

# Heath Mount Primary School



## Newsletter



26th June 2026

Dear Parents/Carers

Thank you for your support this week with the hot weather. The children loved receiving their Rocket ice lollies in class!



### Water safety

Please ensure that you read the water safety guidance which we sent out this week and share it with your children.

Next week, we have our transition day. The children will spend time with their new teacher for the day. Each teacher will send home a 'Meet the Teacher' sheet so that you can read all about them.



Stay safe and have a lovely weekend.

Mrs Samuel

ROYAL LIFE SAVING SOCIETY UK

**ALWAYS FOLLOW THE WATER SAFETY CODE**

STOP AND THINK

STAY TOGETHER

CALL 999

FLOAT

### ATTENDANCE EVERY DAY COUNTS

0 DAYS ABSENT	<b>100%</b>	EXCELLENCE
1 DAY ABSENT	<b>99%</b>	9 LESSONS MISSED
3 DAYS ABSENT	<b>98%</b>	18 LESSONS MISSED
1 WEEK ABSENT	<b>97%</b>	25 LESSONS MISSED
1.5 WEEKS ABSENT	<b>96%</b>	37.5 LESSONS MISSED
2 WEEKS ABSENT	<b>94%</b>	50 LESSONS MISSED
2.5 WEEKS ABSENT	<b>93%</b>	62.5 LESSONS MISSED
3 WEEKS ABSENT	<b>92%</b>	75 LESSONS MISSED
3.5 WEEKS ABSENT	<b>90%</b>	87.5 LESSONS MISSED

### Medical Appointments



We kindly remind you to book appointments for your child outside of school hours whenever possible to minimise disruption to their learning.

If your child's appointment is **in the morning**, bring them to school before the appointment, then bring them back to school after the appointment.

**Only the morning will be an authorised absence.**



If your child's appointment is **in the afternoon**, keep your child in school until you need to take them for their appointment.

If they finish in time, bring them back to school.

**Only the afternoon will be authorised absence.**



### PE TIMETABLE



**Monday - 1B and Year 6**

**Tuesday - Reception**

**Swimming - 4SB**

**Wednesday - 2RZ and Year 5**

**Thursday - 2Z, Year 3 and 4A (Tennis)**

**Children to wear their PE kits to school on their PE days**

Stay in touch:

[enquiry@heathmount.excelsiormat.org](mailto:enquiry@heathmount.excelsiormat.org)



0121 464 1691



[www.heathmount@excelsiormat.org](http://www.heathmount@excelsiormat.org)



# DATES FOR YOUR DIARY

**MONDAY 29<sup>TH</sup> JUNE**

RECEPTION TRIP TO ATWELL FARM

**WEDNESDAY 1ST JULY**

WHOLE SCHOOL TRANSITION DAY

**WEDNESDAY 8<sup>TH</sup> JULY**

SPORTS DAY

**THURSDAY 9<sup>TH</sup> JULY**

ROCK STEADY END OF YEAR CONCERT - 2:30 - 3:15

**THURSDAY 9<sup>TH</sup> JULY**

SUMMER FAYRE

**TUESDAY 14<sup>TH</sup> JULY**

YEAR 6 END OF YEAR PERFORMANCE - 9:30

**WEDNESDAY 15<sup>TH</sup> JULY**

THE EXCELSIOR OLYMPICS

**THURSDAY 16<sup>TH</sup> JULY**

THE HEATH MOUNT CHOIR PERFORM AT THE SYMPHONY HALL

**FRIDAY 17<sup>TH</sup> JULY**

SCHOOL CLOSURES AT 1:00 PM FOR THE SUMMER BREAK

# FRED'S ATTENDANCE SUPERHEROES OF THE WEEK

RG 91.7%

30 92.6%

5S 91.1%



HERE  
EVERYDAY  
READY  
ON TIME

# ORACY CHAMPIONS OF THE WEEK



EACH WEEK, OUR STAFF CHOOSE A CHILD WHO HAS DEMONSTRATED THEIR ORACY SKILLS IN AN EXCEPTIONAL WAY.

## ORACY CHAMPIONS

YEAR 1 Zoe

YEAR 2 Aayan and Muqadas

YEAR 3 Dareen and Khloe

YEAR 4 Abeeha and Shindara

YEAR 5 Amelia

# STAR of the week

- Year 1 Manaal and Bader
- Year 2 Abdullah and Yusuf. Laura and Yara
- Year 3 Absalat and Affan. Isaac and Inaaya
- Year 4 Abdus-Salaam and Salima. Abeer and Yonantan
- Year 5 Amaan and Zohair. Michael and Kharisma
- Year 6 Awais and Ibrahim. Abdifateh and Idris.

