HEATH MOUNT PRIMARY SCHOOL NEWSLETTER

20th November 2026

Dear Parents/Carers,

Thank you to everyone who supported our Odd Socks Day on Monday as part of Anti-Bullying Week. This is such an important event and helps to promote kindness, respect and inclusion throughout our school community.

Thank you also to the parents and carers who attended this week's coffee morning and contributed to the discussion. We hope you found the information about social media useful and informative.

The children at Heath Mount always enjoy a cake sale, and we are grateful for your generous contributions. The funds raised will help us purchase resources and items that will benefit all children.

Attendance continues to be positive. Please continue to support your child by ensuring they attend school every day and arrive on time.

We are proud to announce that this year, we will be taking part in The Shoebox Appeal to support children in struggling communities. We will be filling 1 box per class to donate. Please see the leaflet within this newsletter for a list of items that you can donate to this fantastic appeal. If you could donate just 1 item, it would make all the difference. All donations must be given to school by **Wednesday 25th November**.

Have a lovely weekend.

Mrs Samuel





Stay in touch: enquiry@heathmount.excelsiormat.org 0121 464 1691 www.heathmount@excelsiormat.org

HEATH MOUNT PRIMARY SCHOOL

The Heath Mount WRAP AROUND CLUB



WHEN?

Monday – Thursday
From **3:30pm** until **5:30pm**

COST

£5.00 per session per child.

Children from **Reception to Year 6** are welcome to join the fun, make new friends and have a place to relax.

Lots of fun activities everyday for all ages.

WHAT'S ON AT WRAP AROUND CLUB?

We offer theme-based activities, including:

- Theme-based Arts and Crafts
- Baking
- Board Games
- Football
- Movies
- Just Dance
- ...and much more!

After school snacks provided.

HOW TO BOOK

To make a booking, please visit the **Arbor app** and select the **Wraparound Club** option. Alternatively, you can submit a payment by credit card at the school office.

Arbor

SCHOOL OFFICE

HEATH MOUNT
PRIMARY SCHOOL

WINTER FAYRE

16th December 2026



Game stalls & activities



Refreshments



Raffle prize



A chance to meet Santa!

All the community are welcome!

Parents, carers and family members, please come at your child's allocated time.

HEATH MOUNT
PRIMARY SCHOOL

Winter Fayre

All donations are warmly welcome!

Raffle Prizes Needed!

We are collecting donations to create our special Winter Hamper for the raffle!

Here are some ideas of items you could donate:



An assortment of festive chocolates



Candles



Cosy socks or scarves



Biscuits and treats



Winter bath and body products



Festive children's books



Christmas or winter decorations



Other gifts and goodies

Even a small donation can make a big difference!

Let's work together to make our Winter Fayre extra special!

Thank you for your support!

Small donation
A big difference
Thank you!


Cool Treats Brighter Days!
NON-SCHOOL UNIFORM DAY
Friday 27th November
Same Great Children Just Different Clothes!
Wear your favourite non-uniform clothes!
Bring in £1 and get a Tip Top!
Tip Top
Tip Top
Tip Top
Tip Top
Tip Top
Enjoy a delicious freeze pop and help support school fundraising!
£1 = 1 TIP TOP!
HAVE FUN
BE KIND
MAKE A DIFFERENCE
Small donation
Big smiles
Stronger together
Heath Mount Primary School
Thank you for your support!
TOGETHER FOR A BRIGHTER TOMORROW


SANTA'S GROTTO
Wednesday 16th December
A magical Christmas experience for all children!
Believe in the magic
Kindness makes Christmas brighter
Together we make special memories
SANTA'S GROTTO
Come and meet Santa in his magical grotto!
£3
Meet Santa
Receive a gift
£5
Meet Santa
Receive a gift
Receive a framed photo with Santa
A beautiful framed photo to treasure!
Take Home a Special Memory!
Santa can't wait to see you!
Bringing the Festive Fun to School!
Heath Mount Primary School
Together for a brighter tomorrow



Shoebox Appeal

Changing Lives, one box at a time...

