

HEATH MOUNT PRIMARY SCHOOL



NEWSLETTER



4th September 2026

Dear Parents and Carers,

I hope you are well and have had a wonderful summer break.

Firstly, I would like to say how wonderful it has been to see you and the children back at school. We have missed you all! The children have settled back into school really well.

I would like to welcome some new members of staff joining the Heath Mount team. Mrs Chawan (y3 teacher), Miss Mahmud (EYFS teacher) and Miss Khashan (year 4 teacher). Miss Balmond is now an Assistant Headteacher.

We will be inviting you into school soon to our live maths and English lessons and OPAL. Please look out for the dates and times.

Finally, please ensure that your child is wearing the correct school uniform and appropriate school shoes each day.

If you have any questions or require support regarding uniform or PE kit, please do not hesitate to speak to a member of the office team.

Have a lovely weekend and we will see you on Monday at 8.35am.

Mrs Samuel
Headteacher

PE TIMETABLE

Monday - 1Z (am)
Year 6 (pm)

Tuesday - 2A (am)
Swimming - 5A

Wednesday - Year 3 (am) - Cricket
Year 4 (am) - Cricket

Thursday - 5Z (pm)

Friday - RM (am)

Children to wear their PE kits to school on their PE days

If your child's class is going swimming, they must bring their swimming kit to school with them on the day.



Communication and Autism Team

Parent Carer Advice Sessions

We would like to invite you to a one-to-one advice session with a member of the Communication and Autism Team.

For parent carers of children / young people on our CAT caseload, with a diagnosis of autism or who are on the neurodevelopmental pathway for assessment.

Date: Thursday 10th September 2026

Book via the following link:

<https://www.localofferbirmingham.co.uk/product/cat-parent-carer-online-one-to-one-advice-sessions-thursday-10th-september-2026/>

Via Microsoft Teams - a link be sent to you prior to the session.



HEATH MOUNT WEEKLY MENU

WEEK 2- 7/9, 28/9, 19/10, 16/11, 7/12, 11/1, 1/2

MONDAY

Cheesy Chicken Pasta
Bake with Garlic BreadSea Stars with Pomme
Noisette & Tartare SauceVegetable Pasta Bake
with Garlic Bread (V)

Garden Peas

Strawberry Mousse

TUESDAY

Grilled Chicken Kebabs

Vegetable Samosa &
Curry Sauce (V)Steamed Rice,
Herby Flatbread,
Broccoli

Fresh Fruit Salad

WEDNESDAY

Homemade Chicken
& Vegetable PieCheese,
Chive & Potato Pie (V)Roasted New Potatoes,
Carrots, Green Beans,
Gravy

Cherry Shortbread

THURSDAY

Minced Beef Tacos
with Savoury RiceCheese & Bean
Quesadilla with Herby
Diced Potatoes (V)

Sweetcorn & Peppers

Banana Loaf

FRIDAY

Wholemeal Cheesy
Meatball PizzaWholemeal
Margherita Pizza (V)Chipped Potatoes,
Peas

Chocolate Crispy Cake

Available daily- Jacket Potato with a variety of fillings /
Fresh salad cart / Fresh Fruit

ADULT EDUCATION ENROLMENT DAY

AT HEATH MOUNT PRIMARY SCHOOL

Start Your Learning Journey!



Thinking about returning to education,
gaining new qualifications, or
developing new skills?

Come along to the **Enrolment Day** and
speak with their friendly team about
the courses and opportunities available.



EVENT DETAILS



Monday
14th September 2026



9:00am



Community Hub
Heath Mount Primary School



FIND OUT ABOUT



Course availability



Qualifications and
training programmes



Career development
opportunities



Advice and guidance
from the Enrolment Day team



Enrolment information
and support



HAVE QUESTIONS?

Feel free to pop into the Community Hub
at Heath Mount Primary School for a chat.
The Enrolment Day team will be happy
to answer any questions and help you
explore the opportunities available.



EVERYONE WELCOME

Whether you're ready to enrol or
simply want to learn more about the
courses on offer, come along and
meet the team.



ENGLISH & MATHS FUNCTIONAL SKILLS

STARTING IN SEPTEMBER

Build confidence. Improve skills.
Open doors to new opportunities.

**DUE TO
POPULAR
DEMAND
WE ARE PUTTING ON
2 SESSIONS!**

TO BE ELIGIBLE YOU MUST:

19+

Be over
19 years old



Live in
Birmingham



Not be
in work

We will be having classes on
TUESDAYS and FRIDAYS

You will only need to attend one of the days.