# Hot Chocolate Friday

Well done to all of the children who were nominated.

This week's winners are:

- Reception Azeez
- Year 1 Zoe
- Year 2 Eyad
- Year 3 Arden
- Year 4 Yousef and Musa
- Year 5 Lina M
- Year 6 Yusuf



### Golden Ticket Winners

- Year 3 - Absalat and Lano

# Sensory Circuits At Home Training for Birmingham Families

Delivered by Occupational Therapists from SEND Therapy Team

This training is designed for parents and carers to learn the following:

- What is a sensory circuit?
- Who would benefit from using a sensory circuit?
- How can I create a sensory circuit for my child?

1 parent or carer is allowed to attend per family. Places will be given on a first come first serve basis.

All attendees will receive a **FREE** sensory circuit resource pack.

Date	Time	Location
6 <sup>th</sup> July 2026	9am – 11am	Heath Mount Primary School, Knutsford St, Balsall Heath, Birmingham, B12 9SR

**PLEASE NOTE:** Wear comfortable clothing, bring a bottle of water

# Reception Children

## Supporting Your Child Starting School

Is your child starting Reception this year?  
Join our webinar to help you feel confident  
and prepared for this important milestone.

23rd June and 2nd July 2026 | 5:30PM - 6:30PM

Join this helpful session to learn:

- Preparing your child for starting school
- Supporting independence and routines
- What to expect in the first weeks of Reception

This will be delivered by Birmingham school health support service.

Scan the QR code to join or use the link:

[www.bhamcommunity.nhs.uk/webinar-reception](http://www.bhamcommunity.nhs.uk/webinar-reception)



# Year 6

## Transition to Secondary School

Join our webinar to help you feel  
confident and prepared for this  
important milestone in supporting your  
child with moving to secondary school.

25th and 30th June 2026 | 5:30PM - 6:30PM

Join this helpful session to learn:

- How to prepare your child for secondary school
- Supporting emotional wellbeing during transition
- Practical tips for a successful start

This will be delivered by Birmingham schoolhealth support service.

Scan the QR code to join or use the link:

[www.bhamcommunity.nhs.uk/webinar-y7](http://www.bhamcommunity.nhs.uk/webinar-y7)



# HEATH MOUNT WEEKLY MENU

WEEK 1- 23/2, 16/3, 20/4, 11/5, 8/6, 29/6

## MONDAY

Chicken Tikka with Boiled Rice / Battered Fish  
Vegetable Tikka with Boiled Rice (V)

Naan Bread, Pomme Noisette, Veg of the Day

Vanilla Ice Cream  
Fresh Fruit & Jelly

## TUESDAY

Beef Chilli  
5 Bean Chilli (V)  
Sea Stars

Rice, Herby Diced Potatoes, Veg of the Day

Fruity Crumble Cake  
Fresh Fruit & Jelly

## WEDNESDAY

Roast Chicken & Yorkshire Pudding  
Herb Roasted Quorn (V)

Roast Potatoes, Veg of the Day, Gravy

Chocolate Concrete with Pink Custard  
Fresh Fruit & Jelly

## THURSDAY

Cottage Pie  
Vegetable Spring Rolls with Oriental Noodles (V)

Veg of the Day, Sauté Potatoes

Iced Lemon Doughnuts  
Fresh Fruit & Yoghurt

## FRIDAY

BBQ Chicken Pizza  
Margherita Pizza (V)

Spicy Wedges, Veg of the Day, Baked Beans

Homemade Lemon Shortbread  
Fresh Fruit & Jelly

Available Daily- Jacket Potato with a variety of fillings / Fresh Salad Cart / Fresh Fruit

## Attendance

### What happens if I book a holiday during term time?



A single parent with one child planning to take a one week holiday during term time...

Your holiday will not be authorised, and we strongly advise you to speak with the school before making any bookings. Since your child will miss 5 school days, a penalty notice fine will be issued. The fine is £160, but if paid within 21 days, it will be reduced to £80.

A penalty will be issued for each child.

£160 + £160 + £160



3 x children + 1 parent = £480  
reduced to £240 if paid within 21 days

For a family with 2 parents.