Because of you, children in struggling communities experience excitement, surprise, and the warmth of knowing someone cares.



Drop Off Location
Check on our website or speak to the person who gave you this leaflet

"When you pack a shoebox, you become part of a child's story of hope. Please join us again this year, your gift truly makes a difference."
Simon Cooke - Shoebox Project Manager

£3.50
Suggested Donation per box



Gemma Hunt Ambassador

teams4u.com
01978 310110
info@teams4u.com

@teams4uthecharity
@teams4u
@teams4ucharity

What to do:
1.Use our Flat-pack OR Find an empty shoebox. Wrap the lid and box separately if needed.
2.Boy, Girl or Home? Choose who you'd like your box to go to and fill out the label. Stick the label to the front of your shoebox.
3.Personalise your shoebox – take a look at the list of gift ideas in this leaflet. More ideas are also available online.
4.Make your donation – Online at teams4u.com or fill in the form in this leaflet and put it in the envelope provided along with the recommended donation of £3.50 and place inside your shoebox. This donation helps us to get the shoebox to the children.
5.Close the box with an elastic band.
6.Drop off your shoebox – Find your nearest drop off point at teams4u.com

WHAT CAN GO IN MY SHOEBOX?

Please choose a selection of items from those suggested below (more ideas are available on our website) but please do not include anything from the 'NO' list. Items should be **new**, however pre-loved items in good condition are acceptable.

For boys or girls:
Toothbrush & toothpaste, hair accessories/brush, soap & face cloth, stationery & paper, gloves, hat & scarf, new socks/underwear, a soft toy, game, puzzle, small musical instruments, toy vehicles, small ball, sweets (use by date from June), a photo and message from yourself.

The Home box:
Candles, cooking utensils, plastic containers, t-towels, washing up cloths, hairbrush, small toiletries, bowls & cups, small decoration, soap, clothes pegs, headscarves, new socks and underwear, jewellery, new makeup.

NO:
Food (only exception is sweets), medicines, military themed items, anything highly flammable, sharp items, novels. No sanitary items in shoeboxes although they can be sent out separately. Looking for more ideas, visit teams4u.com

Boy
- ☐ 3-5 years
- ☐ 6-11 years
- ☐ 12+ years

Girl
- ☐ 3-5 years
- ☐ 6-11 years
- ☐ 12+ years

Home
☐

T4U

I would like to help change children's lives

I enclose my donation of £ _____

Title: _____

Your name (first and last): _____

First line of your address: _____

Postcode: _____ **Date:**.....

If you wish to pay direct to Teams4U our bank details are:
Sort Code. **08-92-99**
Account Number: **67275881**
Please select Business Account and the name Teams4U The Charity.

Signature.....

Increase the value of your donation by 25%if you are a UK tax payer. The value of your donation can be increased by a quarter with no added cost to you. Please tick the box below to join the Gift Aid scheme. I am a UK taxx payer. I understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on my donations I must pay the difference. Please let us know if your tax status changes.

☐ Yes, I would like Teams4U to claim Gift Aid on this donation, as well as any future donations and any donations made in the past four years.

☐ I do not wish to or are unable to Gift Aid this donation.

