

HEATH MOUNT PRIMARY SCHOOL



NEWSLETTER



19th September 2025

Dear Parents/Carers,

We've had another good week in school, and it's been wonderful to see the children continuing to settle in and engage with their learning.

A big thank you to all the parents and carers who attended our EYFS and KS1 phonics and reading workshops this week. It was lovely to see so many of you, and we hope you found the sessions helpful. The children really enjoyed sharing their learning with you - it means a lot to them.

Today, you'll be receiving curriculum overviews for each year group. These will give you a clear picture of what your child will be learning this term and how you can support them at home.

A reminder that our E-Safety Workshop will take place on Monday 22nd September, with sessions at 9.30am and 2.30pm. Please do join us for this important event to help keep our children safe online.

Finally, please take a moment to read our safeguarding message and refer to the safeguarding poster attached. Keeping our children safe is always our top priority.

Thank you for your continued support. It's lovely to be back and we're looking forward to a fantastic term ahead.

Have a great weekend!

Mrs Samuel

Times of the School Day
Please remember: School starts for all children at 8:35am.

School finishes at 3:15pm (Reception) and 3:20pm (Years 1 - 6).
School finishes for all pupils at 1pm every Friday. Please make sure that you arrive and collect your child on time every day.



PE TIMETABLE



Monday - 1B and Year 5

Tuesday - 1PB and 6JB

Swimming - 6B

Wednesday - 2RZ and Year 3

Thursday - 2Z and Year 4

Friday - Reception

Children to wear their PE kits to school on their PE days

Heath Mount Absence Policy



What **YOU** must do:

- Telephone the school on 0121 464 1691 before 8.30am each day of your child's absence.
- Tell the school in advance, of any medical appointments and bring in appointment cards/letters.
- If you are not sure whether your child is well enough to attend school, send them in anyway as they often perk up on arrival.
- Have a backup plan for if your child misses transport, call on a family member, neighbour or friend.
- If you and your child are experiencing difficulties with school attendance then talk to us as a first step so we can help!

What **WE** will do:

- Check your child's attendance every day.
- Phone home to discuss your child's attendance with you.
- Invite you into school for attendance meetings if we are concerned.
- If we cannot establish a reason for absence, then we may make a welfare home visit.



Breakfast Club

Breakfast Club is open from 7:45am-8:20am each day. If you would like your child to attend Breakfast Club, places must be booked and paid for in advance on Arbor. The cost for your child to attend Breakfast Club will be £1 per session.

Payment must be submitted in advance otherwise your child will not be able to attend Breakfast Club.



School Meal Costs

Arbor

School meals must be paid for children in Year 3 and above (unless your child qualifies for Free School Meals).

School meal costs are £3.00 per day/ £15.00 per week.

Payment must be submitted on the Arbor App.

If you are required to pay for your child's school lunches you will need to credit your Arbor account with a balance to ensure that your account does not go into debt. We suggest paying weekly, monthly or termly in advance to keep the account in credit and avoid accumulating a dinner debt.



Dates For Your Diary



Monday 22nd September - E-Safety Workshop for Parents at 9:00am and 2:30pm

Tuesday 23rd September - Key Stage 2 Workshop at 9:00am

Wednesday 24th September - Year 4 Stay & Read - 8:35 - 9:00 - Lower Hall

Thursday 25th September - School Photograph Day

Monday 29th September - Year 5 visit to Mary Arden's farm

Tuesday 30th September - Year 3 Stay & Read - 8:35 - 9:00 - Lower Hall

Thursday 2nd October - Year 2 Birmingham walking tour

Wednesday 8th October - Year 6 visit to The Temple

Thursday 9th October - Whole School Open Day - 9:30am and 5:00pm

Thursday 9th October- Year 2 Stay & Read - 8:35 - 9:00 - Lower Hall

Tuesday 14th October- Year 1 Stay & Read - 8:35 - 9:00 - Lower Hall

Thursday 16th October- Reception Open Day - 9:30am and 5:00pm

Monday 27th October - Friday 31st October - Half Term

Monday 3rd November - Staff Inset Day - School closed for pupils

Tuesday 4th November - School re-opens for pupils

STAR OF THE WEEK

YEAR 1

Halimah and Michelle

Anwar and Ayaan

YEAR 2

Mohammed and Ayaan

Ihsaan and Muqadas

YEAR 3

Arden and Arwa

Luqman and Maureen

YEAR 4

Yusuf and Leyanna

Yousef and Abdiquduus

YEAR 5

Renad and Layth

Amat and Hawwa

YEAR 6

Macie-Leigh and Jannatul

Joshua and Dareen

WINNER

HOT CHOCOLATE FRIDAY

Well done to all the children who have been nominated.
This week's winners are:

GOLDEN TICKET
WINNER

Basmah - Year 5

YEAR 1

Bilal

YEAR 3

Maureen

YEAR 4

Malakai

YEAR 5

Aisha and Abdullah

YEAR 6

Abdul-Haseeb

ATTENDANCE

SUPERHEROES OF THE WEEK

21
92.9%



6B
91.9%



30
100%



BE AN ATTENDANCE HERO

Here Everyday Ready Ontime

OUR EXCELSIOR VALUES



EACH WEEK, OUR STAFF CHOOSE A CHILD WHO HAS DEMONSTRATED ONE OR MORE OF OUR EXCELSIOR VALUES IN AN EXCEPTIONAL WAY.

