

# HEATH MOUNT PRIMARY SCHOOL

## NEWSLETTER



23RD MAY 2025

Dear Parents/Carers,

### Deputy Head teacher

We are delighted to announce that Miss Beech has been appointed as our new Deputy Head Teacher. We wish her every success in this exciting role and look forward to the positive impact she will continue to have across our school community.

### Reading

As always, we'd like to highlight the importance of reading—please keep up the great habit over the holiday! A big thank you to all Year 4 and Year 6 parents who joined us for our recent Stay and Read sessions; your support makes such a difference.

### SRE

After the break, we'll be in touch regarding letters for those wishing to withdraw from SRE lessons.

As we head into the week off, please take extra care with road safety and enjoy a restful break. We look forward to welcoming everyone back, refreshed and ready for the final half term of the year.

Miss Cross

## NOTICE

**SCHOOL WILL CLOSE AT 1PM ON FRIDAY 23<sup>RD</sup> MAY FOR THE HALF TERM BREAK. WE LOOK FORWARD TO WELCOMING EVERYBODY BACK TO SCHOOL ON MONDAY 2<sup>ND</sup> JUNE AT 8:35 AM.**

## PE TIMETABLE

Miss Cross

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
Year 5 Class 1B	Class 1PB Year 6 PE/Swimming	Year 3 Class 2RZ	Year 4 Class 2Z	Reception



# SUMMER FAYRE

## COMING SOON

**WEDNESDAY 9TH JULY**

We are looking for people who are wishing to run a stall at our summer fayre this July, if you are interested or require further information please call on 0121 464 1691 or email on [enquiry@heathmount.excelsiormat.org](mailto:enquiry@heathmount.excelsiormat.org)

**Stay in touch:**



[enquiry@heathmount.excelsiormat.org](mailto:enquiry@heathmount.excelsiormat.org)



0121 464 1691



[www.heathmount@excelsiormat.org](http://www.heathmount@excelsiormat.org)

# HEATH MOUNT HIGHLIGHTS

**HERE IS A GLIMPSE OF WHAT  
OUR WONDERFUL CHILDREN  
AND STAFF GOT UP TO THIS  
WEEK!**



The sun was out so our Year 4 musicians decided to take their djembe class outside to create their own mini music festival!



Our final stay and reads sessions of the term took place this week and once again, the turn out from our Year 4 and Year 6 parents has been exceptional. The children have thoroughly enjoyed sharing their love of reading with their families this term.



This week in Diamond Art Club, the children created a variety of wonderful, colourful animals using small diamond art pieces.



The Karaoke machine made a special appearance during lunchtime and everyone enjoyed the musical experience.



Our budding chefs created delicious, yummy chocolate chip cookies in cookery club this week.



The children in DT club have been displaying their artistic skills by designing and decorating their unique bird houses.





# Star of the Week

- Reception – Zoe and Pearl
- Year 1 – Nicole and Asfandyar Tsionawit and Waleed
- Year 2 – Miriyan and Leena Treasure and Layan
- Year 3 – Mouad S and Jenna Abeer and Taha
- Year 4 – Lina M and Roshan Ajwa and Taha
- Year 5 – Nila and Hamza Yusuf and Amani
- Year 6 – Galeleah and Diwan Gurnett and Arez

## OUR EXCELSIOR VALUES

EACH WEEK, OUR STAFF CHOOSE A CHILD WHO HAS DEMONSTRATED ONE OR MORE OF OUR EXCELSIOR VALUES IN AN EXCEPTIONAL WAY. THIS WEEK, WE ARE CELEBRATING ALL VALUES

### VALUES AWARD

- Reception – Manaal
- Year 1 – Jannat and Rabwah
- Year 2 – Zaiden and Mohammed
- Year 3 – Salima and Fatima
- Year 4 – Zainab, Jonathan, Rai-Yan, M. Abdullah
- Year 5 – Arsalan and Nada
- Year 6 – All of Year 6

