

Heath Mount Primary School



Newsletter



6th February 2026

Dear Parents/Carers,

I hope that you have had a lovely week.

Parents' evening appointments are available to book on the Arbor app. Please make sure you have booked an appointment with each of your children's teachers- these will be taking place on the 11th and 12th of February.

2026 is The National Year of Reading. So far this year, we have introduced Accelerated Reading across the whole school and Reading Rockets – I'm sure that you have spotted the collection of badges on your child's jumper! Throughout the year, we will be taking part in the Reading for Pleasure project, exploring new authors and discovering different genres. This week was National Story Telling Week. We were grateful to enjoy a lively workshop with two world renowned authors and story tellers: rapper Alim Kamara and Annemarie Anang.

KS2 particularly enjoyed joining in with Alim's rap about respecting and loving yourself. Some pupils have gone on to write their own performance poetry.

A huge thank you to families for encouragement and support! In Key Stage 1, children heard a story told by Annemarie and were challenged with writing an alternative ending.

Year 4 were thrilled to welcome the Shakespeare Birthplace Trust and the Desi blitz Art Bus on Thursday. They really enjoyed this experience.

Today, the children and staff were very excited to take part in the NSPCC Number Day 2026.

Everyone was excited to come to school dressed up ready for a maths themed day. The children enjoyed taking part in lots of fun maths activities and puzzles. Thank you for all of your kind contributions.

Have a lovely weekend and stay warm.

Best wishes,

Mrs Samuel
Headteacher

Online Safety Quiz
Does your child know how to stay safe online? Test their knowledge with this online quiz.

You want to post a video to TikTok, but you were wearing your school uniform in the video. Does it matter?

A No, it doesn't matter, everyone know which school you go to anyway.

B You suppose it would be better without the uniform but can't be bothered to refilm so post it anyway.

C Yes, it matters because your uniform has the school name on it, which is personal info and it can give away your location so you shouldn't post the video online.

The correct answer is **C**. Yes, it matters because your uniform has the school name on it, which is personal info and it can give away your location so you shouldn't post the video online.

Don't share your personal information

DATES FOR YOUR DIARY

MONDAY 9TH FEBRUARY

KEY STAGE 2 MATHS OPEN LESSON - 9:00-9:45

MONDAY 9TH FEBRUARY

YEAR 4 VISIT TO THE BIRMINGHAM SYMPHONY HALL

WEDNESDAY 11TH FEBRUARY

PARENTS' EVENING 3:30 - 5:30 PM

THURSDAY 12TH FEBRUARY

PARENTS' EVENING 3:30 - 5:30 PM

MONDAY 16TH FEBRUARY – FRIDAY 20TH FEBRUARY

HALF TERM HOLIDAY

MONDAY 23RD FEBRUARY

SCHOOL OPEN FOR ALL PUPILS

THURSDAY 26TH FEBRUARY

YEAR 2 VISIT TO THE BIRMINGHAM SYMPHONY HALL

MONDAY 2ND AND WEDNESDAY 4TH MARCH

YEAR 4 VISIT THE BIRMINGHAM MUSEUM

FRIDAY 6TH MARCH

WORLD BOOK DAY

ATTENTION PLEASE!

Don't forget parents' evening!

IMPORTANT ANNOUNCEMENT

Parents' Evening will be taking place on Wednesday 11th February and Thursday 12th February from 3:30 - 5:30 pm.

Book a 10-minute appointment slot on the Arbor App or contact the school office.

Every effort will be made to give you an appointment in the slot requested but please note that appointments will be booked on a first come, first served basis



PE TIMETABLE



Monday - 1B and Year 6

Tuesday - Swimming - 5B

Wednesday - 2RZ and Year 3

Thursday - 2Z, Year 4 and 5S

Friday - Reception

Children to wear their PE kits to school on their PE days



Thursday 12th February

COOMBS
CATERING PARTNERSHIP

Pancake Day!

