HEATH MOUNT PRIMARY SCHOOL NEWSLETTER

6th November 2026

Dear Parents and Carers,

The children have settled back into school really well and have returned motivated and ready to learn.

Thank you to all parents and carers who ensure their children arrive at school every day and on time. Your support makes a real difference. Please help us to achieve 100% attendance this half term.
At the end of this month, two Aldi vouchers will be included in our monthly attendance raffle with Fred, giving families an extra incentive to maintain excellent attendance.

Parents' Evening will take place on the 8th and 9th December. Please sign up for an appointment via Arbor. It will be lovely to see you all and discuss your child's progress.

Thank you for your continued support.

Have a lovely weekend.

Mrs Samuel
Headteacher





Stay in touch: enquiry@heathmount.excelsiormat.org 0121 464 1691 www.heathmount@excelsiormat.org

HEATH MOUNT PRIMARY SCHOOL

DIARY DATES

School Events



Monday **9h Nov**	**Scholastic Book Fair - 5th Nov until 10th Nov** Time: 3:20 pm Location: Lower Hall
Friday **13th Nov**	**Year 5 Live lesson for Parents** Time: 9:00 Location: Year 5 Classrooms
Friday **13th Nov**	**Children in Need Day** Non Uniform Day £1 Donation
Monday **16th Nov**	**Odd Socks Day** Wear your odd socks to support anti-bullying week
Wednesday **18th Nov**	**Parents' E-Safety Workshop** Time: 9:00 Location: The Art Room
Friday **20th Nov**	**Year 3 Live lesson for Parents** Time: 9:00 Location: Year 3 Classrooms
Friday **27th Nov**	**Year 2 Live lesson for Parents** Time: 9:00 Location: Year 2 Classrooms
Wednesday **2nd Dec**	**Year 6 visit to RAF Cosford**
Friday **4th Dec**	**Year 1 Live lesson for Parents** Time: 9:00 Location: Year 1 Classrooms
Tuesday **8th Dec**	**EYFS Christmas Nativity**
Tuesday **8th Dec**	**Parents Evening** Time: 3:30 - 5:45 Location: Classrooms
Wednesday **9th Dec**	**Parents Evening** Time: 3:30 - 5:45 Location: Classrooms

HEATH MOUNT PRIMARY SCHOOL

Children In Need Day

Friday 13th November



£1 DONATION

Come to school in your **yellow, spotty** or **Pudsey themed clothes** and raise money for a special cause.

Together we can make a difference!

HEATH MOUNT PRIMARY SCHOOL

ODD SOCKS DAY

Monday, 16th November 2026

WEAR YOUR ODD SOCKS!

SUPPORT ANTI-BULLYING WEEK

CELEBRATE WHAT MAKES US ALL UNIQUE!



WEAR ODD SOCKS AND SUPPORT ANTI-BULLYING WEEK!

HEATH MOUNT PRIMARY SCHOOL

AUTUMN PARENTS' EVENING

Heath Mount Primary School

Come and celebrate your child's learning and progress with us!

Tuesday
8th December 2026
3.30pm - 5.45pm

Wednesday
9th December 2026
3.30pm - 5.45pm

What to expect

- View your child's work
- Discuss progress and achievements
- Meet with your child's class teacher
- Ask questions and share any concerns



Book your appointment on the Arbor App

Arbor



Appointments are 10 minutes long and must be booked through the Arbor App.

1. Open the Arbor App
2. Click on Guardian Consultations
3. Select the time you would like to meet with your child's teacher

Every effort will be made to give you an appointment in the slot requested but please note that appointments will be dealt with on a first come, first served basis.

Booking deadline

Friday 4th December 2026
Please ensure your appointment is booked before this date.

Need help?

If you require any help with the booking, please contact the school office and they will be able to talk you through it.

0121 464 1691

enquiry@heathmount.excelsiormat.org

We look forward to seeing you!

