

# Heath Mount Primary School



## Newsletter



27th February 2026

Dear Parents/Carers,  
I hope that you're well.

### Year 2

As part of our Heath Mount Primary Guarantee, which aims to broaden our pupils' experiences, Year 2 visited Birmingham's world-famous Symphony Hall to see the City of Birmingham Symphony Orchestra in action. These school concerts are designed to inspire children to explore the world of live music. Our Year 2's thoroughly enjoyed their visit and they represented our school very well indeed

### Art Gallery

It has been lovely to be back in school this week. Thank you to all of you that visited our Immersive Art Gallery this week. I know that the children really enjoyed showing you their art displays.

### Aldi Monthly Attendance Prize Draw

Each month we give away a £20 Aldi voucher to a family whose child has either 97% or higher attendance for the year so far, or who have improved their attendance over the last month.



Congratulations to Easa in Year 6, our winner for February.

Next month, we will be celebrating **two winners**. Good luck!

Have a lovely weekend!

Mrs Samuel  
Headteacher



### PE TIMETABLE



**Monday - 1B and Year 6**

**Tuesday - Reception**

**Swimming - 5S**

**Wednesday - 2RZ and Year 3**

**Thursday - 2Z, Year 4 and 5B (Tennis)**

**Children to wear their PE kits to  
school on their PE days**



# DATES FOR YOUR DIARY

**MONDAY 2<sup>ND</sup> AND WEDNESDAY 4<sup>TH</sup> MARCH**

**YEAR 4 VISIT THE BIRMINGHAM MUSEUM**

**FRIDAY 6<sup>TH</sup> MARCH**

**WORLD BOOK DAY**

**MONDAY 9<sup>TH</sup> MARCH**

**YEAR 4 VISIT TO SHAKESPEARE'S BIRTHPLACE TRUST**

**MONDAY 9<sup>TH</sup> MARCH**

**YEAR 1 MATHS PARENT PROJECT - 2.00 PM - LOWER HALL**

**TUESDAY 10<sup>TH</sup> MARCH**

**RECEPTION MATHS PARENT PROJECT - 9.00 AM - CLASSROOM**

**WEDNESDAY 11<sup>TH</sup> MARCH**

**YEAR 1 TRIP TO THE BLACK COUNTRY MUSEUM**

**MONDAY 16<sup>TH</sup> MARCH - THURSDAY 19<sup>TH</sup> MARCH**

**SCHOLASTIC BOOK FAIR - 3.45 PM-LOWER HALL**

**MONDAY 16<sup>TH</sup> MARCH**

**YEAR 2 MATHS PARENT PROJECT - 2.00PM - LOWER HALL**

# THIS WEEK AT HEATH MOUNT



**YEAR 1 AND YEAR 2 WERE DELIGHTED TO HAVE THEIR FIRST MULTI-SPORTS AFTER SCHOOL CLUB THIS WEEK**



**A TRIP TO THE BIRMINGHAM SYMPHONY HALL ALLOWED YEAR 2 TO VIEW A CONCERT WHICH TOOK THEM ON A MUSICAL EXPLORATION OF THE WORLD.**



**THIS TERM, IT IS THE TURN OF YEAR 3 AND YEAR 4 PUPILS TO TAKE PART IN COOKERY CLUB. OUR AMAZING CHILDREN GOT BUSY IN THE KITCHEN MAKING DELICIOUS VEGETARIAN COUSCOUS!**

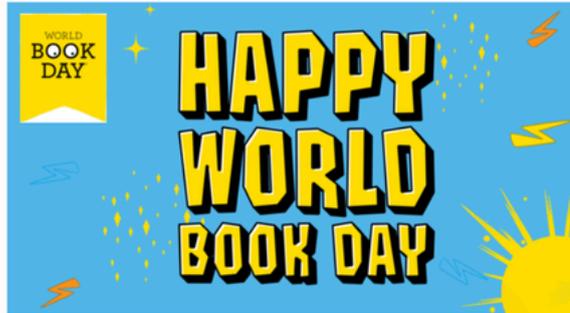


**THE FIRST SESSION OF OUR ANCIENT EGYPTIAN CLUB BEGAN YESTERDAY AND THE CHILDREN ARE BUSY CREATING EGYPTIAN MUMMIES FROM CLAY!**