Menu

LET'S GO TRADITIONAL

Lemon and a Tiny Sugar Sprinkle

LET'S GO HEALTHY

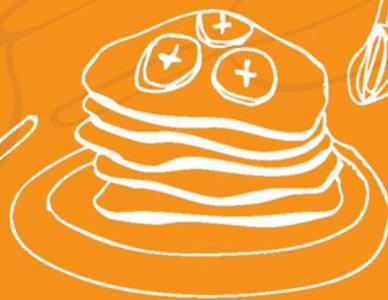
Natural Yoghurt and Diced Strawberries

LET'S GO OVER THE RAINBOW

Golden Syrup and Sugar Strands

LET'S GO TO CHARLIE'S CHOCOLATE FACTORY

Toffee Sauce and Chocolate Chips



FRED'S ATTENDANCE SUPERHEROES OF THE WEEK



2RZ 95.4%

30 98.9%

6B 98%



HERE
EVERYDAY
READY
ON TIME

ORACY CHAMPIONS OF THE WEEK



EACH WEEK, OUR STAFF CHOOSE A CHILD WHO HAS DEMONSTRATED THEIR ORACY SKILLS IN AN EXCEPTIONAL WAY.

ORACY CHAMPIONS

RECEPTION

Amara

YEAR 1

Halimah

YEAR 2

Safa and Aayan

YEAR 3

Sarah and Luqman

YEAR 4

Rayyan, Yousef and Sumaya

YEAR 5

Musa and Kharisma

STAR

of the week

Reception	Laila and Mariam
Year 1	Harris and Mohammed
Year 2	Abdulhak and Ihsaan. Aileen and Zayd
Year 3	Lano and Ali. Alayna and Alaa
Year 4	Amelia and Muna. Eshaal and Mouad
Year 5	Ajwa and Armann. Renad and Aibek.
Year 6	Reilly and Abdifateh. Ibrahim and Jannat

Hot Chocolate Friday

Well done to all of the children who were nominated.

This week's winners are:

Reception	Azeez and Zayan
Year 1	Abdulrahman
Year 2	Amirah
Year 3	Arden
Year 4	Shindara
Year 5	Basmah
Year 6	Abdul-Haseeb

GOLDEN TICKET
WINNER

Year 3 - Alayna
Year 4 - Dina, Hayaah, Musa, Abeeha,
Haleemah, Miriam, Amelia, Yusuf, Muadh,
Tameen, Abdul-Raheem, Salima, Zahra, Ahmed
and Ekram
Year 5 - Zohair
Year 6 - Poppy

WEEK ONE

MONDAY

Mains

Chicken Makhani
Vegetable Makhani (V)

Battered Fish,
with Potato Wedges

Accompaniments

Boiled Rice, Naan Bread
& Veg of the Day

Dessert

Ice Cream
Fresh Fruit/Yoghurt

TUESDAY

Mains

Beef Ragù, with Penne
Pasta & Garlic Slice

Cheese, Vegetable
& Potato Hash (V)

Accompaniments

Herby Diced Potatoes
& Veg of the Day

Dessert

Fruity Crumble Cake
Fresh Fruit/Yoghurt

WEDNESDAY

Mains

Chicken Sausage,
with Onion Gravy

Fishless Fingers with
Lemon Wedge &
Tartar Sauce (V)

Accompaniments

Mashed Potatoes
& Veg of the Day

Dessert

Chocolate Concrete
with Pink Custard
Fresh Fruit/Yoghurt

THURSDAY

Mains

Cottage Pie

Vegetable Spring Rolls
with Oriental Noodles (V)

Accompaniments

Veg of the Day

Dessert

Iced Lemon Doughnuts
Fresh Fruit/Yoghurt

FRIDAY

Mains

BBQ Chicken Pizza

Margherita Pizza (V)

Accompaniments

Chipped Potatoes
& Veg of the Day

Dessert

Oat Cookie
Fresh Fruit/Yoghurt

WEEK TWO

Mains

Chicken Pasta Bake
Vegetable Pasta Bake (V)
with Garlic Bread

Sea Stars, with Lemon
Wedge & Tartar Sauce

Accompaniments

Pomme Noisette &
Veg of the Day

Dessert

1/2 Belgian Waffle
with Toffee Sauce
Fresh Fruit/Yoghurt

Mains

Chicken Jambalaya
Vegetable Jambalaya (V)
with Herb Flatbread

Battered Chicken Fillet

Accompaniments

Sauté Potatoes &
Veg of the Day

Dessert

Chocolate & Beetroot
Brownie with Custard
Fresh Fruit/Yoghurt

Mains

Beef Lasagne
Vegetable Lasagne (V)
with Garlic Slice

Chicken/Quorn
Sausage Hot Dog (V)