HEATH MOUNT PRIMARY SCHOOL

Reading Inspire Workshops

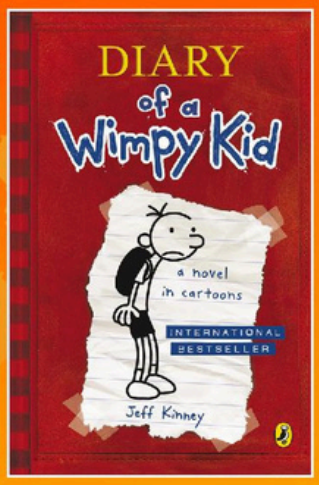
Year Group	Date	Time
Year 1	04/12/2026	Friday 9:00AM
Year 2	27/11/2026	Friday 9:00AM
Year 3	20/11/2026	Friday 9:00AM
Year 5	13/11/2026	Friday 9:00AM
Year 4	06/11/2026	Friday 9:00AM
Year 6 (SATs Workshop)	05/11/2026	Thu 1:30PM

SCHOLASTIC TRAVELLING BOOKS

Every book you buy earns FREE BOOKS for our school*

COME TO OUR BOOK FAIR

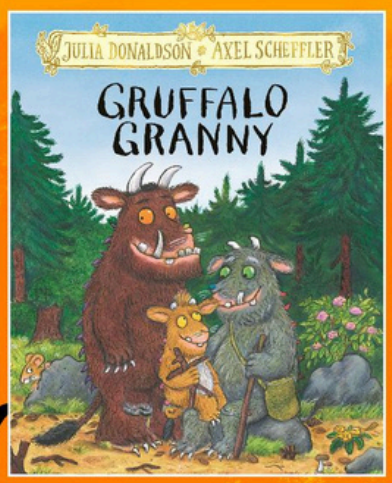
And find your next favourite read!



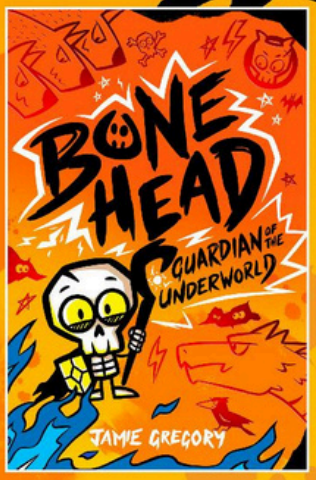














Scan to pay securely online!

GO ALL IN. National Year of Reading 2026

DATE: 05/11/2026 until 10/11/2026

TIME: 3:20pm - 3:45pm

LOCATION: Lower Hall

FRED'S ATTENDANCE SUPERHEROES OF THE WEEK

HEATH MOUNT PRIMARY SCHOOL

RM 97.2%

3H 100%

4K 100%

6B 100%

6JB 100%





HERE EVERYDAY

READY

ON TIME

ORACY CHAMPIONS OF THE WEEK

HEATH MOUNT PRIMARY SCHOOL

Excelsior Multi Academy Trust

EACH WEEK, OUR STAFF CHOOSE A CHILD WHO HAS DEMONSTRATED THEIR ORACY SKILLS IN AN EXCEPTIONAL WAY.

ORACY CHAMPIONS

RECEPTION	Hidayah
YEAR 1	Dawud and Tiwa
YEAR 2	Suleyman
YEAR 3	Redone and Reem
YEAR 4	Hamza and Nehal
YEAR 5	Ouais and Nazim

STAR of the week

Reception	Ayomide
Year 1	Azeez and Valeria. Ghena and Deenal.
Year 2	Abdullahi and Ajaye.
Year 3	Mikhail and Laila. Sarah and Muqadas.
Year 4	Alayna, Zaiden and Basmina.
Year 5	Yousaf and Dina. Arsalan and Jaxson.
Year 6	Mahamadou and Basmah

Hot Chocolate Friday

Well done to all of the children who were nominated.

