

HEATH MOUNT PRIMARY SCHOOL



NEWSLETTER



3rd October 2025

Dear Parents and Carers,

I hope that you are well and have had a good week.

Year 5 had a fantastic time on their trip to Stratford. Their behaviour and attitudes while learning about the Tudors were exemplary and we received lovely feedback. We are very proud of you all!

Thank you to all of the parents and carers that attended the year 6 SATS meeting yesterday. We hope that you gained a valuable insight into what the children are currently learning. If you were unable to attend, we will repeat the session in the spring term.

Lastly, I would like to thank you all for your co-operation at home time. Mrs Pulley, our CEO has asked all headteachers to be present on the playgrounds which means that I will no longer be standing outside of the school gates. During the week, I will rotate around our three entrances/exits so that I get to see you all.

Take care and I hope that you have a lovely weekend.

Mrs Samuel
HeadTeacher

Timings of the School Day

Please remember: School starts for all children at
8:35am.

School finishes at 3:15pm (Reception) and
3:20pm (Years 1 - 6).

School finishes for all pupils at 1pm every Friday.

Please make sure that you arrive and collect your
child on time every day.



PE TIMETABLE



Monday - Year 1 and Year 5

Tuesday - 6JB

Swimming - 6B

Wednesday - 2RZ and Year 3

Thursday - 2Z and Year 4

Friday - Reception

**Children to wear their PE kits to
school on their PE days**

Stay in touch:



enquiry@heathmount.excelsiormat.org



0121 464 1691



www.heathmount@excelsiormat.org

Dates For Your Diary

Monday 6th October - Year 2 Birmingham City Centre walking tour

Thursday 9th October- Year 2 Stay & Read - 8:35 - 9:00 - Lower Hall

Tuesday 14th October- Year 1 Stay & Read - 8:35 - 9:00 - Lower Hall

Thursday 16th October- Year 3 trip to The Botanical Gardens

Thursday 16th October- Reception Open Day - 9:30am and 5:00pm

Monday 20th October - SEND Parents' Coffee Morning - 9:00am Lower Hall

**Monday 20th October - Friday 24th October - Scholastic Book Fair - 3:20 - 3:45
Lower Hall**

Monday 27th October - Friday 31st October - Half Term

Monday 3rd November - Staff Inset Day - School closed for pupils

Tuesday 4th November - School re-opens for pupils

ORACY CHAMPIONS OF THE WEEK



Excelsior
Multi-Academy Trust

EACH WEEK, OUR STAFF CHOOSE A CHILD WHO HAS DEMONSTRATED THEIR ORACY SKILLS IN AN EXCEPTIONAL WAY.

ORACY CHAMPIONS

YEAR 1 Mahir and Suleyman

YEAR 2 Mohamed and Abdulhak

YEAR 3 Dareen, Nesmah and mohammed

YEAR 4 Hayaah, Mustafa and Tameen

YEAR 5 Aylah and Maira

YEAR 6 Nada and Eliza M

ATTENDANCE SUPERHEROES OF THE WEEK

1B
100%

4SB
98.9%

5S
97.5%

BE AN ATTENDANCE HERO

Here Everyday Ready On time

STAR OF THE WEEK

YEAR 1

Zaiden and Sulayman

Ibrahima and Pearl

YEAR 2

Saibo and Khadijah

Zayd and Amirah

YEAR 3

Hibo and Dareen

Afnan and Hammam

YEAR 4

Shindara and Leyanna

Mohammed and Ijaaz

YEAR 5

Armaan and Abdiaziz

Mariam and Maya

YEAR 6

Poppy and Ilhan

Usmaan and Adam

WEEK ONE

MONDAY

Mains

Chicken Makhani
Vegetable Makhani (V)

Battered Fish,
with Potato Wedges

Accompaniments

Boiled Rice, Naan Bread
& Veg of the Day

Dessert

Ice Cream
Fresh Fruit/Yoghurt

TUESDAY

Mains

Beef Ragù, with Penne
Pasta & Garlic Slice

Cheese, Vegetable
& Potato Hash (V)

Accompaniments

Herby Diced Potatoes
& Veg of the Day

Dessert

Strawberry
Mousse Cheesecake
Fresh Fruit/Yoghurt

WEDNESDAY

Mains

Chicken Sausage,
with Onion Gravy

Fishless Fingers with
Lemon Wedge &
Tartar Sauce (V)

Accompaniments

Mashed Potatoes
& Veg of the Day

Dessert

Chocolate Concrete
with Pink Custard
Fresh Fruit/Yoghurt

THURSDAY

Mains

Cottage Pie

Vegetable Spring Rolls
with Oriental Noodles (V)

Accompaniments

Veg of the Day

Dessert

Iced Lemon Doughnuts
Fresh Fruit/Yoghurt

FRIDAY

Mains

BBQ Chicken Pizza

Margherita Pizza (V)