Accompaniments

Pomme Noisette &
Veg of the Day

Dessert

Pancakes with Fruit
or Toffee Drizzle
Fresh Fruit/Yoghurt

Mains

Sweet N' Sour Chicken

Vegetable Samosa,
with Curry Sauce (V)

Fish Fingers, with Lemon
Wedge & Tartar Sauce

Accompaniments

Boiled Rice, Potato Wedges
& Veg of the Day

Dessert

Schooldays Tray Bake
Fresh Fruit/Yoghurt

Mains

Chicken Tikka Pizza

Margherita Pizza (V)

Accompaniments

Chipped Potatoes
& Veg of the Day

Dessert

Chocolate Cornflake Cake
Fresh Fruit/Yoghurt

WEEK THREE

Mains

Creamy Chicken &
Sweetcorn Pasta Bake
Macaroni Cheese (V)

Accompaniments

Garlic Slice &
Veg of the Day

Dessert

Vanilla & Raspberry
Ice Cream Cake
Fresh Fruit/Yoghurt

Mains

Spicy Lamb Burger
Vegetable Burger (V)

Accompaniments

Paprika Sauté Potatoes
& Veg of the Day

Dessert

Lemon Drizzle Cake
Fresh Fruit/Yoghurt

Mains

Chicken Kebab
Vegetable Curry (V)

Accompaniments

Rice, Naan Bread &
Veg of the Day

Dessert

Toffee & Blueberry Muffin
Fresh Fruit/Yoghurt

Mains

Beef Tacos

Vegetable Tacos (V)

Accompaniments

Battered Fish
Herb Diced Potatoes
& Veg of the Day

Dessert

Carrot Cake
Fresh Fruit/Yoghurt

Mains

Cajun Chicken Pizza

Margherita Pizza (V)

Accompaniments

Chipped Potatoes &
Veg of the Day

Dessert

Chocolate Chip Cookie
Fresh Fruit/Yoghurt

Heath Mount Primary Menu

Available Daily

 Fresh salad cart

 Jacket potato
and fillings



COOMBS
CATERING PARTNERSHIP

W1 : 5/1, 26/1
W2 : 12/1, 2/2
W3 : 19/1, 9/2

ALLERGEN INFORMATION: MENU DESCRIPTIONS
MAY NOT LIST EVERY INDIVIDUAL INGREDIENT.
WE ARE AWARE OF THE PRESENCE OF ALLERGENS
REQUIRING LABELLING. SO PLEASE ASK A
MEMBER OF THE CATERING TEAM SHOULD YOU
REQUIRE ANY MORE DETAILS. VEGETARIAN
OPTIONS ARE INDICATED BY THE SYMBOL (V).

100% ATTENDANCE COMPETITION



Exciting News!
Monthly Attendance Raffle

One lucky winner will receive a £20 Aldi Voucher!

We're thrilled to introduce a new Attendance Raffle to celebrate and encourage excellent attendance!

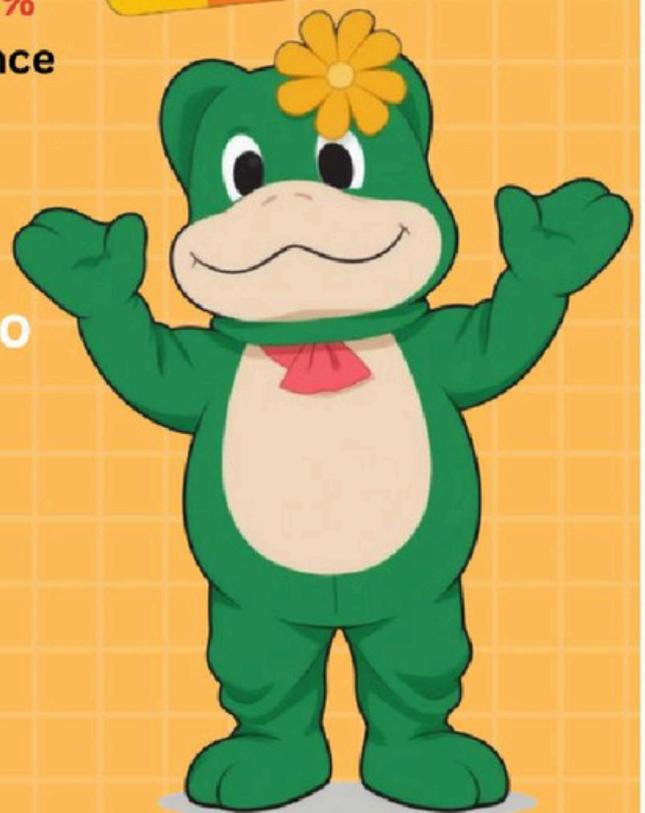
Every month, all children who have **100%** attendance or shown improved attendance will be entered in to a prize draw!