THIS WEEK, WE ARE CELEBRATING OUR ORACY CHAMPIONS

YEAR 1

BILAL AND ZOE

YEAR 2

MIKHAIL AND HALEEMA

YEAR 3

ALAYNA, ZAIDEN, KHLOE AND LAYAN

YEAR 4

MOUSTAPHA AND HALEEMA

YEAR 5

TURAAB AND IBRAHIM

YEAR 6

ZAKARIYYA AND REILLY

WEEK ONE

MONDAY

Mains

Chicken Makhani
Vegetable Makhani (V)

Battered Fish,
with Potato Wedges

Accompaniments

Boiled Rice, Naan Bread
& Veg of the Day

Dessert

Ice Cream
Fresh Fruit/Yoghurt

TUESDAY

Mains

Beef Ragù, with Penne
Pasta & Garlic Slice

Cheese, Vegetable
& Potato Hash (V)

Accompaniments

Herby Diced Potatoes
& Veg of the Day

Dessert

Strawberry
Mousse Cheesecake
Fresh Fruit/Yoghurt

WEDNESDAY

Mains

Chicken Sausage,
with Onion Gravy

Fishless Fingers with
Lemon Wedge &
Tartar Sauce (V)

Accompaniments

Mashed Potatoes
& Veg of the Day

Dessert

Chocolate Concrete
with Pink Custard
Fresh Fruit/Yoghurt

THURSDAY

Mains

Cottage Pie

Vegetable Spring Rolls
with Oriental Noodles (V)

Accompaniments

Veg of the Day

Dessert

Iced Lemon Doughnuts
Fresh Fruit/Yoghurt

FRIDAY

Mains

BBQ Chicken Pizza

Margherita Pizza (V)

Accompaniments

Chipped Potatoes
& Veg of the Day

Dessert

Oat Cookie
Fresh Fruit/Yoghurt

Heath Mount Primary Menu

Available Daily

 Fresh Salad Cart

 Jacket potato
and Fillings



COOMBS
CATERING PARTNERSHIP

WEEK TWO

Mains

Chicken Pasta Bake
Vegetable Pasta Bake (V)
with Garlic Bread

Sea Stars, with Lemon
Wedge & Tartar Sauce

Accompaniments

Pomme Noisette &
Veg of the Day

Dessert

1/2 Belgian Waffle
with Toffee Sauce
Fresh Fruit/Yoghurt

Mains

Chicken Jambalaya
Vegetable Jambalaya (V)
with Herb Flatbread

Battered Chicken Fillet

Accompaniments

Sauté Potatoes &
Veg of the Day

Dessert

Chocolate & Beetroot
Brownie with Custard
Fresh Fruit/Yoghurt

Mains

Beef Lasagne
Vegetable Lasagne (V)
with Garlic Slice

Chicken/Quorn
Sausage Hot Dog (V)

Accompaniments

Pomme Noisette &
Veg of the Day

Dessert

Pancakes with Fruit
or Toffee Drizzle
Fresh Fruit/Yoghurt

Mains

Sweet N' Sour Chicken
Vegetable Samosa,
with Curry Sauce (V)

Fish Fingers, with Lemon
Wedge & Tartar Sauce

Accompaniments

Boiled Rice, Potato Wedges
& Veg of the Day

Dessert

Schooldays Tray Bake
Fresh Fruit/Yoghurt

Mains

Chicken Tikka Pizza
Margherita Pizza (V)

Accompaniments

Chipped Potatoes
& Veg of the Day

Dessert

Chocolate Cornflake Cake
Fresh Fruit/Yoghurt

WEEK THREE

Mains

Creamy Chicken &
Sweetcorn Pasta Bake
Macaroni Cheese (V)

Accompaniments

Garlic Slice &
Veg of the Day

Dessert

Vanilla & Raspberry
Ice Cream Cake
Fresh Fruit/Yoghurt

Mains

Spicy Lamb Burger
Vegetable Burger (V)

Accompaniments

Paprika Sauté Potatoes
& Veg of the Day

Dessert

Lemon Drizzle Cake
Fresh Fruit/Yoghurt

Mains

Chicken Kebab
Vegetable Curry (V)

Accompaniments

Rice, Naan Bread &
Veg of the Day

Dessert

Toffee & Blueberry Muffin
Fresh Fruit/Yoghurt

Mains

Beef Tacos
Vegetable Tacos (V)

Accompaniments

Battered Fish
Herb Diced Potatoes
& Veg of the Day

Dessert

Carrot Cake
Fresh Fruit/Yoghurt

Mains

Cajun Chicken Pizza
Margherita Pizza (V)