Accompaniments

Chipped Potatoes
& Veg of the Day

Dessert

Oat Cookie
Fresh Fruit/Yoghurt

Heath Mount Primary Menu

Available Daily

 Fresh Salad Cart

 Jacket potato
and Fillings

WEEK TWO

Mains

Chicken Pasta Bake
Vegetable Pasta Bake (V)
with Garlic Bread

Sea Stars, with Lemon
Wedge & Tartar Sauce

Accompaniments

Pomme Noisette &
Veg of the Day

Dessert

1/2 Belgian Waffle
with Toffee Sauce
Fresh Fruit/Yoghurt

Mains

Chicken Jambalaya
Vegetable Jambalaya (V)
with Herb Flatbread

Battered Chicken Fillet

Accompaniments

Sauté Potatoes &
Veg of the Day

Dessert

Chocolate & Beetroot
Brownie with Custard
Fresh Fruit/Yoghurt

Mains

Beef Lasagne
Vegetable Lasagne (V)
with Garlic Slice

Chicken/Quorn
Sausage Hot Dog (V)

Accompaniments

Pomme Noisette &
Veg of the Day

Dessert

Pancakes with Fruit
or Toffee Drizzle
Fresh Fruit/Yoghurt

Mains

Sweet N' Sour Chicken
Vegetable Samosa,
with Curry Sauce (V)

Fish Fingers, with Lemon
Wedge & Tartar Sauce

Accompaniments

Boiled Rice, Potato Wedges
& Veg of the Day

Dessert

Schooldays Tray Bake
Fresh Fruit/Yoghurt

Mains

Chicken Tikka Pizza
Margherita Pizza (V)

Accompaniments

Chipped Potatoes
& Veg of the Day

Dessert

Chocolate Cornflake Cake
Fresh Fruit/Yoghurt

WEEK THREE

Mains

Creamy Chicken &
Sweetcorn Pasta Bake
Macaroni Cheese (V)

Accompaniments

Garlic Slice &
Veg of the Day

Dessert

Vanilla & Raspberry
Ice Cream Cake
Fresh Fruit/Yoghurt

Mains

Spicy Lamb Burger
Vegetable Burger (V)

Accompaniments

Paprika Sauté Potatoes
& Veg of the Day

Dessert

Lemon Drizzle Cake
Fresh Fruit/Yoghurt

Mains

Chicken Kebab
Vegetable Curry (V)

Accompaniments

Rice, Naan Bread &
Veg of the Day

Dessert

Toffee & Blueberry Muffin
Fresh Fruit/Yoghurt

Mains

Beef Tacos
Vegetable Tacos (V)

Accompaniments

Battered Fish
Herb Diced Potatoes
& Veg of the Day

Dessert

Carrot Cake
Fresh Fruit/Yoghurt

Mains

Cajun Chicken Pizza
Margherita Pizza (V)

Accompaniments

Chipped Potatoes &
Veg of the Day

Dessert

Chocolate Chip Cookie
Fresh Fruit/Yoghurt

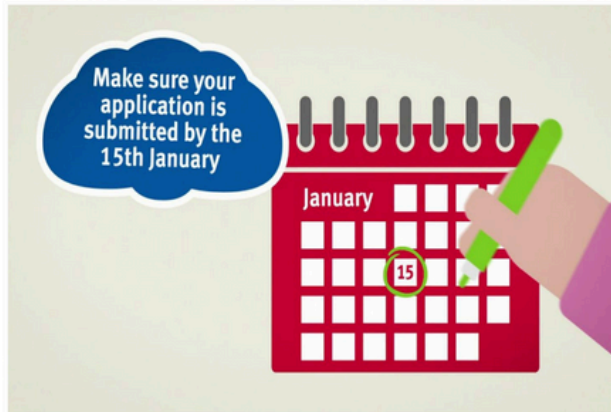


COOMBS
CATERING PARTNERSHIP

W1: 1/9, 22/9,
13/10, 10/11, 1/12
W2: 8/9, 29/9,
20/10, 17/11, 8/12
W3: 15/9, 6/10,
3/11, 24/11, 15/12

ALLERGEN INFORMATION: MENU DESCRIPTIONS
MAY NOT LIST EVERY INDIVIDUAL INGREDIENT.
WE ARE AWARE OF THE PRESENCE OF ALLERGENS
REQUIRING LABELLING, SO PLEASE ASK A
MEMBER OF THE CATERING TEAM SHOULD YOU
REQUIRE ANY MORE DETAILS. VEGETARIAN
OPTIONS ARE INDICATED BY THE SYMBOL (V).

Have you applied for your child's reception
place for September 2026?



Scan this code or visit
www.birmingham.gov.uk/schooladmissions
and fill in the form.
Put Heath Mount Primary School as your
first choice!



**HEATH MOUNT
PRIMARY SCHOOL**

Excelsior
Multi Academy Trust

RECEPTION OPEN DAY

IS YOUR CHILD BORN BETWEEN 1ST
SEPTEMBER 2021 - AUGUST 2022?