Teams4U is a registered charity No. 1114131
@2021 Teams4U

HEATH MOUNT PRIMARY SCHOOL

DIARY DATES

School Events



Wednesday **25th Nov**	**Flourish Together Parents' Workshop** Time: 1:00 Location: The Community Hub
Friday **27th Nov**	**Year 2 Live lesson for Parents** Time: 9:00 Location: Year 2 Classrooms
Friday **27th Nov**	**Non Uniform Day** £1 Donation
Tuesday **1st Dec**	**Key Stage 2 Movie Night** Time: 3:30 - 5:15 Location: Lower Hall
Thursday **3rd Dec**	**Reception & Key Stage 1 Movie Night** Time: 3:30 - 5:15 Location: Lower Hall
Friday **4th Dec**	**Year 1 Live lesson for Parents** Time: 9:00 Location: Year 1 Classrooms
Tuesday **8th Dec**	**Parents Evening** Time: 3:30 - 5:45 Location: Classrooms
Tuesday **8th Dec**	**EYFS Nativity Performance** Time: 9:15 am and 2:15pm Location: Top Hall
Wednesday **9th Dec**	**Parents Evening** Time: 3:30 - 5:45 Location: Classrooms
Tuesday **15th Dec**	**School Pantomime** Location: Top Hall
Wednesday **16th Dec**	**The Winter Fayre**
Friday **18th Dec**	**Last Day of Term** School closes at 1pm for the Christmas break.

HEATH MOUNT PRIMARY SCHOOL

AUTUMN PARENTS' EVENING

Heath Mount Primary School

Come and celebrate your child's learning and progress with us!

Tuesday
8th December 2026
3.30pm - 5.45pm

Wednesday
9th December 2026
3.30pm - 5.45pm

What to expect

- View your child's work
- Discuss progress and achievements
- Meet with your child's class teacher
- Ask questions and share any concerns



Book your appointment on the Arbor App

Arbor



Appointments are 10 minutes long and must be booked through the Arbor App.

1. Open the Arbor App
2. Click on Guardian Consultations
3. Select the time you would like to meet with your child's teacher

Every effort will be made to give you an appointment in the slot requested but please note that appointments will be dealt with on a first come, first served basis.

Booking deadline

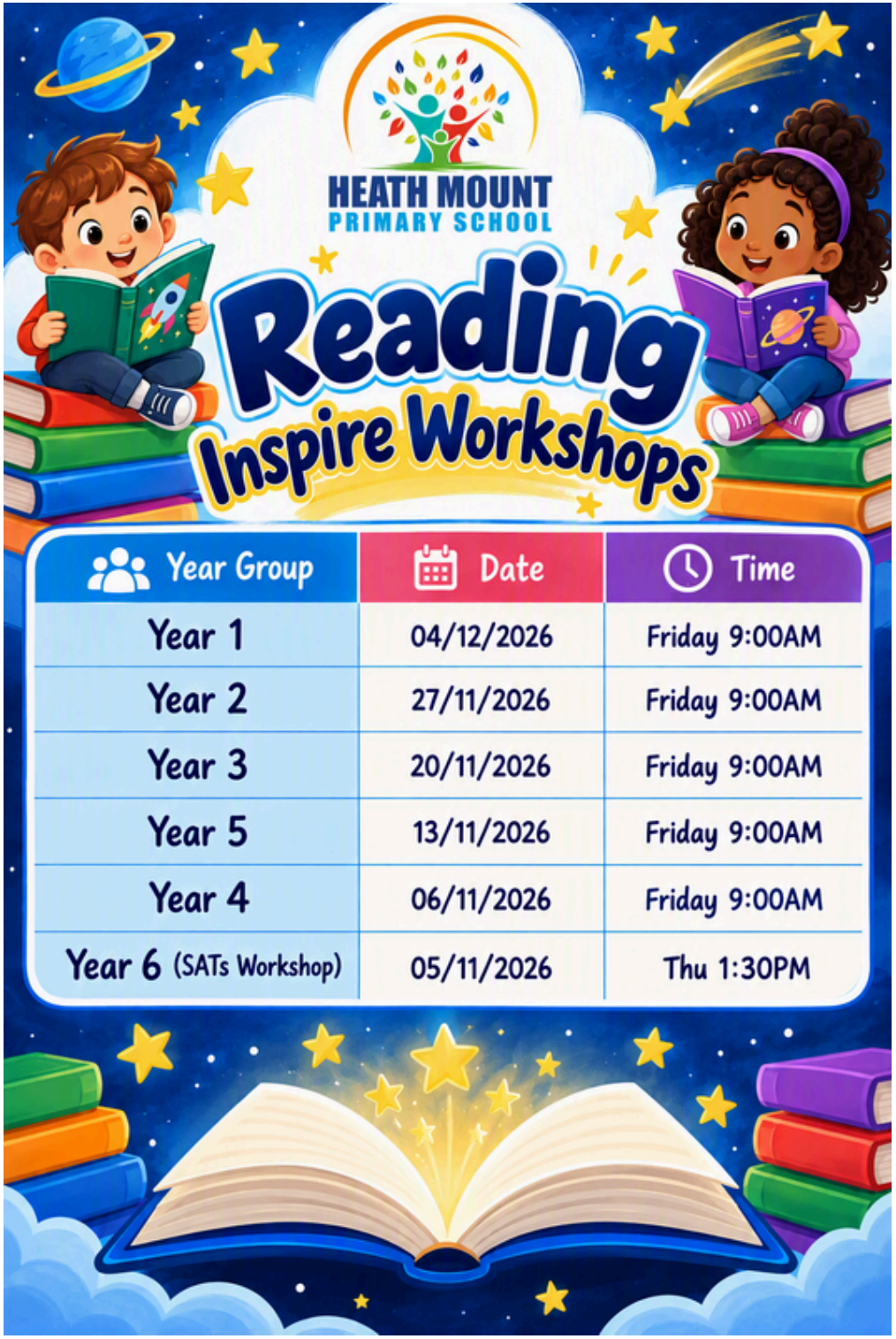
Friday 4th December 2026
Please ensure your appointment is booked before this date.

