HEATH MOUNT PRIMARY SCHOOL NEWSLETTER

23rd October 2026



Dear Parents and Carers,

I hope you have had a wonderful week.

This week, I am incredibly proud to announce that our Heath Mount football team won the league with an impressive 8-4 victory against Parkfield. What a fantastic achievement! Well done to all of the players for their hard work, determination and team spirit.
A huge thank you to Miss Beech, Mr Ishfaq and Miss Holmes for their commitment and support in making this success possible.

Thank you also to our Year 5 children, who listened carefully and respectfully to the school nurse and learned all about the importance of good dental hygiene.

Today, a group of children represented Heath Mount at a basketball competition against other schools at Excelsior. I am pleased to announce that we came a very respectable fourth place. Well done to everyone who took part and represented our school so positively.

Thank you for all of your support with attendance this half term. We are currently at 96.7% attendance, which is a fantastic achievement. Next half term let's continue to work together to improve this even further. Every day in school counts!

Well done, everyone, and have a lovely half term break.

Mrs Samuel
Headteacher





Stay in touch: enquiry@heathmount.excelsiormat.org 0121 464 1691 www.heathmount@excelsiormat.org

HEATH MOUNT PRIMARY SCHOOL

DIARY DATES

School Events



Friday **23rd Oct**	**Last day of half term** School closes at 1pm for the half term break
Monday **2nd Nov**	**School closed** Staff Training Day
Tuesday **3rd Nov**	**School open for all pupils** Time: 8:35am
Thursday **5th Nov**	**Year 6 SATs Workshop** Time: 1:30 pm Location: Lower Hall
Thursday **5th Nov**	**Scholastic Book Fair - 5th Nov until 10th Nov** Time: 3:20 pm Location: Lower Hall
Thursday **5th Nov**	**EYFS Open Day - New Starters 2027** Time: 9:30 am and 1:30 pm
Friday **6th Nov**	**Year 4 Live lesson for Parents** Time: 9:00 Location: Year 4 Classrooms
Friday **13th Nov**	**Year 5 Live lesson for Parents** Time: 9:00 Location: Year 5 Classrooms
Friday **13th Nov**	**Children in Need Day** Non Uniform Day £1 Donation
Monday **16th Nov**	**Odd Socks Day** Wear your odd socks to support anti-bullying week
Wednesday **18th Nov**	**Parents' E-Safety Workshop** Time: 9:00 Location: The Art Room
Friday **20th Nov**	**Year 3 Live lesson for Parents** Time: 9:00 Location: Year 3 Classrooms

THIS WEEK AT HEATH MOUNT





Year 5 enjoyed a visit from the school nurse, who delivered an informative dental hygiene workshop, teaching pupils about the importance of looking after their teeth





Fred surprised the children by unveiling a sneak peek at our exciting new Attendance Shop, coming soon!





The children proudly represented Heath Mount at a basketball competition against several schools within Excelsior. We are delighted to announce that they achieved a very respectable fourth-place finish. The teams were supported by Rockets Head Coach Charles Smith, First Team Players Spencer Bain and Eric Donaldson, and Youth Coach Pete.





🏆 Congratulations to Heath Mount Primary School Football Team, who are league champions after an exciting 8–4 victory over Parkfield!







Mr Orr and the Gardening Club finished the half term on a creative high by building a magnificent scarecrow for the Heath Mount garden!



HEATH MOUNT PRIMARY SCHOOL

Children In Need Day

Friday 13th November



£1 DONATION

Come to school in your **yellow, spotty** or **Pudsey themed clothes** and raise money for a special cause.

Together we can make a difference!

HEATH MOUNT PRIMARY SCHOOL

ODD SOCKS DAY

Monday, 16th November 2026

WEAR YOUR ODD SOCKS!

