

Heath Mount Primary School



Newsletter



3rd July 2026

Dear Parents/Carers,

We have had a very busy and exciting week at school.

On Monday, our EYFS pupils visited Attwell Farm. They enjoyed meeting and feeding the farm animals, stroking the smaller animals in the petting barn, and having a picnic together. The children were exceptionally well behaved throughout the day, and we are incredibly proud of them.

On Tuesday, a group of Year 3 and Year 4 pupils visited Green Meadow to take part in a football tournament. I am delighted to announce that the team finished in 2nd place. Well done to all involved!

Meanwhile, a group of Year 5 and Year 6 pupils attended their first residential visit at Boundless Outdoors with Mrs Beech and Miss Holmes. The staff at Boundless commented on how polite, respectful, and well-behaved the children from Heath Mount were throughout their stay. The children took part in a range of exciting activities, including zip wiring, climbing, grass sledging, and archery. They also enjoyed a campfire in the evening, where they toasted marshmallows together.

The children had an amazing time and created many wonderful memories. We are extremely proud of the excellent way all of our pupils have represented Heath Mount this week.

Well done to everyone for a fantastic week! Have a lovely weekend.

Mrs Samuel
Headteacher



Medical Appointments

We kindly remind you to book appointments for your child outside of school hours whenever possible to minimise disruption to their learning.

If your child's appointment is **in the morning**, bring them to school before the appointment, then bring them back to school after the appointment.

Only the morning will be an authorised absence.



If your child's appointment is **in the afternoon**, keep your child in school until you need to take them for their appointment.

If they finish in time, bring them back to school.

Only the afternoon will be authorised absence.



PE TIMETABLE



Monday - 1B and Year 6

Tuesday - Reception

Swimming - 4SB

Wednesday - 2RZ and Year 5

Thursday - 2Z, Year 3 and 4A (Tennis)

Children to wear their PE kits to school on their PE days

ATTENDANCE EVERY DAY COUNTS

0 DAYS ABSENT	100%	EXCELLENCE
1 DAY ABSENT	99%	1 LESSON MISSED
3 DAYS ABSENT	98%	18 LESSONS MISSED
1 WEEK ABSENT	97%	25 LESSONS MISSED
1.5 WEEKS ABSENT	96%	37.5 LESSONS MISSED
2 WEEKS ABSENT	94%	50 LESSONS MISSED
2.5 WEEKS ABSENT	93%	62.5 LESSONS MISSED
3 WEEKS ABSENT	92%	75 LESSONS MISSED
3.5 WEEKS ABSENT	90%	87.5 LESSONS MISSED



Stay in touch:

enquiry@heathmount.excelsiormat.org



0121 464 1691



www.heathmount@excelsiormat.org



MONDAY 6TH JULY

WE WILL BE CONTINUING OUR
WORLD CUP
COMPETITION WITH A SPECIAL

NON-UNIFORM DAY!



This is a **fantastic opportunity**
for all the children to enjoy
a fun day at school.



**GOLDEN
TICKET**

Every child who
attends school on Monday
and **on time** will earn a
GOLDEN TICKET!



8:35 AM



With this golden ticket,
they will receive
EXTRA PLAYTIME!



and will also be
entered into a draw for
some very special
**WORLD CUP
STICKER BOOKS!**

★ **ATTEND SCHOOL. BE ON TIME.** ★
GET YOUR GOLDEN TICKET. ENJOY THE FUN!