Need help?

If you require any help with the booking, please contact the school office and they will be able to talk you through it.

0121 464 1691
enquiry@heathmount.excelsiormat.org

We look forward to seeing you!



Year Group	Date	Time
Year 1	04/12/2026	Friday 9:00AM
Year 2	27/11/2026	Friday 9:00AM
Year 3	20/11/2026	Friday 9:00AM
Year 5	13/11/2026	Friday 9:00AM
Year 4	06/11/2026	Friday 9:00AM
Year 6 (SATs Workshop)	05/11/2026	Thu 1:30PM

HEATH MOUNT
PRIMARY SCHOOL

KEY STAGE 2 MOVIE NIGHT



TUESDAY 1ST DECEMBER

3.30pm until 5:15pm

★ £3 PER TICKET ★

TICKETS MUST BE PURCHASED IN ADVANCE

TICKET TICKET

HEATH MOUNT
PRIMARY SCHOOL

RECEPTION & KEY STAGE 1 MOVIE NIGHT



THURSDAY 3RD DECEMBER

3.30pm until 5:15pm

★ £3 PER TICKET ★

TICKETS MUST BE PURCHASED IN ADVANCE

TICKET TICKET

FRED'S ATTENDANCE SUPERHEROES OF THE WEEK

HEATH MOUNT PRIMARY SCHOOL

1Z 98.9%

4A 100%

WELL DONE

5Z 98.2%



HERE EVERYDAY

READY

ON TIME

ORACY CHAMPIONS OF THE WEEK

HEATH MOUNT PRIMARY SCHOOL

Excelsior Multi Academy Trust

EACH WEEK, OUR STAFF CHOOSE A CHILD WHO HAS DEMONSTRATED THEIR ORACY SKILLS IN AN EXCEPTIONAL WAY.

ORACY CHAMPIONS

RECEPTION	Kehlani
YEAR 1	Zayaan and Tareeq
YEAR 2	Michelle
YEAR 3	Harris and Ibrahim
YEAR 4	Mohammed and Layan
YEAR 5	Meesum and Aisha

STAR of the week

Reception	Rayan
Year 1	Aairah and Laila
Year 2	Maya and Joanna
Year 3	Umar, Aalaa and Redone.
Year 4	Sarah and Inaya. Nehal and Inaaya.
Year 5	Musa and Ouais. Natane and Ammani.
Year 6	Zakarriyah, Hawwa and Amaan.