**AWESOME ART WORK WAS ON DISPLAY ALL WEEK AT HEATH MOUNT THIS WEEK! THE CHILDREN DEMONSTRATED FANTASTIC CREATIVITY AND USE OF A RANGE OF MATERIALS TO CREATE UNIQUE PIECES OF ART WORK FROM EVERY CLASS!**

# FRIDAY 6TH MARCH 2026



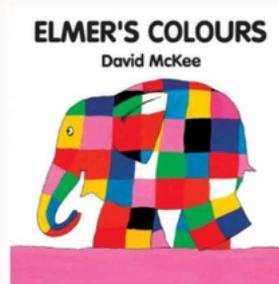
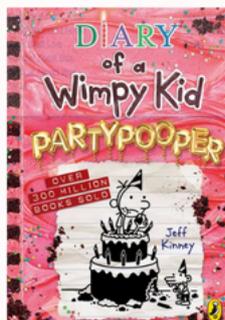
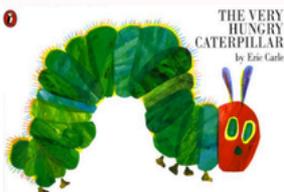
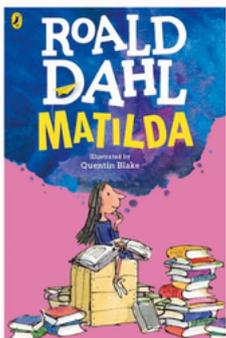
Heath Mount Primary School will be participating in World Book Day on Friday 6th March.

Children can either come in their pyjamas or they can come dressed as their favourite book character. It will still be a school day for the children, so please make sure that the clothes that they come dressed in are appropriate for school.

To celebrate World Book Day, we will be holding a paper plate competition. Each child will be given a paper plate and they will need to decorate their plate with the front cover of their favourite book.

All entries must be clearly marked with the child's name and class.

The deadline is Friday 6th March and the winning entries will receive a £5 book voucher.



# FRED'S ATTENDANCE SUPERHEROES OF THE WEEK



2RZ 96.7%

4A 93.8%

5B 97.5%



HERE  
EVERYDAY  
READY  
ON TIME

# ORACY CHAMPIONS OF THE WEEK



EACH WEEK, OUR STAFF CHOOSE A CHILD WHO HAS DEMONSTRATED THEIR ORACY SKILLS IN AN EXCEPTIONAL WAY.

## ORACY CHAMPIONS

RECEPTION

Ehab

YEAR 1

Sulayman

YEAR 2

Jannat and Isack

YEAR 3

Dareen and Mohammed

YEAR 4

Musa, Cheikh and Anora

YEAR 5

Basmah and Aibek

# STAR

of the week

## Reception

Imran and Maya

Year 1

Michelle and Ibrahim

Year 2

Umar and Asma. Mohammed and Ranya

Year 3

Zaiden and Arwa. Ahmed and Khloe

Year 4

Hajrah and Muadh M. Muna and Ibrahim

Year 5

Michael and Tabish. Omar and Mohamadou

Year 6

Yasmin and Danyal. Omar and Maliha

## Hot Chocolate Friday

Well done to all of the children who were nominated.