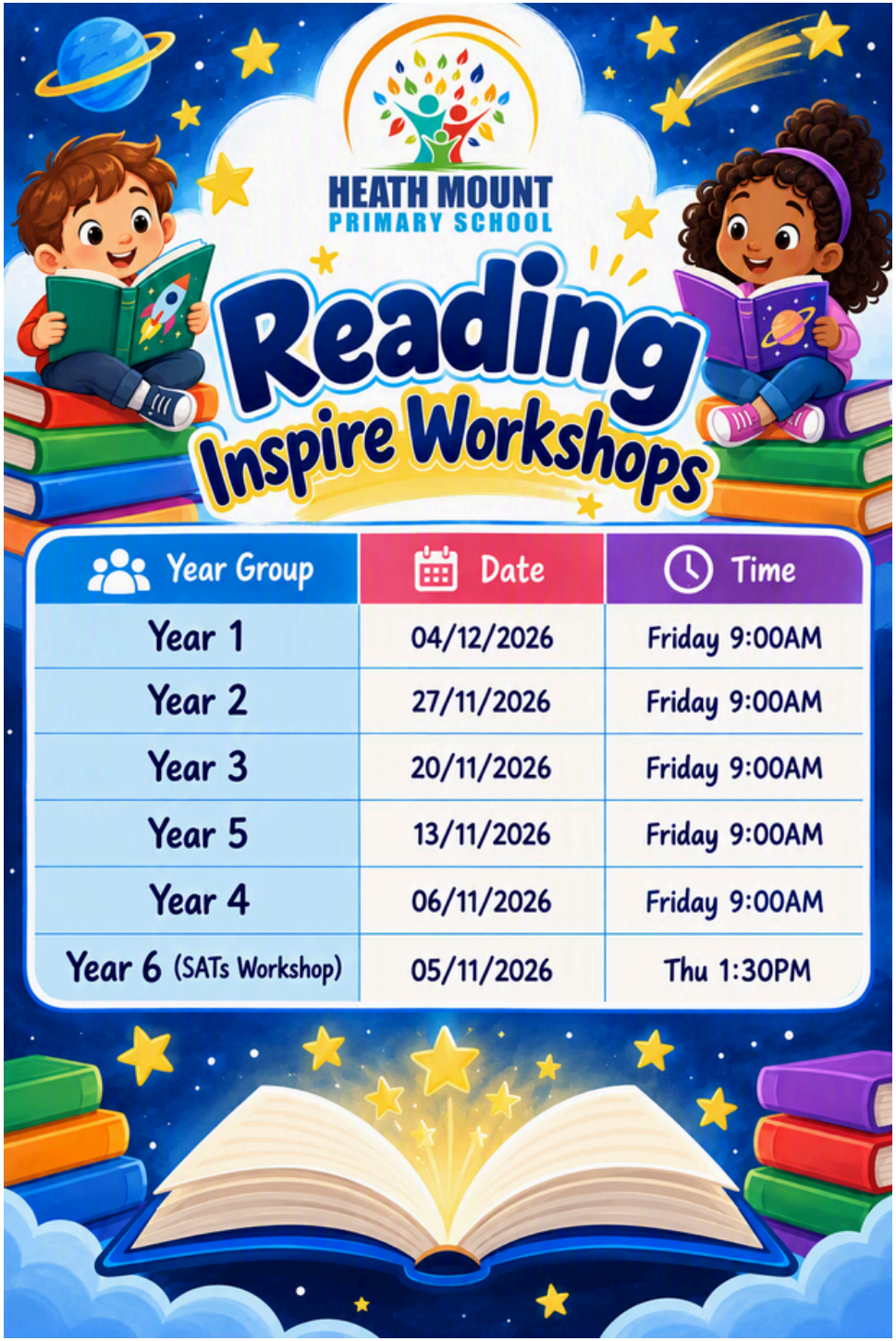
SUPPORT ANTI-BULLYING WEEK

CELEBRATE WHAT MAKES US ALL UNIQUE!