DATES FOR YOUR DIARY

MONDAY 6TH JULY

WORLD CUP NON UNIFORM DAY

MONDAY 6TH JULY

SENSORY CIRCUIS TRAINING FOR PARENTS - 9.00 - 11.00 AM

WEDNESDAY 8TH JULY

SPORTS DAY

THURSDAY 9TH JULY

ROCK STEADY END OF YEAR CONCERT - 2:30 PM

THURSDAY 9TH JULY

SUMMER FAYRE - 3:30 - 5:30 PM

TUESDAY 14TH JULY

YEAR 6 END OF YEAR PERFORMANCE - 9:15AM AND 1:15PM

WEDNESDAY 15TH JULY

THE EXCELSIOR OLYMPICS

THURSDAY 16TH JULY

YEAR 6 GRADUATION ASSEMBLY - 10.00 AM

THURSDAY 16TH JULY

THE HEATH MOUNT CHOIR PERFORM AT THE SYMPHONY HALL

FRIDAY 17TH JULY

SCHOOL CLOSSES AT 1:00 PM FOR THE SUMMER BREAK

Sensory Circuits At Home Training for Birmingham Families

Delivered by Occupational Therapists from SEND Therapy Team

This training is designed for parents and carers to learn the following:

- What is a sensory circuit?
- Who would benefit from using a sensory circuit?
- How can I create a sensory circuit for my child?

1 parent or carer is allowed to attend per family. Places will be given on a first come first serve basis.

All attendees will receive a **FREE** sensory circuit resource pack.

Date	Time	Location
6 th July 2026	9am – 11am	Heath Mount Primary School, Knutsford St, Balsall Heath, Birmingham, B12 9SR

PLEASE NOTE: Wear comfortable clothing, bring a bottle of water



SEND Therapy Team

A vibrant, cartoon-style illustration for a summer event. At the top, a smiling sun with sunglasses and a green vine around its neck shines brightly. To the left, three balloons in yellow, red, and blue float against a light blue sky with a few birds. On the right, a green cartoon dinosaur with a pink bow and a yellow flower on its head waves. In the center, a large wooden sign reads 'HEATH MOUNT'S SUMMER FAYRE'. Below the sign, a boy with a red mask and a girl with a purple mask are visible. To the right of the sign, there are colorful ice cream cones and a beach ball. At the bottom, a basketball hoop and a red and yellow inflatable slide are shown. The overall theme is a fun, sunny summer day.

HEATH MOUNT'S
**SUMMER
FAYRE**

WELCOME

FREE ENTRY
9TH JULY 2026

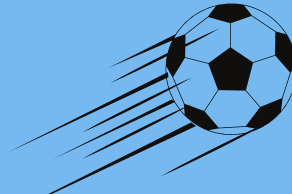
enquiry@heathmount.excelformat.org

3:30PM - 5:30PM

ACTIVITIES

MUSIC, CANDY FLOSS, GAMES,
INFLATABLES, FOOD, DESSERTS,
ICE CREAM AND MUCH MUCH MORE

THIS WEEK AT HEATH MOUNT



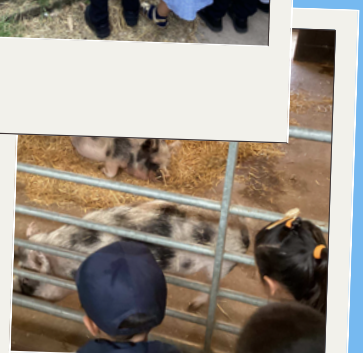
THE HEATH MOUNT FOOTBALL TEAM PROUDLY REPRESENTED THE SCHOOL THIS WEEK AT THE EXCELSIOR FOOTBALL TOURNAMENT HELD AT GREEN MEADOW PRIMARY SCHOOL. WE ARE EXTREMELY PROUD OF THE TEAM FOR FINISHING AS RUNNERS-UP.



A GROUP OF YEAR 5 AND YEAR 6 PUPILS ENJOYED AN EXCITING RESIDENTIAL VISIT TO THE BOUNDLESS OUTDOORS ACTIVITY CENTRE, WHERE THEY TOOK PART IN A RANGE OF ADVENTUROUS AND CHALLENGING ACTIVITIES.