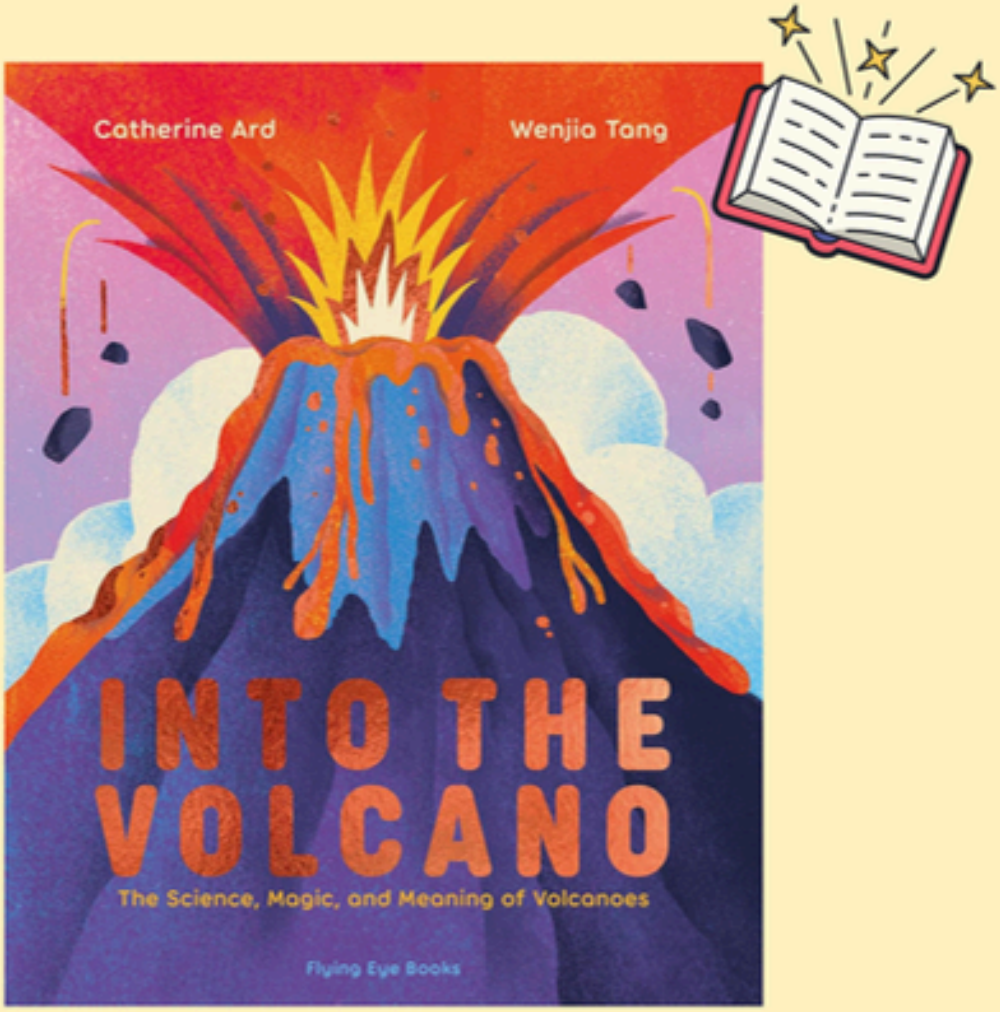
Hot Chocolate Friday

Well done to all of the children who were nominated.

This week's winners are:

Reception	Dean
Year 1	Tareeq
Year 2	Manaal
Year 4	Lano
Year 5	Yassin and Musa
Year 6	Zakariyya

This week's book recommendation



Into the Volcano is a fascinating non-fiction book that explores the science, history and cultural significance of volcanoes around the world. Packed with stunning illustrations and amazing facts, it explains how volcanoes shape our planet and have inspired stories, beliefs and discoveries throughout history.