This week's winners are:

Reception	Ayah Noor and M. Mahmood
Year 1	Valeria
Year 2	Manaal
Year 3	Abdulhak and Zayd
Year 4	Alayna
Year 5	Amelia

COOMBS

Heath Mount Weekly Menu

WEEK 1- 31/8, 21/9, 12/10, 9/11, 30/11, 4/1, 25/1

MONDAY	TUESDAY	WEDNESDAY
Creamy Chicken Korma with Rice & Naan Bread Battered Fish with Pomme Noisette & Tartare Sauce	Traditional Cottage Pie Fish Fingers with Herby Diced Potatoes & Lemon Wedge	Roast Chicken with Yorkshire Pudding & Gravy
Creamy Vegetable Korma with Rice & Naan Bread (V)	Vegetable Spring Rolls & Oriental Noodles (V)	Herb Roasted Quorn (V)
Peas & Sweetcorn	Green Beans, Gravy	Crunchy Roast Potatoes, Carrots, Cauliflower
Vanilla Ice Cream	Watermelon or Orange Wedges & Apple Slices	Chocolate Concrete with Pink Custard

THURSDAY	FRIDAY
Beef Chilli Con Carne with Steamed Rice Chicken or Veggie (V) Sausage Hot Dogs with Sauté Potatoes	Wholemeal BBQ Chicken Pizza
5 Bean Chilli Con Carne with Steamed Rice (V)	Wholemeal Margherita Pizza (V)
Broccoli	Spicy Wedges, Garden Peas
Raspberry Jelly	Homemade Strawberry Shortbread

Available Daily- Jacket Potato with a variety of fillings / Fresh Salad Cart / Fresh Fruit

FREE WOMEN'S TENNIS SESSIONS

LTA Tennis Foundation

sähëli hub

DROP-IN AND JOIN OUR WOMEN ONLY TENNIS SESSIONS!



ALL ABILITIES WELCOME!

- Meet other local women
- Equipment provided
- Improve fitness and wellbeing
- Build confidence
- Make new friends

STARTS

TUESDAY 17TH NOVEMBER 2026

EVERY TUESDAY

10:30 AM - 11:30 AM

AT

HEATH MOUNT SCHOOL

KNUTSFORD ST, BALSALL HEATH, B12 9SR

(UPPER HALL)

DROP-IN AND JOIN OUR WOMEN ONLY TENNIS SESSIONS!

Whether you're completely new to tennis or have played before, everyone is welcome to come along and give it a try in a friendly and supportive environment.

ALL LEVELS WELCOME. AGED 14+ YEARS

www.saheli.co.uk

Kings Heath COMMUNITY KITCHEN

KHCK CIC

THIS SUNDAY AT KINGS HEATH COMMUNITY KITCHEN

Join us for a hot meal, practical support and a warm welcome.

Sunday 8 November | **2:30–5:00pm** | **New Life Baptist Church, Kings Heath High Street (opposite Asda)**

On the menu

Soup • Meat curry • Vegetable curry • Sweet rice • Pakoras • Samosas • Naan bread



Available on the day



Clothing bank



Free haircuts



Hygiene & wash kits

Everything is completely free

No referral. No judgement. Just community.

Please share with anyone who may benefit.

COOKING WORKSHOPS | NHS DIABETES SUPPORT

WISE

Women's Information, Support and Education for Diabetes

Family Wellbeing Zone
Formally Sparkbrook Children's Zone

A free 3-week course will include cooking sessions, NHS Health Checks, and personalised diabetes health advice

Join us on Thursday mornings at venues across Sparkbrook, Sparkhill, Balsall Heath, and Hall Green

FREE

Eligibility Criteria:

- Women living in Hall Green Locality
- Aged 18-45
- Experiencing either pre-diabetes, have a history of gestational diabetes or are living with type 1 or type 2 diabetes

Individuals must also be living with at least one additional need, including:

- obesity
- poor mental health
- learning disability
- autism
- hearing loss
- sight loss
- epilepsy
- thalassaemia trait
- sickle cell trait

Childcare Provided

How Do I Join?
If you or someone you know would like to take part in our course, please scan the QR code or follow the link below to complete the referral form

We will then contact you with information about the course venue, date, and time

Referral Form:

WISE

Referral Link: https://forms.cloud.microsoft/e/NLEgfTChrW

Contact Us
E: familywellbeingzone@greensquareaccord.co.uk
W: www.familywellbeingzone.org.uk

NHS | Green Square Accord | Hall Green Neighbourhood Network Scheme

HEATH MOUNT PRIMARY SCHOOL

At Heath Mount Primary School, we promote children's rights in all areas of our curriculum. We want to ensure that ALL children understand their rights so that they are healthy, happy and safe.