A GROUP OF YEAR 6 PUPILS VISITED MILLENNIUM POINT TO TAKE PART IN THE SPEAK UP, SPEAK OUT COMPETITION. THE CHILDREN WORKED HARD TO PREPARE AND CONFIDENTLY PRESENTED THEIR IDEAS IN FRONT OF AN AUDIENCE, DEMONSTRATING EXCELLENT COMMUNICATION, CREATIVITY AND SELF-BELIEF.



RECEPTION HAD A WONDERFUL TRIP TO ATTWELL FARM ON MONDAY, WHERE THE CHILDREN ENJOYED A FUN-FILLED DAY OF LEARNING AND EXPLORATION. THROUGHOUT THE VISIT, THE PUPILS HAD THE OPPORTUNITY TO MEET AND LEARN ABOUT A VARIETY OF FARM ANIMALS.



FRED'S ATTENDANCE SUPERHEROES OF THE WEEK

RG 93.9%

4A 95.4%

5S 99.1%



HERE
EVERYDAY
READY
ON TIME

ORACY CHAMPIONS OF THE WEEK



EACH WEEK, OUR STAFF CHOOSE A CHILD WHO HAS DEMONSTRATED THEIR ORACY SKILLS IN AN EXCEPTIONAL WAY.

ORACY CHAMPIONS

RECEPTION

Shumock

YEAR 1

Halimah

YEAR 2

Redone and Zain

YEAR 3

Affan and Luqman

YEAR 4

Ijaaz and Turki

YEAR 5

Ajwa and Zoya

STAR of the week

Reception

Hussein and Laila

Year 1

Zaidan and Bader

Year 2

Dalya and Haris. Fabian and Aileen

Year 3

Maureen and Basmina. Zaiden and Dareen

Year 4

Aisha and Ahmed. Meesum and Malak

Year 5

Mariam and Ali Yusuf and Taha.

Year 6

Nila and Zakariyya. Yahye and Laibah

Hot Chocolate Friday

Well done to all of the children who were nominated.

This week's winners are:

Reception Maryam and Amayrah

Year 1

Haider

Year 2

Elijah

Year 3

Inaya

Year 4

Musa

Year 5

Abu-Bakr

Golden Ticket Winners

- Year 4 - Muadh
- Year 5 - Zakariyah

Your paragraph text

HEATH MOUNT WEEKLY MENU

WEEK 2- 2/3, 23/3, 27/4, 18/5, 15/6, 6/7

MONDAY

Chicken Pasta Bake /
Sea Stars with
Tartare Sauce
Vegetable
Pasta Bake (V)Garlic Bread Slice,
Pomme Noisette,
Veg of the DayBelgian Waffle
with Toffee Sauce
Fresh Fruit & Jelly

TUESDAY

Chicken Jambalaya /
Battered
Chicken Fillet
Vegetable Jambalaya (V)Herb Flatbread,
Sauté Potatoes,
Veg of the DayChocolate & Beetroot
Cake with Custard
Fresh Fruit & Jelly

WEDNESDAY

Chicken &
Vegetable Pie
Cheese, Chive &
Potato Pie (V)Roasted New
Potatoes,
Veg of the DayCherry Shortbread
Fresh Fruit & Jelly

THURSDAY

Grilled Chicken Kebabs
Vegetable Samosa
& Curry Sauce (V)Naan Bread,
Boiled Rice,
Veg of the DaySchool Days Tray Bake
Fresh Fruit & Jelly

FRIDAY

Cheesy Meatball Pizza
Margherita Pizza (V)Chipped Potatoes,
Veg of the DayChocolate
Cornflake Cake
Fresh Fruit & JellyAvailable Daily- Jacket Potato with a variety of fillings /
Fresh salad cart / Fresh Fruit

Attendance

What happens if I book a holiday
during term time?A single parent with
one child planning to
take a one week
holiday during term
time...Your holiday will not be authorised, and we strongly advise
you to speak with the school before making any bookings.
Since your child will miss 5 school days, a penalty notice
fine will be issued. The fine is £160, but if paid within 21
days, it will be reduced to £80.