## NUMBOTS



## Spelling Shed

### CHAMPIONS

### Congratulations

Sepehr

Ibrahim

Kayla

23.5.25

## HOT CHOCOLATE FRIDAY

Well done to all the children who have been nominated. This week's winners are:

- Reception - Maahir
- Year 1 – Hawa
- Year 2 – Yara
- Year 3 – Hajrah
- Year 4 – Basmah
- Year 5 - Usmaan



**WELL DONE!**

## Heath Mount School Menu

### WEEK THREE

W/C- 5/5, 2/6,  
23/6, 14/7

#### MONDAY

**Mains**  
Chicken Carbonara  
Macaroni Cheese (V)

**Accompaniments**  
Garlic Slice &  
Veg of the Day

**Dessert**  
Vanilla & Raspberry  
Ice Cream Cake  
Fresh Fruit/Yoghurt

#### TUESDAY

**Mains**  
Spicy Lamb Burger  
Vegetable Burger (V)

**Accompaniments**  
Paprika Sauté Potatoes  
& Veg of the Day

**Dessert**  
Pineapple Upside Down  
Cake & Custard  
Fresh Fruit/Yoghurt

#### WEDNESDAY

**Mains**  
Chicken Kebab  
Vegetable Curry (V)

**Accompaniments**  
Rice, Naan Bread &  
Veg of the Day

**Dessert**  
Toffee &  
Blueberry Muffin  
Fresh Fruit/Yoghurt

#### THURSDAY

**Mains**  
Beef Tacos  
Vegetable Tacos (V)  
Battered Fish

**Accompaniments**  
Herb Diced Potatoes &  
Veg of the Day

**Dessert**  
Carrot Cake  
Fresh Fruit/Yoghurt

#### FRIDAY

**Mains**  
Cajun Chicken Pizza  
Margherita Pizza (V)

**Accompaniments**  
Chipped Potatoes &  
Veg of the Day

**Dessert**  
Chocolate Chip Cookie  
Fresh Fruit/Yoghurt

#### AVAILABLE DAILY

**Fresh  
Salad Cart**

**Jacket  
potato and  
Fillings**

Allergen information: menu descriptions may not list every individual ingredient. We are aware of the presence of allergens requiring labelling, so please ask a member of the catering team should you require any more details. Vegetarian options are indicated by the symbol (V).

Well done to all the children who have been in school every day and on time.

The classes with the highest attendance in each phase group last week are as follows;

### Attendance of the Week

#### EYFS & Key Stage 1

2RZ 97.3%

#### Lower Key Stage 2

4A 94.4%

#### Upper Key Stage 2

6JB 100%

6B 100%

**Be an attendance HERO  
Here Everyday Ready Ontime**



Food

**UK DISCOUNTED FOOD PROVISION**

**More than just PANTRY**

**SUPER**

To assist with the financial difficulties caused by the current 'Cost-Of-Living' situation, for a small weekly subscription of either £4 or £5, people can purchase a weekly food shop including fresh fruit and vegetables and family favourites to stock up their cupboards and fridges. A number of our residents are currently using this excellent discount food provision.

Please visit the following website to find out the location of your local Pantry.

**food justice network.**

Birmingham, U.K.

Scan this QR code to see the Food Justice Network Map

The map will show you details of free food support and food based activities nearby to you.

Or you can type this into your browser to open the Food Justice Network Map on a webpage: <https://tinyurl.com/foodjusticemap>

Each location shown on the FJN Map is an independent provider; requirements and access information may differ for each location. Please contact the location directly with any queries

Find FREE activities at: [www.theaws.co.uk/our-activities](http://www.theaws.co.uk/our-activities)

Search 'The Active Wellbeing Society' on social media

To add/edit your food provision on the map, or for further information, please contact: [foodjusticenetwork@theaws.org](mailto:foodjusticenetwork@theaws.org)

**fjn food justice network.** **The Active Wellbeing Society**

**Footsteps SEND**

A set of 5 friendly sessions for parents and carers of children with any additional needs (e.g. Autism, ADHD, Down Syndrome, Cerebral Palsy). Topics include EHCPs, transitions, funding, routines, and sensory needs. A great chance to get support and connect with other parents facing similar challenges.