WEAR ODD SOCKS AND SUPPORT ANTI-BULLYING WEEK!


mind
Birmingham
Women's Wellbeing
with
Birmingham Mind
Tuesday 17th, 24th November,
1st December 2026
9am - 11:00am
Heath Mount School
Community Hub
with Rashida Ikhlaq
• Friendly chat & gentle well-being tips and craft activity.
• Information and advice on mental well-being.
• A safe, supportive space for women of all ages.
Community Development Worker Service
Birmingham Mind
Registered Charity no. 1003906
Registered Company no. 02024372


HEATH MOUNT
PRIMARY SCHOOL
Reading
Inspire Workshops
Year Group | Date | Time
Year 1 | 04/12/2026 | Friday 9:00AM
Year 2 | 27/11/2026 | Friday 9:00AM
Year 3 | 20/11/2026 | Friday 9:00AM
Year 5 | 13/11/2026 | Friday 9:00AM
Year 4 | 06/11/2026 | Friday 9:00AM
Year 6 (SATs Workshop) | 05/11/2026 | Thu 1:30PM

FRED'S ATTENDANCE SUPERHEROES OF THE WEEK

HEATH MOUNT PRIMARY SCHOOL

1R 96.1%

2A 96.1%

WELL DONE

3H 99.6%

6B 99.2%



HERE
EVERYDAY
READY
ON TIME

ORACY CHAMPIONS OF THE WEEK

HEATH MOUNT PRIMARY SCHOOL

Excelsior Multi Academy Trust

EACH WEEK, OUR STAFF CHOOSE A CHILD WHO HAS DEMONSTRATED THEIR ORACY SKILLS IN AN EXCEPTIONAL WAY.

ORACY CHAMPIONS

RECEPTION	Dean
YEAR 1	Imran
YEAR 2	Abdulraqeb
YEAR 3	Roya and Laila
YEAR 4	Dareen and Basmina
YEAR 5	Haya and Hamza
YEAR 6	Maira

STAR of the week

Reception	Ayah-Noor and Hanzala
Year 1	Hakeem and Harshan. Maya and Hussein.
Year 2	M. Ahmadzai and Sulayman
Year 3	Zain and Saibo. Mohammed and Arjun.
Year 4	Inaya and Absalat. Maureen and Abhimanyu
Year 5	Eshaal and Shindara. Eliza and Zakariyah.
Year 6	Amat, Hamada and Roshan.

Hot Chocolate Friday

Well done to all of the children who were nominated.

This week's winners are:

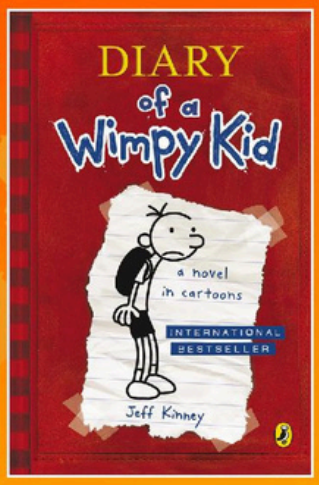
Reception	M.Ali
Year 1	Aliza
Year 2	Ajaye
Year 3	Omar
Year 4	Zaiden
Year 5	Muadh M
Year 6	Zephaniah and Firdosa

SCHOLASTIC TRAVELLING BOOKS

Every book you buy earns FREE BOOKS for our school*

COME TO OUR BOOK FAIR

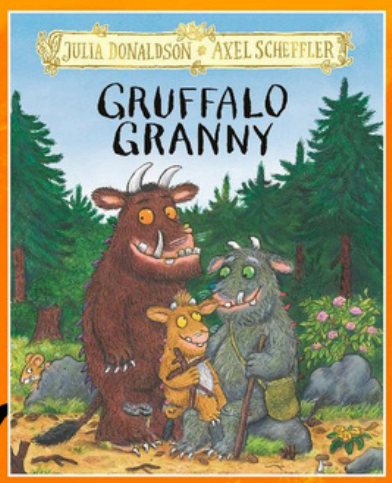
And find your next favourite read!



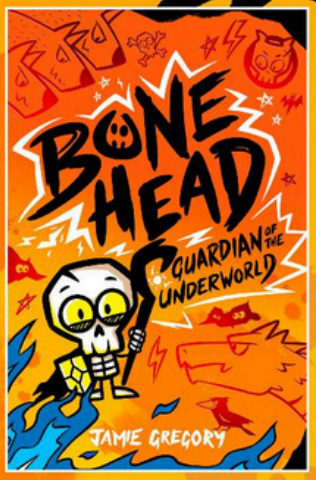














Scan to pay securely online!