A penalty will be issued for each child.

£160 + £160 + £160

3 x children + 1 parent = £480
reduced to £240 if paid within 21 days

For a family with 2 parents.

£160 + £160 + £160

3 x children + 2 parents = £960
reduced to £480 if paid within 21 daysIf, in any period within three years, your child has a second and third leave of absence or
pattern of irregular attendance:

2nd Time

2 Parents and...

1 x child = £320

2 x children = £640

3 x children = £960

No discount for early payment

3rd Time

A penalty notice fine will not be given and
your case will be taken to court.A magistrate can fine each parent £2,500
for each child.

1 parent & 4 children = £10,000

2 parents & 4 children = £20,000

10

in

10

Irregular Attendance

If your child is absent for 10 or more
sessions (5 days) in 10 weeks, and
their absences are unauthorised, you
may be prosecuted.1 day =
2 sessions



At Heath Mount Primary School, we promote children's rights in all areas of our curriculum. We want to ensure that ALL children understand their rights so that they are healthy, happy and safe.

Look at the article below and talk about what the article means.



UNICEF Rights Respecting Schools Article 29 - Aims of Education

“Education must develop every child's personality, talents and abilities to the full. It must encourage the child's respect for human rights, as well as respect for their parents, their own and other cultures, and the environment.”

Exploring Article 29 - How can education support you to develop your personality, talents and abilities?

Did you think of these?

- Support health and wellbeing
- Understanding human rights
- Provide a safe space
- Treating you as an individual
- Learning about different careers
- Providing access to music, art and sports
- Giving you a voice
- Encourage friendships
- Trips
- Residentials
- Outdoor learning
- Clubs



unicef
UNITED KINGDOM



Online Safety Quiz

Does your child know how to stay safe online? Test their knowledge with this online quiz.

Why is it important to be careful when sharing photos on your phone?

A

Because photos can use up storage space on your phone quickly

B

Because once a photo is shared, it can be copied and sent to people you don't know

C

Because taking and sharing photos drains your battery quickly

D

Because photos always delete themselves after a day



Correct answer: B When you share a photo, you lose control of it. Someone else could save it, share it further, adapt it using AI or show it to people you don't know, which can be unsafe

Child Death Review Team Comms

The Child Death Review Team Newsletter is circulated to all partners within Birmingham and Solihull to highlight campaigns and share learning from local child death reviews.

National Bereaved Parents Day

National Bereaved Parents Day will take place on **Friday 3rd July 2026** during Bereaved Parents Awareness Month. This is to raise awareness of parents who have lost a child of any age, and from any cause. The day was initiated by the charity, A Child of Mine, and we are pleased to offer our support.

[National Bereaved Parents Day - A Child of Mine](#)



Please join us to help spread the message, keep that conversation going, raise awareness and show the bereaved parent community that they are not alone.

The theme of this year's day is **Remember Me**.

You can also view The Compassionate Friends short video made last year. They received more stories than they were able to share, but this moving video shows just a selection of the very special things that have been done in our children's names. Their legacies live on in all of the incredible things that we do to celebrate their lives, and help us to carry them with us and keep them close to our hearts.

<https://youtu.be/QbXiEDSQd4?si=iOUllZnllz7ccEoF>

Bereavement Support Resources

Nothing we can do or say can take away the pain of bereavement, but families tell us of the importance of sensitive care. Poor care can intensify and prolong a family's distress, whilst care that is sensitive and appropriate can help families in their grief. The effects of this are positive and long-lasting.

Supporting bereaved families includes good communication, responding to their needs in a timely way, and being emotionally self-aware.