**WEDNESDAY'S 9:30- 11:30AM**

(TERM TIME ONLY)

**CRECHE SPACES AVAILABLE**

(BOOKING IN ADVANCE)

**St Pauls Trust**  
10 Malvern St  
B12 8NN

For More Information  
Call : 0121 464 6349

**FamilyHubs Birmingham** **best start for life** **forward steps** **TOGETHER ST PAULS TRUST** **The Springfield Project**

**forward steps** **GBNFC GROUP** **best start for life**

**Best Start for Life website**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>10.00am-11.30am</b> <b>Baby Group</b> Birth- 12 months The Chinnbrook Centre, B13 0ET	<b>9.30am-11.00am</b> <b>Play and Learn</b> Under 5 years Masefield community centre, B31 2HL	<b>9.30am-11.00am</b> <b>Play and Learn</b> 1-2 years St Andrews Church, B30 2RD	<b>9.30am-11.00am</b> <b>Play and Learn</b> Under 5 years Chinnbrook Centre, B13 0ET	<b>9.45am-11.15am</b> <b>Play and Learn</b> Under 5 years Stichley Baths, B30 2JT
<b>1.30pm-2.30pm</b> <b>First Words Together</b> 1-2 years Selly Oak Methodist Church, B29 6HT 5 week course 12th May-16th June (not running on 26th May)	<b>10.00am-11.00am</b> <b>Stepping Stones</b> (Referral Only) 5 week course to support parents of children in the Early Years (from birth to 5 years old) with identified or emerging additional needs. Please call for more info!	<b>1.30pm-2.30pm</b> <b>Musical Babies</b> Birth-12 Months The Chinnbrook Centre, B13 0ET (not running on 26th June)	<b>Most of our Groups are now DROP-IN GROUPS</b> No need to book just turn up! Groups with the phone symbol Please call to book on 0121 464 4189	
<b>The Chinnbrook Centre, B13 0ET</b> 23rd June- 21st July Please call to book on				

**گرم घर** **بيت الأخضر** **گرم घर** **بيت الأخضر** **گرم घर** **بيت الأخضر**

**Cut your bills - green your streets - meet your neighbours**

**Retrofit Spring Fayre**  
Balsall Heath Church Centre + 100 Mary St, Balsall Heath B12 9JU  
**Sat 31<sup>st</sup> May 11am-4pm**

**RETROFIT EXPLAINED:**  
HANDS-ON WORKSHOPS, FILMS, TALK TO EXPERTS!

**Kids & family activities ++ Stalls ++ Free veg curry!**

**RETROFIT BALSALL HEATH**

**FREE TICKETS – BOOK HERE**

**++ Bhangra dancing with Saheli ++ Step aboard the MECC purple bus ++ ++ Gardening ++ Cycling ++ BH Neighbourhood Plan ++ much more!**

**gungu deega** **gungu deega** **gungu deega** **gungu deega** **gungu deega** **gungu deega**

**ਰੇ ਘਰ** **green homes** **ਰੇ ਘਰ** **green homes** **ਰੇ ਘਰ**

**forward steps** **best start for life**

**April-July 2025**

**GBNFC Children's Centre**  
**Selly Oak Family**  
**0121 464 4189**

If you need any additional support to access our groups, please contact us.

Providing activities and support for children Birth-5 and their families

Find us at: 213 Trifford Road, B13 0ET  
on Facebook: GBNFC Children's Centre

**PLEASE CALL US FOR MORE INFORMATION ABOUT OUR OTHER SERVICES**

Breastfeeding support, Antenatal Support, Infant Feeding, Introduction to food, Solihull Approach, Cooking, Baby Massage and Family Voices.