Look at the article below and talk about what this article means.



38

PROTECTION IN WAR

UNICEF RIGHTS RESPECTING SCHOOLS

Article 38 – Protection in war

"Governments must not allow children under the age of 15 to take part in war or join the armed forces. Governments must do everything they can to protect and care for children affected by war and armed conflict."

Exploring Article 38 – Why is it important to remember and commemorate those who have fought in wars?

Did you think of these?

- Children have a right to be protected during war.
- It's important to remember and acknowledge those who have fought to keep children safe and to show thanks.
- Children have a right to life. During wars, some people lose their own lives t the lives of children and munities. It is important to r their sacrifice.
- et about wars that have our way of life, we might same mistakes again.
- under 15 should not take ar.
- It is important to think about how we can achieve a more peaceful future.
- It is important to consider ways to avoid war to resolve conflict.
- Remembrance unites people of all faiths, cultures and backgrounds.



HEATH MOUNT PRIMARY SCHOOL

HEATH MOUNT PRIMARY SCHOOL

HEATH MOUNT WEEKLY QUIZ CHALLENGE!

QUESTION 9 OF 37

What does it mean to block someone online?



A. Limit or stop that account from contacting or interacting with you

B. Give them your password

C. Delete the whole internet

D. Make them your best friend

(TURN THE NEWSLETTER UPSIDE DOWN TO READ!)

ANSWER: A - Limit or stop that account from contacting or interacting with you.

DID YOU KNOW?

Blocking is a useful safety tool when someone is bothering you online.

Stay smart. Stay safe. Be kind online.



Safeguarding at Heath Mount Primary School

Please see the safeguarding page on our school website:

Safeguarding – Heath Mount Primary School (excelsiormat.org)

At Heath Mount Primary School safeguarding children is of paramount importance. We have 6 Designated Safeguarding Leads (DSLs) who can be contacted by parents should they have a safeguarding concern. If you have safeguarding concerns about a child, please email school using the following email address: ***enquiry@heathmount.excelsiormat.org***. Our DSLs are:

Meet your safeguarding team:



Mrs Samuel
Headteacher, SENCO & Lead DSL



Miss Beech
Deputy Headteacher
Deputy DSL



Miss Taylor
Pastoral Manager
Deputy DSL



Mrs Yafai
HLTA
Deputy DSL



Mrs Smith
HLTA
Deputy DSL



Miss Brook
Teacher
Deputy DSL



Miss Bi
Office Manager
DSO

BIRMINGHAM CHILDREN'S TRUST

The Children's Advice and Support Service (CASS) provides a single point of contact for professionals and members of the public who want to seek support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact us. We will listen, assess your concerns, and can take action if a child is at risk.

Contact details

Monday to Thursday: 8:45am to 5:15pm
Friday: 8:45am to 4:15pm
Telephone: 0121 303 1888

Emergency out-of-hours

Telephone: 0121 675 4806

NSPCC

Cruelty to children must stop. FULL STOP.

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us

It doesn't have to be an emergency — you might be looking for guidance and support on issues effecting children. Whatever it is you're worried about, our dedicated child protection specialists will be able to advise and take any necessary action.

Whatever your worry — call us on 0808 800 5000, email help@NSPCC.org.uk, or submit our online form — we can help. We also have advice about spotting the signs of abuse.

Due to an increase in demand across our service, **our voice Helpline is currently operating between the hours of 10am-4pm on Monday to Friday**. However, you can email help@NSPCC.org.uk at any time. It's free and you don't have to say who you are. If you think a child is in immediate danger, please call the police on 999 straight away.