Fred says, "Don't delay! Hop to school and learn today."

ATTENDANCE MATTERS



EVERY DAY COUNTS



Safeguarding at Heath Mount Primary School

Please see the safeguarding page on our school website:
Safeguarding – [Heath Mount Primary School \(excelsiormat.org\)](http://heathmount.excelsiormat.org)

At Heath Mount Primary School safeguarding children is of paramount importance. We have 6 Designated Safeguarding Leads (DSLs) who can be contacted by parents should they have a safeguarding concern. If you have safeguarding concerns about a child, please email school using the following email address: enquiry@heathmount.excelsiormat.org. Our DSLs are:



Meet your safeguarding team:



Mrs Samuel
Headteacher,
SENCO &
Lead DSL



Miss Beech
Deputy Headteacher
Deputy DSL



Miss Taylor
Pastoral Manager
Deputy DSL



Mrs Yafai
HLTA
Deputy DSL



Mrs Smith
HLTA
Deputy DSL



Miss Brook
Teacher
Deputy DSL



Miss Bi
Office Manager
DSO



BIRMINGHAM CHILDREN'S TRUST

Contact details

Monday to Thursday: 8:45am to 5:15pm
Friday: 8:45am to 4:15pm
Telephone: 0121 303 1888

Emergency out-of-hours

Telephone: 0121 675 4806

The Children's Advice and Support Service (CASS) provides a single point of contact for professionals and members of the public who want to seek support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact us. We will listen, assess your concerns, and can take action if a child is at risk.

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us



Cruelty to children must stop. FULL STOP.

It doesn't have to be an emergency — you might be looking for guidance and support on issues affecting children. Whatever it is you're worried about, our dedicated child protection specialists will be able to advise and take any necessary action.

Whatever your worry — call us on [0808 800 5000](tel:08088005000), email help@NSPCC.org.uk, or [submit our online form](#) — we can help. We also have advice about [spotting the signs of abuse](#).

Due to an increase in demand across our service, our voice Helpline is currently operating between the hours of 10am-4pm on Monday to Friday. However, you can email help@NSPCC.org.uk at any time. It's free and you don't have to say who you are. If you think a child is in immediate danger, please call the police on [999](tel:999) straight away.





At Heath Mount Primary School, we promote children's rights in all areas of our curriculum. We want to ensure that ALL children understand their rights so that they are healthy, happy and safe. Look at the article below and talk about what this article means.



UNICEF Rights Respecting Schools Article 2 - No Discrimination

“The Convention applies to every child without discrimination, whatever their ethnicity, gender, religion, language, abilities or any other status, whatever they think or say, whatever their family background.”

Exploring Article 2 - Why is it important to listen to, learn from and celebrate people's differences in school and in our community?

Did you think of these?

- It helps to remind us that we are all unique and should all be treated with dignity.
- It reminds us that everyone has different experiences and everyone has the right to be listened to and express their opinions.
- When our differences are celebrated, we feel valued as people and our health and wellbeing improves.
- It helps all people to feel welcome in school.
- It reminds us that not all families or relationships look the same.
- It helps us to be open and respectful to new ideas about identity.
- We are all learning all of the time and by listening to others we continue to grow and learn.
- So that we can speak up and challenge unfair comments or actions.
- To help ensure that all children and young people's opinions are taken into account when making decisions about them.