join the armed forces. Governments must do everything they can to protect and care for children affected by war and armed conflict."



UNICEF Rights Respecting Schools Article 39 - Recovery and Reintegration

"Children who have experienced neglect, abuse, exploitation, torture or who are victims of war must receive special support to help them recover their health, dignity, self-respect and social life."

Exploring Article 38 & 39 - What does peace mean to you?

Did you think of these?

- Feeling calm, quiet, still
- Feeling safe wherever you are (in school, at home, in your community)
- Knowing you can trust the people around you
- · Living in harmony with others
- · Being the person you want to be without fear
- · Supporting others who need help
- · Living in a world without conflict or violence
- Living in a world where people respect and value each other
- No discrimination
- A just and fair government you can trust
- Living in an inclusive community without racism or hate
- · Acting in a way that helps others to feel calm and happy





Safeguarding at Heath Mount Primary School

Please see the safeguarding page on our school website: Safeguarding – <u>Heath Mount Primary School (excelsiormat.org)</u>

At Heath Mount Primary School safeguarding children is of paramount importance. We have 5 Designated Safeguarding Leads (DSLs) who can be contacted by parents should they have a safeguarding concern. If you have safeguarding concerns about a child, please email school using the following email address: **enquiry@heathmount.excelsiormat.org**. Our DSLs are:





Meet your safeguarding team:



Mrs Samuel Headteacher, SENCO & Lead DSL



Miss Taylor Pastoral Manager Deputy DSL



Mrs Yafai HLTA Deputy DSL



Mrs Smith HLTA Deputy DSL



Miss Brook Teacher Deputy DSL



Miss Bi Office Managei DSO



Contact details

Monday to Thursday: 8:45am to 5:15pm Friday: 8:45am to 4:15pm Telephone: **0121 303 1888**

Emergency out-of-hours

Telephone: 0121 675 4806

The Children's Advice and Support Service (CASS) provides a single point of contact for professionals and members of the public who want to seek support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact us. We will listen, assess your concerns, and can take action if a child is at risk.

NSPCC Cruelty to children must stop. FULL STOP.

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact

It doesn't have to be an emergency — you might be looking for guidance and support on issues affecting children. Whatever it is you're worried about, our dedicated child protection specialists will be able to advise and take any necessary action.

Whatever your wony — call us on <u>0808 800 5000</u>, email <u>help@NSPCC.org.uk</u>, or <u>submit our online form</u> — we can help. We also have advice about <u>spotting the signs of abuse</u>.

Due to an increase in demand across our service, our voice Helpline is currently operating between the hours of 10am-4pm on Monday to Friday. However, you can email help@NSPCC org.uk at any time. It's free and you don't have to say who you are. If you think a child is in immediate danger, please call the police on 999 straight away.