Accompaniments

Chipped Potatoes &
Veg of the Day

Dessert

Chocolate Chip Cookie
Fresh Fruit/Yoghurt

W1: 1/9, 22/9,
13/10, 10/11, 1/12
W2: 8/9, 29/9,
20/10, 17/11, 8/12
W3: 15/9, 6/10,
3/11, 24/11, 15/12

ALLERGEN INFORMATION: MENU DESCRIPTIONS
MAY NOT LIST EVERY INDIVIDUAL INGREDIENT.
WE ARE AWARE OF THE PRESENCE OF ALLERGENS
REQUIRING LABELLING, SO PLEASE ASK A
MEMBER OF THE CATERING TEAM SHOULD YOU
REQUIRE ANY MORE DETAILS. VEGETARIAN
OPTIONS ARE INDICATED BY THE SYMBOL (V).

Attention Year 6 Parents/Carers!

It's time to apply for a secondary school place!



You'll need to submit your application by

31 October 2025

Go to

www.birmingham.gov.uk/schooladmissions
to get started

My top 6 schools are :

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Dates to remember!

September

1st

**1 September 2025:
Applications open**

October

31st

**31 October 2025:
Applications close**

March

2nd

**2 March 2026:
Offer Day**

Applying for 6 schools gives you child the best chance of getting a school that you want. List the schools in order of preference when you apply and if a place is available at more than one school, you will be offered the highest one on your list.

Choosing a secondary school:

Hints & Tips

- Don't leave it too late - You are likely to miss out on the school place you want if you apply late. **Deadline is 31st October 2025.**
- Attend any open events at your preferred secondary schools.
- Look at each school's website and prospectus.
- Think about how your child will travel to school.
- Check the admission criteria of the schools.
- Does your child meet the criteria? Distance from the school is an important factor.
- **Remember to list six different secondary schools you would like your child to attend and put them in order of preference.**



Don't Delay. Apply Today!



www.birmingham.gov.uk/schooladmissions



At Heath Mount Primary School, we promote children's rights in all areas of our curriculum. We want to ensure that ALL children understand their rights so that they are healthy, happy and safe.

Look at the articles below and talk about what they mean.



UNICEF Rights Respecting Schools **Article 38 - Protection in war**

“Governments must not allow children under the age of 15 to take part in war or join the armed forces. Governments must do everything they can to protect and care for children affected by war and armed conflict.”



UNICEF Rights Respecting Schools **Article 39 - Recovery and Reintegration**

“Children who have experienced neglect, abuse, exploitation, torture or who are victims of war must receive special support to help them recover their health, dignity, self-respect and social life.”

Exploring Article 38 & 39 - What does **peace** mean to you?

Did you think of these?

- Feeling calm, quiet, still
- Feeling safe wherever you are (in school, at home, in your community)
- Knowing you can trust the people around you
- Living in harmony with others
- Being the person you want to be without fear
- Supporting others who need help
- Living in a world without conflict or violence
- Living in a world where people respect and value each other
- No discrimination
- A just and fair government you can trust
- Living in an inclusive community without racism or hate
- Acting in a way that helps others to feel calm and happy

Safeguarding at Heath Mount Primary School

Please see the safeguarding page on our school website:
Safeguarding – [Heath Mount Primary School \(excelsiormat.org\)](http://Heath Mount Primary School (excelsiormat.org))

At Heath Mount Primary School safeguarding children is of paramount importance. We have 5 Designated Safeguarding Leads (DSLs) who can be contacted by parents should they have a safeguarding concern. If you have safeguarding concerns about a child, please email school using the following email address: enquiry@heathmount.excelsiormat.org. Our DSLs are:



Meet your safeguarding team:



Mrs Samuel
Headteacher,
SENCO &
Lead DSL



Miss Taylor
Pastoral Manager
Deputy DSL



Mrs Yafai
HLTA
Deputy DSL



Mrs Smith
HLTA
Deputy DSL



Miss Brook
Teacher
Deputy DSL



Miss Bi
Office Manager
DSO



BIRMINGHAM CHILDREN'S TRUST

Contact details

Monday to Thursday: 8:45am to 5:15pm
Friday: 8:45am to 4:15pm
Telephone: 0121 303 1888

Emergency out-of-hours

Telephone: 0121 675 4806

The Children's Advice and Support Service (CASS) provides a single point of contact for professionals and members of the public who want to seek support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact us. We will listen, assess your concerns, and can take action if a child is at risk.

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us



It doesn't have to be an emergency — you might be looking for guidance and support on issues affecting children. Whatever it is you're worried about, our dedicated child protection specialists will be able to advise and take any necessary action.

Whatever your worry — call us on 0800 800 5000, email help@NSPCC.org.uk, or [submit our online form](#) — we can help. We also have advice about [spotting the signs of abuse](#).

Due to an increase in demand across our service, **our voice Helpline is currently operating between the hours of 10am-4pm on Monday to Friday**. However, you can email help@NSPCC.org.uk at any time. It's free and you don't have to say who you are. If you think a child is in immediate danger, please call the police on [999](tel:999) straight away.