**ALSO SEE FREE CHILDCARE FUNDING.**

**FAMILY SUPPORT**

We have a Family Support Team who are on hand to support you with:

- Low Level Housing Advice & signposting
- Low Level Debt Advice & signposting
- Domestic Abuse/ The Freedom Programme
- Parenting
- Childcare Advice
- Parental Emotional Well-Being

Call to speak to a duty worker on 0121 464 4189  
Monday-Friday 9.00am-4.00pm

**HEALTHY START VITAMINS**

You can collect your **FREE** Healthy Start Vitamins for Mother and Child from us at GBNFC Children's Centre.  
Monday- Friday 8.30am-5pm.





Be Empowered.....



Early Support Programme for SEND Parent Carers

## Be Empowered Workshops

(10.9) Online

Friday 06/06 – 11/07

10:00-13:00

Joining instructions will be sent  
when space is confirmed

(10.10) Face-to-Face/Online

Saturday 07/06 – 12/07

12:30-15:30

Oasis Academy Hobmoor, Wash Lane,  
Birmingham, B25 8FD.

Are you a parent of  
a child with special  
or additional  
needs?

Do you want to meet with other  
parents and learn more about  
local and national services and  
what they can offer?

Do you want to feel more  
confident about working with  
practitioners and making  
decisions about your child's  
journey?

We warmly invite you to a series of workshops that have been written by and are led by trainers who are parent/carers of a child with additional needs themselves.

These workshops are for parent/carers of children and young people of any age, with any additional need, with or without a diagnosis. They are an opportunity to support parent/carers through times of change and at whatever stage of the journey participants may find themselves, as well as to connect with other parents to help them to build additional connections and support networks in a positive way.


**TO BOOK – Please complete the booking form and return to:**

**[BeEmpowered@birmingham.gov.uk](mailto:BeEmpowered@birmingham.gov.uk) by Tuesday 3<sup>rd</sup> June 2025**

For more information please contact: Christine Legore on **07770762056**  
or Nathalie Messanvi on **07943364833**

## SEND Activities & Support

SEND sessions at Ackers Adventure running fortnightly. Each session is £10/person initially there will be 10 places for each session. Bookings in advance at: <https://ackers.cinolla.com/ackers/course/send-2025>



**OPEN MAC**

A weekly physical drama group for children with learning disabilities / autism, aged 9 - 14.

5:00 pm - 6:00 pm  
Every Wednesday

The MAC

Contact Us  
info@opentheatre.co.uk

**JOIN NOW!**

**ACKERS ADVENTURE 2025**

**SUMMER TERM**

**SEND SESSION EVENTS SCHEDULE**

**SKIING**  
SAT 12 MAY  
10-11.30am meet at Ackers Ski Centre

**FAN DESCENDER**  
SAT 24 MAY  
10-11.30am meet at Ackers Ski Centre

**TUBING**  
SAT 7 JUNE  
10-11.30am meet at Ackers Ski Centre

**AXE THROWING**  
SAT 21 JUNE  
10-11.30am meet at Ackers Ski Centre

**CLIMB**  
SAT 5 JULY  
10-11.30am meet at Ackers Ski Centre

**BELL BOAT**  
SAT 19 JULY  
10-11.30am meet at Ackers Ski Centre

**TO BOOK:**  
<https://ackers.cinolla.com/ackers/course/send-2025>

**ACKERS ADVENTURE 2025**

**SUMMER HOLS**

**SEND SESSION EVENTS SCHEDULE**

**SKIING**  
SAT 2 AUG  
10-11.30am meet at Ackers Ski Centre

**FAN DESCENDER**  
SUNDAY 17 AUG  
10-11.30am meet at Ackers Ski Centre

**TUBING**  
SAT 30 AUG  
10-11.30am meet at Ackers Ski Centre

**TO BOOK:**  
<https://ackers.cinolla.com/ackers/course/send-2025>



**STRIDES**

CORONATION ROAD CENTRE, CORONATION RD, SELLY OAK, B29 7DE

**SUNDAY SOCIAL CLUB**

For disabled and neurodivergent young adults aged 18-30.