£160 + £160 + £160



3 x children + 2 parents = £960  
reduced to £480 if paid within 21 days

If, in any period within three years, your child has a second and third leave of absence or pattern of irregular attendance:



### 2nd Time

2 Parents and...  
1 x child = £320  
2 x children = £640  
3 x children = £960  
No discount for early payment

### 3rd Time

A penalty notice fine will not be given and your case will be taken to court. A magistrate can fine each parent £2,500 for each child.  
1 parent & 4 children = £10,000  
2 parents & 4 children = £20,000

10 in 10

### Irregular Attendance

If your child is absent for 10 or more sessions (5 days) in 10 weeks, and their absences are unauthorised, you may be prosecuted.

1 day = 2 sessions





At Heath Mount Primary School, we promote children's rights in all areas of our curriculum. We want to ensure that ALL children understand their rights so that they are healthy, happy and safe.

Look at the articles below and talk about what they mean.



**UNICEF Rights Respecting Schools**  
**Article 10 - Contact with parents across countries**

**"Governments must respond quickly and sympathetically if a child or their parents apply to live together in the same country. If a child's parents live apart in different countries, the child has the right to visit and keep in contact with both of them."**



**UNICEF Rights Respecting Schools**  
**Article 22 - Refugee Children**

**"If a child is seeking refuge or has refugee status, governments must provide them with appropriate protection and assistance to help them enjoy all the rights in the Convention. Governments must help refugee children who are separated from their parents to be reunited with them."**

**Exploring Article 10 & 22** - What events may lead to children and their families becoming refugees?

**Did you think of these?**

- Natural disasters like floods, hurricanes, earthquakes, tsunamis, volcanic activity, snow storms or bushfires.
- Drought or famine which leads to lack of food and water.
- War and conflict.
- Climate change. Changes in weather may affect children's access to food, water and education.
- Discrimination around race, religious beliefs, sex, nationality, or political beliefs.
- Civil unrest in a country making people feel unsafe.
- Poverty or loss of income.
- Family disputes or problems.



## Online Safety Quiz

Does your child know how to stay safe online? Test their knowledge with this online quiz.

**You are chatting to a person online and they ask you to turn on your camera on your computer. What do you do?**

- A

Say no and block them.
- B

Turn it on, but hide your face.
- C

Talk to your parents and ask for their permission.

Remember that not everyone online is who they say they are

**Correct - A.** The correct answer is A. Do not share images or videos online, particularly with people who you do not know. It is also important that you tell your parents about it.

# Safeguarding at Heath Mount Primary School

Please see the safeguarding page on our school website:  
Safeguarding – [Heath Mount Primary School \(excelsiormat.org\)](http://heathmount.excelsiormat.org)

At Heath Mount Primary School safeguarding children is of paramount importance. We have 6 Designated Safeguarding Leads (DSLs) who can be contacted by parents should they have a safeguarding concern. If you have safeguarding concerns about a child, please email school using the following email address: [enquiry@heathmount.excelsiormat.org](mailto:enquiry@heathmount.excelsiormat.org). Our DSLs are:



## Meet your safeguarding team:



Mrs Samuel  
Headteacher,  
SENCO &  
Lead DSL



Miss Beach  
Deputy Headteacher  
Deputy DSL



Miss Taylor  
Pastoral Manager  
Deputy DSL



Mrs Yufei  
HLTA  
Deputy DSL



Mrs Smith  
HLTA  
Deputy DSL



Miss Brook  
Teacher  
Deputy DSL



Miss B  
Office Manager  
DSL



## BIRMINGHAM CHILDREN'S TRUST

### Contact details

Monday to Thursday: 9:15am to 5:15pm  
Friday: 9:45am to 4:15pm  
Telephone: 0121 300 1000

### Emergency out-of-hours

Telephone: 0121 673 4006

The Children's Advice and Support Service (CASS) provides a single point of contact for professionals and members of the public who want to seek support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact us. We will listen, assess your concerns, and can take action if a child is at risk.



Cruelty to children must stop. FULL STOP.

## If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us

It doesn't have to be an emergency — you might be looking for guidance and support on issues affecting children. Whatever it is you're worried about, our dedicated child protection specialists will be able to advise and take any necessary action.

Whatever your worry — call us on **0300 800 5000**, email [help@nspcc.org.uk](mailto:help@nspcc.org.uk), or [submit our online form](https://www.nspcc.org.uk/what-we-do/our-services/child-protection) — we can help. We also have advice about [supporting the parent of a child at risk of abuse](https://www.nspcc.org.uk/what-we-do/our-services/child-protection).

Due to an increase in demand across our service, our voice Helpline is currently operating between the hours of 10am-4pm on Monday to Friday. However, you can email [help@nspcc.org.uk](mailto:help@nspcc.org.uk) at any time. It's free and you don't have to say who you are. If you think a child is in immediate danger, please call the police on **999** straight away.