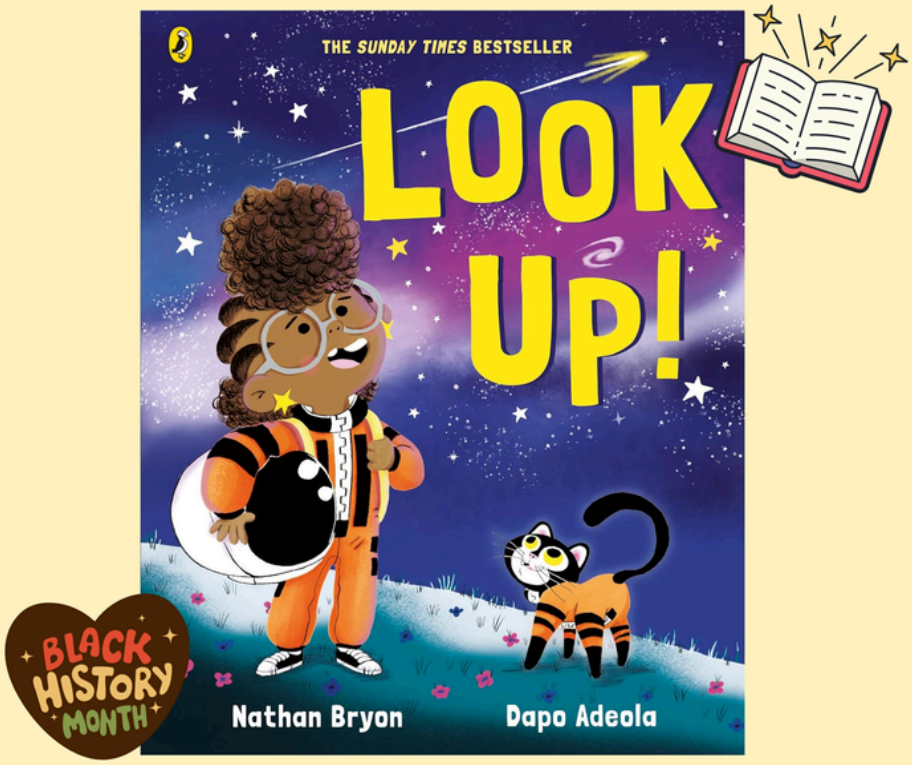
GO ALL IN. National Year of Reading 2026

DATE: 05/11/2026 until 10/11/2026

TIME: 3:20pm - 3:45pm

LOCATION: Lower Hall

This week's book recommendation



Look Up! by Nathan Bryon is an inspiring story about a young girl with a passion for space and science. Celebrating curiosity, ambition and perseverance, it encourages children to follow their dreams and see themselves represented in STEM careers.

COOMBS

Heath Mount Weekly Menu

WEEK 3- 14/9, 5/10, 2/11, 23/11, 14/12, 18/1, 8/2

MONDAY	TUESDAY	WEDNESDAY
Beef Ragu with Penne Pasta & Garlic Slice	Classic Beef Burger in a Bun Battered Chicken Burger in a Bun	Roast Turkey with Yorkshire Pudding & Gravy
Macaroni Cheese with Garlic Slice (V)	Veggie Burger in a Bun (V)	Herb Roasted Quorn (V)
Broccoli, Cauliflower	Pomme Noisettes, Peas & Sweetcorn, Sauces	Roast Potatoes, Carrots, Green Beans
Pineapple Fingers, Orange Wedges or Apple Slices	Iced Sprinkle Sponge	Rice Pudding with Jam

THURSDAY	FRIDAY
BBQ Hunters Style Chicken Sea Stars with a Lemon Wedge	Wholemeal Chicken & Mixed Pepper Pizza
BBQ Hunters Style Quorn (V)	Wholemeal Margherita Pizza (V)
Spicy Wedges, Baby Corn on the Cob, BBQ Sauce	Chipped Potatoes, Peas
Homemade Carrot Cake	Chocolate Orange Sponge

Available Daily- Jacket Potato with a variety of fillings / Fresh Salad Cart / Fresh Fruit

HEATH MOUNT PRIMARY SCHOOL

After School Clubs – Autumn 2

MONDAY

- Year 3 and Year 4 Football Club
- Year 3 – Year 6 Eco-Club

TUESDAY

- Year 1 and Year 2 Multi Sports Club
- Year 2 and Year 4 Cookery Club

WEDNESDAY

- Year 5 and Year 6 Cricket Club

THURSDAY

- Year 1 and Year 2 Art Club

Please note all school clubs are on a first come, first served basis and you must receive an email confirming your child's place in order for them to attend.