- Fortnightly
- 2-5pm
- A range of different activities
- Socialise
- £10 a session
- Includes meal

Priority places for people living in Selly Oak Constituency.

Contact Becky on 07882 011295 or email [strides@parksforplay.org](mailto:strides@parksforplay.org)

**COMMUNITY FUND**

**Parks for Play**

**Live Life Laughing.**  
Doing the things you Love

The service for disabled young adults on Mondays at Parks for Play

**The Forge**  
at Coronation Rd

**Mondays 10am - 1pm**

Up to, and including, Monday July 14 except Bank Holidays April 21 and May 5 and 10

The Forge offers adults under 30 a customised experience (including cooking, carpentry, music, art and circus skills) to expand access to self-selected leisure and learning opportunities and broaden their local landscape.

£10 fee, and any donations to the Forge will be earmarked for participants to fund self-selected activities.

The Forge is supported by The National Lottery Community Fund

**COMMUNITY FUND**

**Parks for Play**

**We've moved!**

The Forge is now at Parks for Play, Coronation Road Playcentre, Coronation Road, Selly Oak Birmingham B29 7DE

7 mins walk from Selly Oak

Buses 41, 61, 53 and 76

To book a place or find out more call Sharnon on 07723201191 or email [development@childrensquarter.org](mailto:development@childrensquarter.org)

The Forge is a cooperative Childrens Quarter service with Carolina House, Dene of Equality and Parks for Play. Childrens Quarter All Saints Centre 21 Coronation Road, Birmingham B14 7RA

**autism**

**Cannon Hill Park Summer meet up**

For families of autistic children

Build friendships with like-minded individuals

Bring some toys / a picnic / what ever works best for your family. Come along and meet others in similar situations

Please book a ticket for every individual attending

**Wednesday 6th August**

Specialist autism advisors will be situated by the band stand between 10.30am - 2.30pm

Autism West Midlands take no responsibility for any of the attendees or their property, you must stay with your children

Any questions contact Amy  
[Amy@autismwestmidlands.org.uk](mailto:Amy@autismwestmidlands.org.uk)

## SEND Support

**SEND Support**

**Service Directory**

- Explore specialised local services for autistic people of all ages in Birmingham and Solihull.
- Tailored for autistic people, their families and care givers.
- Listings include family support groups, mental health services, and adult assistance.
- Co-produced in collaboration with experts by experience
- Podcasts, community events, sports activities, and programs designed specifically for autistic people.

Scan the QR code to access the Service Directory directly or visit: [www.aadirectory.co.uk](http://www.aadirectory.co.uk)

Contact us at [aaadirectory.co.uk](mailto:aaadirectory.co.uk) if you have a service you would like listed on the directory

**Landau** **Birmingham and Solihull Integrated Care System** **NHS**

**Preparation for Adulthood**

Health | Employment | Housing | Friends, Relationships and Community

If someone requires support from Preparation For Adulthood Service (PFA) and they are between 14- 25 with SEND, then PFA team can help with these 4 outcomes:

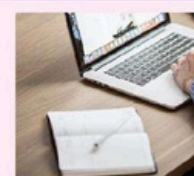
- Employability,
- Independent living,
- Emotional health and wellbeing
- Friends, relationships and community

How to contact us if you would like to make a referral or connection request to the Preparation for Adulthood Service, then please call: **0121 808 0028**.

For any other queries please visit PFA website: <https://www.birmingham.gov.uk/preparation-for-adulthood>

Scan the QR code with your smartphone camera to be diverted straight to their content page

## Special Educational Needs - Law & Legislation Update



Join us online for a SEN Law & Legislation update.

Ken Upton MBE, from talking sense, will be available for questions

Thursday 5th June

7pm - 8:00pm

Online Session (link to join will be sent out closer to the time)



Link to register -

<https://forms.office.com/e/iyvH8MYhYs>