**Is your child due to start
reception in September 2026?**

**Come and see our provision and
meet our staff!**

1st Session:

**Thursday 16th October
at 9:30am**

2nd Session:

**Thursday 16th October
at 5:00pm**



**Heath Mount Primary School
Knutsford Street
Balsall Heath
Birmingham
B12 9SR**

**Tel: 0121 464 1691
Email: enquiry@heathmount.excelsiormat.org
Website: www.heathmount.excelsiormat.org**

Attention Year 6 Parents/Carers!

It's time to apply for a secondary school place!



You'll need to submit your application by

31 October 2025

Go to

www.birmingham.gov.uk/schooladmissions
to get started

My top 6 schools are :

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Dates to remember!

September

1st

**1 September 2025:
Applications open**

October

31st

**31 October 2025:
Applications close**

March

2nd

**2 March 2026:
Offer Day**

Applying for 6 schools gives you child the best chance of getting a school that you want. List the schools in order of preference when you apply and if a place is available at more than one school, you will be offered the highest one on your list.

Choosing a secondary school:

Hints & Tips

- Don't leave it too late - You are likely to miss out on the school place you want if you apply late. **Deadline is 31st October 2025.**
- Attend any open events at your preferred secondary schools.
- Look at each school's website and prospectus.
- Think about how your child will travel to school.
- Check the admission criteria of the schools.
- Does your child meet the criteria? Distance from the school is an important factor.
- **Remember to list six different secondary schools you would like your child to attend and put them in order of preference.**



Don't Delay. Apply Today!



www.birmingham.gov.uk/schooladmissions



At Heath Mount Primary School, we promote children's rights in all areas of our curriculum. We want to ensure that ALL children understand their rights so that they are healthy, happy and safe.

Look at the articles below and talk about what they mean.



UNICEF Rights Respecting Schools

Article 2 - No Discrimination

"The Convention applies to every child without discrimination, whatever their ethnicity, gender, religion, language, abilities or any other status, whatever they think or say, whatever their family background."



UNICEF Rights Respecting Schools

Article 30 - Minority, Culture, Language and Religion

"Every child has the right to learn and use the language, customs and religion of their family, whether or not these are shared by the majority of the people in the country where they live."

Exploring Article 2 & 30 - Why do you think celebrating Black History Month is important?

Did you think of these?

- To recognise the contribution and achievements of those with African and Caribbean heritage throughout history.
- To ensure that we hear a diverse range of stories when considering the past.
- To celebrate people's heritage and cultures.
- Because all communities, including schools, should encourage respect for everyone and celebrate diversity and inclusion.
- To think about how we can make the world a more equal place where everyone's rights are respected.
- To learn how to challenge negative stereotypes.
- To ensure that there is time and space for people to discuss more recent events and issues such as Black Lives Matter, the treatment of the Windrush generation and the death of George Floyd.
- Because no one should be treated differently because of who they are.
- To learn about racism and its effects.
- To support people to recognise and challenge discrimination.

Safeguarding at Heath Mount Primary School

Please see the safeguarding page on our school website:
Safeguarding – [Heath Mount Primary School \(excelsiormat.org\)](http://Heath Mount Primary School (excelsiormat.org))

At Heath Mount Primary School safeguarding children is of paramount importance. We have 5 Designated Safeguarding Leads (DSLs) who can be contacted by parents should they have a safeguarding concern. If you have safeguarding concerns about a child, please email school using the following email address: enquiry@heathmount.excelsiormat.org. Our DSLs are:



Meet your safeguarding team:



Mrs Samuel
Headteacher,
SENCO &
Lead DSL



Miss Taylor
Pastoral Manager
Deputy DSL



Mrs Yafai
HLTA
Deputy DSL



Mrs Smith
HLTA
Deputy DSL



Miss Brook
Teacher
Deputy DSL



Miss Bi
Office Manager
DSO



**BIRMINGHAM
CHILDREN'S TRUST**

Contact details

Monday to Thursday: 8:45am to 5:15pm
Friday: 8:45am to 4:15pm
Telephone: 0121 303 1888

Emergency out-of-hours

Telephone: 0121 675 4806

The Children's Advice and Support Service (CASS) provides a single point of contact for professionals and members of the public who want to seek support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact us. We will listen, assess your concerns, and can take action if a child is at risk.

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us



It doesn't have to be an emergency — you might be looking for guidance and support on issues affecting children. Whatever it is you're worried about, our dedicated child protection specialists will be able to advise and take any necessary action.

Whatever your worry — call us on 0800 800 5000, email help@NSPCC.org.uk, or [submit our online form](#) — we can help. We also have advice about [spotting the signs of abuse](#).

Due to an increase in demand across our service, our voice Helpline is currently operating between the hours of 10am-4pm on Monday to Friday. However, you can email help@NSPCC.org.uk at any time. It's free and you don't have to say who you are. If you think a child is in immediate danger, please call the police on 999 straight away.