MATHS

9:30AM – 12:00PM



ENGLISH

12:30PM – 3:00PM



BRANDWOOD COMMUNITY CENTRE
157 Allens Croft Road
Kings Heath, Birmingham B14 6RP



Visit our website
www.brandwoodcentre.co.uk



Email us
alison@brandwoodcentre.co.uk



Call us
0121 443 3310

Take the next step
towards a brighter
FUTURE.
*We're here to
support you!*



EMPLOYABILITY DROP-IN SESSIONS

Train to Gain Service

Pop in for a chat! We'll listen, identify the
right support for you and book you in.

We can talk about the following support:



CV Writing
& Updates



Confidence
Building



Job Search
Support



Training &
Qualifications



Interview
Skills



Functional Skills
Information



Careers
Advice



Support into
Employment



Volunteering
Opportunities



Who can attend?

- ✓ Aged 19+
- ✓ Living in Birmingham
- ✓ Currently not in work



**No appointment needed –
just drop in!**



alison@brandwoodcentre.co.uk



www.brandwoodcentre.co.uk



0121 443 3310

FOOTBALL FUTURE STARS



SOUTH BIRMINGHAM FOOTBALL COURSE 2026

FA QUALIFIED • DBS CHECKED • 16+ YEARS EXPERIENCE

QUEENSBRIDGE SECONDARY SCHOOL (GRASS PITCHES)
QUEENSBRIDGE ROAD, MOSELEY, BIRMINGHAM B13 8QB

STARTING FRIDAY 4TH SEPTEMBER

GROUP 1

4:30PM – 5:30PM

SCHOOL YEARS

RECEPTION

YEAR 1

YEAR 2

YEAR 3

GROUP 2

5:30PM – 6:30PM

SCHOOL YEARS

YEAR 4

YEAR 5

YEAR 6

YEARS 7+

AGES 4 - 15

£9 PER WEEK

PAID EVERY 4 WEEKS

£36 DUE ON WEEK 1

FINAL WEEK

✓ **TROPHIES AND MEDALS**

✓ **PRESENTATION DAY**

TO RESERVE A PLACE - TEXT

SOUTH BIRMINGHAM + CHILDS NAME + AGE + GROUP (1 OR 2)

07496 548498

FOOTBALL FUTURE STARS



ABOUT OUR COURSE

FOOTBALL SKILLS DEVELOPMENT

OUR SESSIONS ARE DESIGNED TO HELP CHILDREN DEVELOP THEIR FOOTBALL ABILITY WHILE KEEPING THE SESSIONS FUN AND ENGAGING.

PLAYERS WILL LEARN:

BALL CONTROL

DRIBBLING SKILLS

PASSING AND MOVEMENT

SHOOTING AND FINISHING

SMALL SIDED GAMES

CONFIDENCE AND TEAMWORK

ALL ABILITIES ARE WELCOME, WHETHER CHILDREN ARE NEW TO FOOTBALL OR ALREADY PLAY REGULARLY.

FOOTBALL FUTURE STARS HAS BEEN RUNNING SUCCESSFUL CHILDREN'S FOOTBALL COURSES FOR OVER 17 YEARS.

ALL SESSIONS ARE DELIVERED BY:

- FA QUALIFIED COACHES
- DBS CHECKED STAFF
- COACHES WITH EXTENSIVE EXPERIENCE WORKING WITH CHILDREN

OUR AIM IS TO CREATE A POSITIVE ENVIRONMENT WHERE CHILDREN CAN LEARN, IMPROVE AND ENJOY FOOTBALL.

Service Success



Tailored training designed for individuals wishing to embark on fulfilling careers in the fields of hospitality and customer service. Meticulously crafted to equip participants with essential skills and knowledge vital for success in roles within the vibrant hospitality industry.

Starting on Friday 11th September 2026, course runs every Friday 9.30am - 4.30pm for 7 weeks (excludes school holidays)

- Team Work and Communication,
- Level 2 Food Safety and Hygiene
- Level 2 Occupational Health and Safety,
- Welcome Host
- Get That Job
- Emergency First Aid
- L2 Understanding Mental Health in the Workplace

Open to anyone living in Birmingham, 19+ and not in work, education or training

KEEP FOOTBALL FUN!