FREE WOMEN'S TENNIS SESSIONS

LTA Tennis Foundation

säheli hub

DROP-IN AND JOIN OUR WOMEN ONLY TENNIS SESSIONS!



- Meet other local women
- Equipment provided
- Improve fitness and wellbeing
- Build confidence
- Make new friends

STARTS

TUESDAY 17TH NOVEMBER 2026

EVERY TUESDAY

10:30 AM - 11:30 AM

AT

HEATH MOUNT SCHOOL

KNUTSFORD ST, BALSALL HEATH, B12 9SR

(UPPER HALL)

DROP-IN AND JOIN OUR WOMEN ONLY TENNIS SESSIONS!

Whether you're completely new to tennis or have played before, everyone is welcome to come along and give it a try in a friendly and supportive environment.

ALL LEVELS WELCOME. AGED 14+ YEARS

www.saheli.co.uk

COOKING WORKSHOPS | NHS DIABETES SUPPORT

WISE

Women's Information, Support and Education for Diabetes

Family Wellbeing Zone
Formally: Sparkbrook Children's Zone

Are You Worried About Diabetes?

Week 1	Week 2	Week 3
9:30am - 10:30am	9:30am - 11:30am	9:30am - 11:30am
3rd December	10th December	17th December
The Muath Trust, B11 1AR	The Muath Trust, B11 1AR	The Muath Trust, B11 1AR

A FREE 3-week course including cooking sessions, optional Health Checks, and personalised diabetes health advice

Available For:

- Local women
- Aged 18-45
- If you are diabetic or worried about your weight
- We welcome women with additional support needs



How Do I Join?
Scan the QR code or follow the link below to register

We will be in contact to confirm your attendance and share more information about the course

Registration Form:

WISE

Freebies!

Referral Link: https://forms.cloud.microsoft/e/NLEgfTChrW

Contact Us
E: familywellbeingzone@greensquareaccord.co.uk
W: www.familywellbeingzone.org.uk

NHS | Green Square Accord | Hall Green Neighbourhood Network Scheme



COOMBS

Heath Mount Weekly Menu

WEEK 3- 14/9, 5/10, 2/11, 23/11, 14/12, 18/1, 8/2

MONDAY	TUESDAY	WEDNESDAY
Beef Ragu with Penne Pasta & Garlic Slice	Classic Beef Burger in a Bun Battered Chicken Burger in a Bun	Roast Turkey with Yorkshire Pudding & Gravy
Macaroni Cheese with Garlic Slice (V)	Veggie Burger in a Bun (V)	Herb Roasted Quorn (V)
Broccoli, Cauliflower	Pomme Noisettes, Peas & Sweetcorn, Sauces	Roast Potatoes, Carrots, Green Beans
Pineapple Fingers, Orange Wedges or Apple Slices	Iced Sprinkle Sponge	Rice Pudding with Jam

THURSDAY	FRIDAY
BBQ Hunters Style Chicken Sea Stars with a Lemon Wedge	Wholemeal Chicken & Mixed Pepper Pizza
BBQ Hunters Style Quorn (V)	Wholemeal Margherita Pizza (V)
Spicy Wedges, Baby Corn on the Cob, BBQ Sauce	Chipped Potatoes, Peas
Homemade Carrot Cake	Chocolate Orange Sponge

Available Daily- Jacket Potato with a variety of fillings / Fresh salad cart / Fresh Fruit

Dashing around the christmas tree

Christmas Menu

Mains
Roast Turkey

Santa's Sage &
Chickpea Fruity Loaf (V)

Accompaniments
Roast Potatoes
Roast Parsnips
Carrots & Peas
Baby Brussels Sprouts
Sage & Onion Stuffing
Gravy

Pudding
Snowy Yule Log Traybake

Heath Mount

Thursday
17th December

HEATH MOUNT PRIMARY SCHOOL

At Heath Mount Primary School, we promote children's rights in all areas of our curriculum. We want to ensure that ALL children understand their rights so that they are healthy, happy and safe.