This week's winners are:

## Reception

Noah

Year 1

Bader

Year 2

Aileen

Year 3

Hamza

Year 4

Tameen

Year 5

Basma

Year 6

Laibah

GOLDEN TICKET  
WINNER

Year 4 - Seynabou,  
Abeer, Ekram, Hayaah  
and Haleemah

# HEATH MOUNT WEEKLY MENU

WEEK 2- 2/3, 23/3, 27/4, 18/5, 15/6, 6/7

## MONDAY

Chicken Pasta Bake /  
Sea Stars with  
Tartare Sauce  
Vegetable  
Pasta Bake (V)

Garlic Bread Slice,  
Pomme Noisette,  
Veg of the Day

Belgian Waffle  
with Toffee Sauce  
Fresh Fruit & Jelly

## TUESDAY

Chicken Jambalaya /  
Battered  
Chicken Fillet  
Vegetable Jambalaya (V)

Herb Flatbread,  
Sauté Potatoes,  
Veg of the Day

Chocolate & Beetroot  
Cake with Custard  
Fresh Fruit & Jelly

## WEDNESDAY

Chicken &  
Vegetable Pie  
Cheese, Chive &  
Potato Pie (V)

Roasted New  
Potatoes,  
Veg of the Day

Cherry Shortbread  
Fresh Fruit & Jelly

## THURSDAY

Grilled Chicken Kebabs  
Vegetable Samosa  
& Curry Sauce (V)

Naan Bread,  
Boiled Rice,  
Veg of the Day

School Days Tray Bake  
Fresh Fruit & Jelly

## FRIDAY

Cheesy Meatball Pizza  
Margherita Pizza (V)

Chipped Potatoes,  
Veg of the Day

Chocolate  
Cornflake Cake  
Fresh Fruit & Jelly

Available Daily- Jacket Potato with a variety of fillings /  
Fresh salad cart / Fresh Fruit

# 100% ATTENDANCE COMPETITION



Exciting News!  
Monthly Attendance Raffle

One lucky winner will  
receive a £20 Aldi Voucher!



We're thrilled to introduce a new Attendance  
Raffle to celebrate and encourage excellent  
attendance!

Every month, all children who have 100%  
attendance or shown improved attendance  
will be entered in to a prize draw!

Fred says, "Don't delay! Hop to  
school and learn today."

ATTENDANCE MATTERS



EVERY DAY COUNTS





At Heath Mount Primary School, we promote children's rights in all areas of our curriculum. We want to ensure that ALL children understand their rights so that they are healthy, happy and safe.  
Look at the article below and talk about what this article means.



**UNICEF Rights Respecting Schools**  
**Article 24 - Health, water, food, environment**

**"Governments must work to provide good quality health care, clean water, nutritious food and a clean environment so that children can stay healthy."**

**Exploring Article 24** - What do you need for positive mental health?

**Did you think of these?**

- Understanding the different types of emotions you have.
- Knowing that it is usual and ok to have times when you might feel sad or worried
- Learning different ways to look after your mental health
- Having a trusted adult to speak with about your feelings.
- Making sure you exercise regularly.
- Making sure you have a healthy diet.
- Spending relaxation and fun time with friends and or family.
- Taking part in hobbies or activities that you enjoy.
- Being involved in activities to help others.
- Limiting screen time or access to other online platforms.
- Health care – being able to see a doctor, nurse or counsellor if you need to.
- Being able to enjoy all your rights.



# Online Safety Quiz

Does your child know how to stay safe online? Test their knowledge with this online quiz.

**Your best friend asks if they can borrow your password so they can access an online game. What should you do?**

- A** Give them the password I can trust them
- B** Give them the password, but make them promise not to give it to anybody else.
- C** Go round to their house and type the password in, but make sure that you do not show them it.
- D** Politely say no.



The correct answer is **D**. Politely say no.

# MOSELEY SCHOOL AND SIXTH FORM'S

## Iftar Event

YEAR 5'S ONLY

### Celebrating Togetherness in Our Community

We are delighted to invite Year 5 pupils and their families from our local primary schools to join us for our special Community Iftar Evening.

#### This is a warm and welcoming opportunity to:

- Learn about the meaning of Ramadan
- Share food together at sunset
- Celebrate Moseley School's rich diversity
- Meet staff and student ambassadors

#### Event Details

**Date:** Wednesday 4<sup>th</sup> March 2026

**Time:** 4:30pm

**Location:** Gate C, College Road, Moseley, B13 9LR

**Entry:** Invitation Only (pre-booked places)

#### What is Iftar

Iftar is the meal that breaks the fast during Ramadan. It is a time of reflection, gratitude and community.

