

HEATH MOUNT PRIMARY SCHOOL



NEWSLETTER



7th November 2025

Dear Parents and Carers,

I hope you're well and have had a good week—it's certainly turned chilly all of a sudden!

It was lovely to see so many of you this week at parents evening and thank you for taking the time to complete the questionnaire.

Please do not forget the launch of the new Attendance Award for families. Each month, one family will have the chance to win a £20 Aldi voucher. To be entered into the draw, your child must either achieve 100% attendance for that month or show improved attendance compared to the previous month. The winner will be drawn live outside afterschool on the final Friday of every month.

Please continue to encourage your child to engage with Mathletics, Times Table Rockstars, Edshed and keep up with their handwriting, spelling and reading.

E-Safety

As your child begins to explore the digital world, it's vital to help them build safe and healthy online habits. Children aged 5–10 are naturally curious and eager to learn, but they may not yet understand the risks that can come with using technology.

Here are a few key reminders to support your child's online safety:

-  Talk openly about what they do online. Ask questions and show interest in their favourite games, apps, and websites.
-  Use parental controls and privacy settings to limit access to age-appropriate content.
-  Keep devices in shared spaces so you can monitor screen time and online activity.
-  Teach them not to share personal information like their name, school, address, or photos with people online.
-  Encourage them to tell you if something online makes them feel uncomfortable or confused.
-  Set healthy screen time limits and balance digital play with offline activities.

Together, we can help children enjoy the benefits of technology while staying safe, respectful, and responsible online.

Have a lovely weekend.

Mrs Samuel
HeadTeacher

**PE TIMETABLE**

Monday - 1B and Year 5
Tuesday - 6B
Swimming - 6JB
Wednesday - 2RZ and Year 3
Thursday - 2Z and Year 4
Friday - Reception
Children to wear their PE kits to school on their PE days





We are having a Pudsey themed non uniform day to support Children In Need. Children can come to school dressed in **yellow** or **spotty** clothes. If you don't have any yellow or spotty clothes, you can come in your own clothes!

When: Friday 14th November 2025

How much? £1

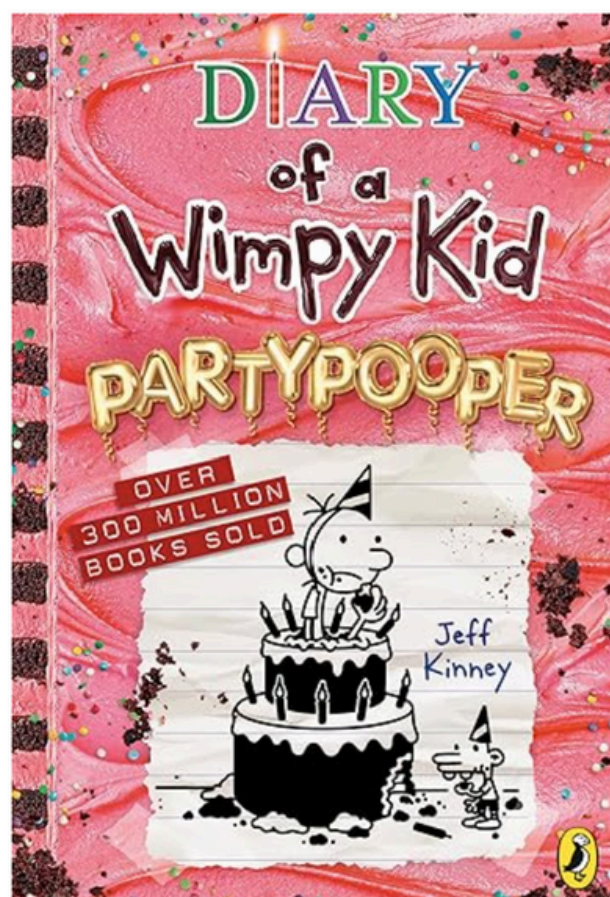


Heath Mount Primary School Reads!

In this school year, students have read...

97 Books
623,747 Words
for **3 minutes/day!**
(individual student average)

RENAISSANCE
Accelerated Reader®



The brand new Diary of a wimpy kid book is now in school. Please see Mrs Schirwing if you'd like to register to borrow it - there will be a waiting list for this and we will loan it on a first come first served basis!