KS2 Chess Club and KS2 Board Games Club will take place during lunchtimes.

Please see Miss Abbas and Miss Khashan for more information.

Excelsior
Multi Academy Trust

HEATH MOUNT
PRIMARY SCHOOL

Early Years rated Strong Standard by Ofsted

Ofsted
April 2026 Inspection

- Leadership Strong Standard
- Personal Development Strong Standard
- Safeguarding Standards Met
- Expected Standard Achievement
- Expected Standard Attendance and behaviour
- Expected Standard Curriculum and teaching
- Expected Standard Inclusion



EYFS Open Day

New Starters 2027

Thursday 5th November 2026

Come and see our Reception in action!

Applications open	Application deadline	National Offer Day
1 October 2026	15 January 2027	16 April 2027

Eligibility
Children born between **1 September 2022 and 31 August 2023** start Reception in September 2027.

Aspiring from the start
Where ambition begins on Day One

Engaging learning
Unlocking minds every day

Succeeding together
Alone you're good. Together we're amazing

Ensuring equality for all
Equality – First, Foremost, Forever

Respect | Ambition | Kindness | Inclusion | Success

It's time to apply for a secondary school place!

Your next chapter starts here!

HEATH MOUNT
PRIMARY SCHOOL

Plan ahead
Apply on time!

You'll need to submit your application by
31 October 2026
Go to
www.birmingham.gov.uk/schooladmissions
to get started

My top 6 schools are :

1.
2.
3.
4.
5.
6.

Dates to remember!

September	October	March
1st September 2026	31st October 2026	1st March 2027
Application period starts	Closing date for applications	National offer day

Applying for 6 schools gives you child the best chance of getting a school that you want. List the schools in order of preference when you apply and if a place is available at more than one school, you will be offered the highest one on your list.

Choosing a secondary school: Hints & Tips

- ✓ Don't leave it too late – You are likely to miss out on the school place you want if you apply late. Deadline is 31st October 2026.
- ✓ Attend any open events at your preferred secondary schools.
- ✓ Look at each school's website and prospectus.
- ✓ Think about how your child will travel to school.
- ✓ Check the admission criteria of the schools.
- ✓ Does your child meet the criteria? Distance from the school is an important factor.
- ✓ Remember to list six different secondary schools you would like your child to attend and put them in order of preference.

QUICK TIPS

Don't Delay. Apply Today!

www.birmingham.gov.uk/schooladmissions

NEXT UP

BCB

Jammin' Friday with the Rockets!

- FRIDAY 23RD OCT
- **NWC, B7 4AR**
- 19:30
- VS NOTTINGHAM HOODS

GAME NIGHT SPONSOR

JAMAYA

*Ticket holders recieve 20% off at Jamaya resturants - terms apply!



KIDS FOR A QUID IS BACK FOR FRIDAY!
2 ADULTS CAN GO FOR JUST £20!

MANAGE YOUR DIABETES

Communities Engage and Thrive CIC

St. Paul's Trust

YOUR HEALTH, OUR PRIORITY
JOIN THE DIABETES PROGRAMME TODAY

ST PAUL'S VENTURE 10 MALVERN STREET
BALSALL HEATH B12 8NN
STARTS TUESDAY 3RD NOVEMBER 2026
FOR 7 WEEKS
12:30 – 2:00

- Learn simple ways to manage Type 2 Diabetes
- Get support from our Nutritional Therapist & Mindset Coach
- Explore healthy eating & staying active
- Join a live cookery session with our Chef
- Get practical tips to boost your confidence & wellbeing
- Scan the QR code or call 07438 109 868 to find your
- nearest course and book your FREE place







FREE TO ATTEND

OnYourFeet

FamilyHubs Birmingham

Birmingham and Solihull Integrated Care System
Caring about healthier lives

heart of england community foundation

Breathe Easy Birmingham

Level 3 Emergency Paediatric First Aid

qualsafe registered centre No: 0906668

FREE to parents and professionals in Ladywood



What will I learn?