At Moseley, we believe in bringing people together - celebrating faith, culture and belonging.

#### Why Attend?

- Gain an insight into our school
- Community partnership with local families
- Raising aspirations and belonging
- Cultural celebration and shared understanding



#### How to receive an invitation:

As places are limited, booking is required:

1. Contact your primary school office
2. Scan this QR code to book a ticket:



You will receive confirmation if your place has been allocated. Places are offered on a first come, first serve basis.

Moseley School and Sixth Form

Succeeding together | Celebrating Diversity | Raising Aspirations

## Breathe Easy Birmingham

# Asthma Awareness Workshop

FREE to parents and professionals in Ladywood

### Do you have a child living with asthma?

Come and find out how you can support them and prevent hospitalisation!

Sessions include a **FREE** asthma support pack and specialist advice.

#### What's included:

- ✓ What is asthma?
- ✓ Signs, symptoms & early recognition
- ✓ Common triggers
- ✓ Asthma management
- ✓ Emergency care
- ✓ Local help and resources



**Tuesday 3<sup>rd</sup> March**  
10.00am - 12.00pm  
Ladywood Children's  
Centre  
**Creche Available**

Scan now  
Register  
for **FREE**



[bit.ly/BreatheEasyBrum](https://bit.ly/BreatheEasyBrum)

## Contact us

0121 369 2025 | [hello@onyourfeet.biz](mailto:hello@onyourfeet.biz) | [www.onyourfeet.biz](http://www.onyourfeet.biz)

# Safeguarding at Heath Mount Primary School

Please see the safeguarding page on our school website:  
Safeguarding – [Heath Mount Primary School \(excelsiormat.org\)](http://heathmount.excelsiormat.org)

At Heath Mount Primary School safeguarding children is of paramount importance. We have 6 Designated Safeguarding Leads (DSLs) who can be contacted by parents should they have a safeguarding concern. If you have safeguarding concerns about a child, please email school using the following email address: [enquiry@heathmount.excelsiormat.org](mailto:enquiry@heathmount.excelsiormat.org). Our DSLs are:



## Meet your safeguarding team:



Mrs Samuel  
Headteacher,  
SENCO &  
Lead DSL



Miss Beech  
Deputy Headteacher  
Deputy DSL



Miss Taylor  
Pastoral Manager  
Deputy DSL



Mrs Yafai  
HLTA  
Deputy DSL



Mrs Smith  
HLTA  
Deputy DSL



Miss Brook  
Teacher  
Deputy DSL



Miss Bi  
Office Manager  
DSO



## BIRMINGHAM CHILDREN'S TRUST

### Contact details

Monday to Thursday: 8:45am to 5:15pm  
Friday: 8:45am to 4:15pm  
Telephone: 0121 303 1888

### Emergency out-of-hours

Telephone: 0121 675 4806

The Children's Advice and Support Service (CASS) provides a single point of contact for professionals and members of the public who want to seek support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact us. We will listen, assess your concerns, and can take action if a child is at risk.

## If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us



It doesn't have to be an emergency — you might be looking for guidance and support on issues affecting children. Whatever it is you're worried about, our dedicated child protection specialists will be able to advise and take any necessary action.

Whatever your worry — call us on [0808 800 5000](tel:08088005000), email [help@NSPCC.org.uk](mailto:help@NSPCC.org.uk), or [submit our online form](#) — we can help. We also have advice about [spotting the signs of abuse](#).

Due to an increase in demand across our service, our voice Helpline is currently operating between the hours of 10am-4pm on Monday to Friday. However, you can email [help@NSPCC.org.uk](mailto:help@NSPCC.org.uk) at any time. It's free and you don't have to say who you are. If you think a child is in immediate danger, please call the police on [999](tel:999) straight away.