PRICES FROM £5 PER SESSION

TERM TIME ONLY

Wheeler Lane Technology College (Kings Heath)

Class	Time	Day
Reception & Yr 1	9:30am - 10:40am	Saturday
Year 1 & 2	9:30am - 10:40am	Saturday
Year 3 & 4	9:30am - 10:40am	Saturday
Year 5 & 6	10:50am - 12pm	Saturday
Year 7 & 8	10:50am - 12pm	Saturday
Year 9 & 10	10:50am - 12pm	Saturday
Girls year 5 - 10	10:50am - 12pm	Saturday
Year 1-3 After School Club	4:30pm - 5:40pm	Tuesday
Year 4-6 After School Club	4:30pm - 5:40pm	Tuesday
Year 7-9 After School Club	4:30pm - 5:40pm	Tuesday
Year 1-3 After School Club	4:30pm - 5:30pm	Friday
Year 4-6 After School Club	4:30pm - 5:30pm	Friday
Year 7-9 After School Club	4:30pm - 5:30pm	Friday





At Heath Mount Primary School, we promote children's rights in all areas of our curriculum. We want to ensure that **ALL** children understand their rights so that they are **healthy, happy and safe.**

Look at the article below and talk about what the article means.



29

AIMS OF
EDUCATION

UNICEF RIGHTS RESPECTING SCHOOLS

Article 29 – Aims of Education

“Education must develop every child's personality, talents and abilities to the full. It must encourage the child's respect for human rights, as well as respect for their parents, their own and other cultures, and the environment.”



Exploring Article 29 – How can education support you to develop your personality, talents and abilities?

Did you think of these?

- Support health and wellbeing
- Understanding human rights
- Provide a safe space
- Treating you as an individual
- Learning about different careers
- Providing access to music, art and sports
- Giving you a voice

- Encourage friendships
- Trips
- Residentials
- Outdoor learning
- Clubs



HEATH MOUNT WEEKLY QUIZ CHALLENGE!

QUESTION

What should you do if a stranger online asks for your home address?

- A** Keep it private and tell a trusted adult
- B** Post it in a group chat
- C** Tell them your address
- D** Ask for their address first



(TURN THE NEWSLETTER UPSIDE DOWN TO READ!)

ANSWER: A - Keep it private and tell a trusted adult.

DID YOU KNOW?

Your home address is personal information and should not be shared with strangers online.

Stay smart. Stay safe. Be kind online.



Safeguarding at Heath Mount Primary School

Please see the safeguarding page on our school website:
Safeguarding – [Heath Mount Primary School \(excelsiormat.org\)](http://Heath Mount Primary School (excelsiormat.org))

At Heath Mount Primary School safeguarding children is of paramount importance. We have 6 Designated Safeguarding Leads (DSLs) who can be contacted by parents should they have a safeguarding concern. If you have safeguarding concerns about a child, please email school using the following email address: enquiry@heathmount.excelsiormat.org. Our DSLs are:



Meet your safeguarding team:



Mrs Samuel
Headteacher,
SENCO &
Lead DSL



Miss Beech
Deputy Headteacher
Deputy DSL



Miss Taylor
Pastoral Manager
Deputy DSL



Mrs Yafai
HLTA
Deputy DSL



Mrs Smith
HLTA
Deputy DSL



Miss Brook
Teacher
Deputy DSL



Miss Bi
Office Manager
DSL



BIRMINGHAM CHILDREN'S TRUST

Contact details

Monday to Thursday: 8:45am to 5:15pm
Friday: 8:45am to 4:15pm
Telephone: 0121 303 1888

Emergency out-of-hours

Telephone: 0121 675 4806

The Children's Advice and Support Service (CASS) provides a single point of contact for professionals and members of the public who want to seek support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact us. We will listen, assess your concerns, and can take action if a child is at risk.

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us



It doesn't have to be an emergency — you might be looking for guidance and support on issues affecting children. Whatever it is you're worried about, our dedicated child protection specialists will be able to advise and take any necessary action.

Whatever your worry — call us on [0800 800 5000](tel:0800 800 5000), email help@NSPCC.org.uk, or [submit our online form](#) — we can help. We also have advice about [spotting the signs of abuse](#).

Due to an increase in demand across our service, our voice Helpline is currently operating between the hours of 10am-4pm on Monday to Friday. However, you can email help@NSPCC.org.uk at any time. It's free and you don't have to say who you are. If you think a child is in immediate danger, please call the police on [999](tel:999) straight away.