Look at the articles below and talk about what these articles mean.



UNICEF Rights Respecting Schools Article 9 – Keeping families together

KEEPING FAMILIES TOGETHER

"Children must not be separated from their parents against their will unless it is in their best interests (for example, if a parent is hurting or neglecting a child). Children whose parents have separated have the right to stay in contact with both parents, unless this could cause them harm."

UNICEF Rights Respecting Schools Article 20 – Children without families

CHILDREN WITHOUT FAMILIES

"If a child cannot be looked after by their immediate family, the government must give them special protection and assistance. This includes making sure the child is provided with alternative care that is continuous and respects the child's culture, language and religion."

UNICEF Rights Respecting Schools Article 21 – Children who are adopted

CHILDREN WHO ARE ADOPTED

"Governments must oversee the process of adoption to make sure it is safe, lawful and that it prioritises children's best interests. Children should only be adopted outside of their country if they cannot be placed with a family in their own country."

UNICEF Rights Respecting Schools Article 25 – Review of a child's placement

REVIEW OF A CHILD'S PLACEMENT

"If a child has been placed away from home for the purpose of care or protection (for example, with a foster family or in hospital), they have the right to a regular review of their treatment, the way they are cared for and their wider circumstances."

Exploring Articles 9, 20, 21 & 25 – Why might it not sometimes be possible for children to live with their parents?

Did you think of these?

- ll and unable to care for them.
- able to keep their children safe.
- able to provide everything a best they can be.
- change, for example there
- Parents may live separately, even in different countries.
- The child may need long term treatment or care.
- Parents may be in prison.
- Disasters or emergencies may cause a child to be separated from their family.



HEATH MOUNT PRIMARY SCHOOL

HEATH MOUNT PRIMARY SCHOOL

HEATH MOUNT WEEKLY QUIZ CHALLENGE!

QUESTION

Which piece of information should you avoid posting publicly?



A. A favourite school subject
B. Your favourite colour
C. Your favourite animal
D. Your full home address

(TURN THE NEWSLETTER UPSIDE DOWN TO READ!)

ANSWER: D - Your full home address.

DID YOU KNOW?

Your address reveals exactly where you live and should be kept private.

Stay smart. Stay safe. Be kind online.



Safeguarding at Heath Mount Primary School

Please see the safeguarding page on our school website:

Safeguarding – Heath Mount Primary School (excelsiormat.org)

At Heath Mount Primary School safeguarding children is of paramount importance. We have 6 Designated Safeguarding Leads (DSLs) who can be contacted by parents should they have a safeguarding concern. If you have safeguarding concerns about a child, please email school using the following email address: **enquiry@heathmount.excelsiormat.org**. Our DSLs are:

HEATH MOUNT PRIMARY SCHOOL

Excelsior Multi Academy Trust

Meet your safeguarding team:



BIRMINGHAM CHILDREN'S TRUST

The Children's Advice and Support Service (CASS) provides a single point of contact for professionals and members of the public who want to seek support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact us. We will listen, assess your concerns, and can take action if a child is at risk.

Contact details

Monday to Thursday: 8:45am to 5:15pm
Friday: 8:45am to 4:15pm
Telephone: 0121 303 1888

Emergency out-of-hours

Telephone: 0121 675 4806

NSPCC

Cruelty to children must stop. FULL STOP.

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us

It doesn't have to be an emergency — you might be looking for guidance and support on issues affecting children. Whatever it is you're worried about, our dedicated child protection specialists will be able to advise and take any necessary action.

Whatever your worry — call us on 0808 800 5000, email help@NSPCC.org.uk, or submit our online form — we can help. We also have advice about spotting the signs of abuse.

Due to an increase in demand across our service, **our voice Helpline is currently operating between the hours of 10am-4pm on Monday to Friday**. However, you can email help@NSPCC.org.uk at any time. It's free and you don't have to say who you are. If you think a child is in immediate danger, please call the police on 999 straight away.