- Incident & casualty assessment
- Treating an unconscious casualty not breathing
- Recovery position & treatment of seizure
- Choking
- Bleeding & minor injury

Monday 23rd & 30th November,
Monday 7th December
10.00am - 12.00pm
Soho Children's Centre
CRECHE AVAILABLE

Scan now Register for FREE

bit.ly/BreatheEasyBrum

Contact us to register

0121 369 2025 hello@onyourfeet.biz www.onyourfeet.biz

At Heath Mount Primary School, we promote children's rights in all areas of our curriculum. We want to ensure that **ALL** children understand their rights so that they are **healthy**, **happy** and **safe**.

Look at the article below and talk about what this article means.



3

BEST INTERESTS OF THE CHILD

UNICEF RIGHTS RESPECTING SCHOOLS

Article 3 – Best interests of the child

> "The best interests of the child must be a top priority in all decisions and actions that affect children."

Exploring Article 3 – Who makes decisions that affect the lives of children and young people?

Did you think of these?

- Parents or carers
- Other family members
- Teachers
- Healthcare workers
- Social workers
- Sports coaches
- Youth workers
- Police officers
- Members of the government
- Local councils
- Children's Commissioners
- Court officials – judges, lawyers



unicef UNITED KINGDOM RIGHTS RESPECTING SCHOOLS

HEATH MOUNT PRIMARY SCHOOL

HEATH MOUNT PRIMARY SCHOOL

HEATH MOUNT WEEKLY QUIZ CHALLENGE!

QUESTION

An online friend you have never met asks to meet you alone. What should you do?



A. Go without telling anyone

B. Tell a trusted adult and do not arrange a secret meeting

C. Invite another child and keep it secret

D. Give them your school address

(TURN THE NEWSLETTER UPSIDE DOWN TO READ!)

ANSWER: B - Tell a trusted adult and do not arrange a secret meeting.

DID YOU KNOW?

Someone you meet online may not be who they claim to be.

Stay smart. Stay safe. Be kind online.



Safeguarding at Heath Mount Primary School

Please see the safeguarding page on our school website:

Safeguarding – Heath Mount Primary School (excelsiormat.org)

At Heath Mount Primary School safeguarding children is of paramount importance. We have 6 Designated Safeguarding Leads (DSLs) who can be contacted by parents should they have a safeguarding concern. If you have safeguarding concerns about a child, please email school using the following email address: ***enquiry@heathmount.excelsiormat.org***. Our DSLs are:

Meet your safeguarding team:



Mrs Samuel
Headteacher, SENCO & Lead DSL



Miss Beech
Deputy Headteacher
Deputy DSL



Miss Taylor
Pastoral Manager
Deputy DSL



Mrs Yafai
HLTA
Deputy DSL



Mrs Smith
HLTA
Deputy DSL



Miss Brook
Teacher
Deputy DSL



Miss Bi
Office Manager
DSO

BIRMINGHAM CHILDREN'S TRUST

The Children's Advice and Support Service (CASS) provides a single point of contact for professionals and members of the public who want to seek support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact us. We will listen, assess your concerns, and can take action if a child is at risk.

Contact details

Monday to Thursday: 8:45am to 5:15pm
Friday: 8:45am to 4:15pm
Telephone: 0121 303 1888

Emergency out-of-hours

Telephone: 0121 675 4806

NSPCC

Cruelty to children must stop. FULL STOP.

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us

It doesn't have to be an emergency — you might be looking for guidance and support on issues effecting children. Whatever it is you're worried about, our dedicated child protection specialists will be able to advise and take any necessary action.

Whatever your worry — call us on 0808 800 5000, email help@NSPCC.org.uk, or submit our online form — we can help. We also have advice about spotting the signs of abuse.

Due to an increase in demand across our service, **our voice Helpline is currently operating between the hours of 10am-4pm on Monday to Friday**. However, you can email help@NSPCC.org.uk at any time. It's free and you don't have to say who you are. If you think a child is in immediate danger, please call the police on 999 straight away.