Bereavement Support Agencies

Asian Resource Centre
www.asianresource.org.uk
0121 523 0580

Beyond the Horizon
www.beyondthehorizon.org.uk
0121 444 5454

Bliss
Bereavement support for families following the death of a premature baby.
www.bliss.org.uk
0207 378 1122

Child Bereavement UK
Supporting families and educating professionals
When a baby or child dies, or when a child is facing bereavement.
ChildBereavementUK.org.uk
0800 028 8840

Child Death Helpline
For anyone affected by the death of a child, from pre-birth to adult, under any circumstances.
www.childdeathhelpline.org.uk
0800 282 986

Childhood Bereavement Network
Information and advice about local and national services for bereaved children and young people.
www.childhoodbereavementnetwork.org.uk
020 7843 6309

Edwards Trust
Support services to bereaved families and children.
www.edwardstrust.org.uk
0121 454 1705

Cruse Bereavement Care
www.cruse.org.uk
0800 808 1677

Grief Encounter
Support for kids, teens and professionals when someone dies.
www.griefencounter.org.uk
0800 802 0111

The Lullaby Trust
Support for families bereaved through a sudden infant death
[Bereavement support | The Lullaby Trust](#)
0808 802 6868

Stillbirth and Neonatal Death Charity
'Sands' offer support for families bereaved through a sudden infant death.
www.sands.org.uk / www.solihull-sands.org.uk
0808 164 3332 07890 780 433

The Compassionate Friends
The Compassionate Friends (TCF) is the UK's only national charity providing peer support to bereaved parents, adult siblings and grandparents who have experienced the death of a child, sibling or grandchild.
[The Compassionate Friends](#)
0345 123 2304 helpline
helpline@tcf.org.uk

Many of you may be familiar with the When a Child Dies leaflet, which provides a guide to parents and carers as to how the CDR process works.

We are pleased to share with you that, following support from NHS England, NCMD have been able to create some new versions of this leaflet: it is now available in the ten languages most requested by users.

All available versions of the leaflet can be found [here](#)

Safeguarding at Heath Mount Primary School

Please see the safeguarding page on our school website:
Safeguarding – [Heath Mount Primary School \(excelsiormat.org\)](http://Heath Mount Primary School (excelsiormat.org))

At Heath Mount Primary School safeguarding children is of paramount importance. We have 6 Designated Safeguarding Leads (DSLs) who can be contacted by parents should they have a safeguarding concern. If you have safeguarding concerns about a child, please email school using the following email address: enquiry@heathmount.excelsiormat.org. Our DSLs are:



Meet your safeguarding team:



Mrs Samuel
Headteacher,
SENCO &
Lead DSL



Miss Beach
Deputy Headteacher
Deputy DSL



Miss Taylor
Pastoral Manager
Deputy DSL



Mrs Yufai
HLTA
Deputy DSL



Mrs Smith
HLTA
Deputy DSL



Miss Brook
Teacher
Deputy DSL



Miss B
Office Manager
DSL



BIRMINGHAM CHILDREN'S TRUST

Contact details

Monday to Thursday: 9am to 5:15pm
Friday: 9:45am to 4:15pm
Telephone: 0121 300 1000

Emergency out-of-hours

Telephone: 0121 673 4006

The Children's Advice and Support Service (CASS) provides a single point of contact for professionals and members of the public who want to seek support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact us. We will listen, assess your concerns, and can take action if a child is at risk.

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us



It doesn't have to be an emergency — you might be looking for guidance and support on issues affecting children. Whatever it is you're worried about, our dedicated child protection specialists will be able to advise and take any necessary action.

Whatever your worry — call us on **0800 800 5000**, email help@nspcc.org.uk, or [submit our online form](#) — we can help. We also have advice about [protecting the privacy of abuse](#).

Due to an increase in demand across our service, our voice Helpline is currently operating between the hours of 10am-4pm on Monday to Friday. However, you can email help@nspcc.org.uk at any time. It's free and you don't have to say who you are. If you think a child is in immediate danger, please call the police on **999** straight away.