Dates For Your Diary

Date	Event	Time
Tuesday 11 th November	Reception Stay and Read	8:35 - 9:00
Wednesday 12 th November	Year 1 and Year 2 Stay and Read	8:35 - 9:00
Thursday 13 th November	Nasal Flu Immunisations	
Friday 14 th November	Children in Need Non Uniform Day	
Monday 24 th November	Year 6 visit to RAF Cosford	9:00 - 3:20
Wednesday 26 th and Thursday 27 th November	Year 6 visit to The Birmingham Civil Justice Centre	9:00 - 3:20
Monday 1 st December	Year 2 Carbon Monoxide Workshop	
Wednesday 3 rd December	Excelsior MAT Football Tournament	
Thursday 4 th December	Year 5 Carbon Monoxide Workshop	

Heath Mount Primary Menu

WEEK ONE
W/C-01/09, 22/09,
13/10, 10/11, 1/12

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY
	Mains Chicken Makhani Vegetable Makhani (V) Battered Fish, with Potato Wedges	Mains Beef Ragù, with Penne Pasta & Garlic Slice Cheese, Vegetable & Potato Hash (V)	Mains Chicken Sausage, with Onion Gravy Fishless Fingers, with Lemon Wedge & Tartar Sauce (V)
	Accompaniments Boiled Rice, Naan Bread & Veg of the Day	Accompaniments Herby Diced Potatoes & Veg of the Day	Accompaniments Mashed Potatoes & Veg of the Day
	Dessert Ice Cream Fresh Fruit/Yoghurt	Dessert Strawberry Mousse Cheesecake Fresh Fruit/Yoghurt	Dessert Chocolate Concrete with Pink Custard Fresh Fruit/Yoghurt
	THURSDAY	FRIDAY	AVAILABLE DAILY
	Mains Cottage Pie Vegetable Spring Rolls with Oriental Noodles (V)	Mains BBQ Chicken Pizza Margherita Pizza (V)	 Fresh salad cart  Jacket potato and Fillings
	Accompaniments Veg of the Day	Accompaniments Chipped Potatoes & Veg of the Day	
	Dessert Iced Lemon Doughnuts Fresh Fruit/Yoghurt	Dessert Oat Cookie Fresh Fruit/Yoghurt	

Allergen information: menu descriptions may not list every individual ingredient. We are aware of the presence of allergens requiring labelling, so please ask a member of the catering team should you require any more details. Vegetarian options are indicated by the symbol (V).

100% ATTENDANCE COMPETITION

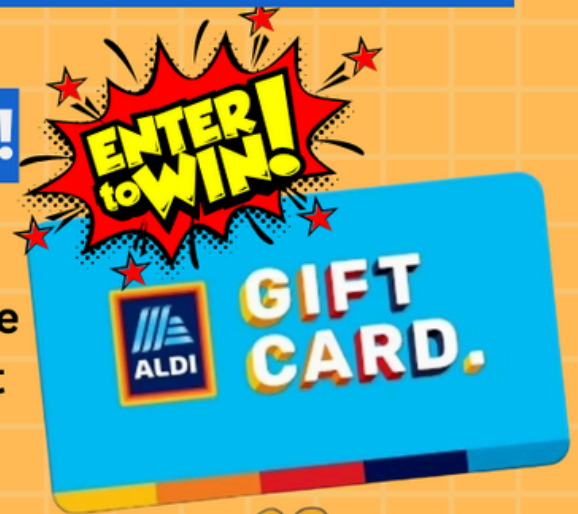


Exciting News!
Monthly Attendance Raffle

**One lucky winner will
recieve a £20 Aldi Voucher!**

We're thrilled to introduce a new Attendance Raffle to celebrate and encourage excellant attendance!

Every month, all children who have **100%** attendance or shown improved attendance will be entered in to a prize draw!



Fred says, "Don't delay! Hop to school and learn today."



ATTENDANCE MATTERS



EVERY DAY COUNTS

STAR OF THE WEEK

RECEPTION	Hussein and Noah	
YEAR 1	Zoe and Alfie	Halimah and Michelle
YEAR 2	Arjun	Haleema and Ismail
YEAR 3	Leena and Alaa	Khloe and Nesmah
YEAR 4	Abeeha and Ibrahim	Abdul-Raheem and Sumaya
YEAR 5	Maira and Ayesha	Saad and Aylah
YEAR 6	Maliha and Hiiija	Jannat, Sepehr and Yusuf

WINNER

HOT CHOCOLATE FRIDAY

Well done to all the children who have been nominated. This week's winners are:

YEAR 1	Manal
YEAR 2	Ayana
YEAR 3	Abhimanyu
YEAR 4	Musa
YEAR 5	Rai-Yan
YEAR 6	Maliha

ORACY CHAMPIONS OF THE WEEK



EACH WEEK, OUR STAFF CHOOSE A CHILD WHO HAS DEMONSTRATED THEIR ORACY SKILLS IN AN EXCEPTIONAL WAY.



YEAR 1

Anwar and Zarisha

YEAR 2

Laura and Reem

YEAR 3

**Affan, Maureen and
Hamman**

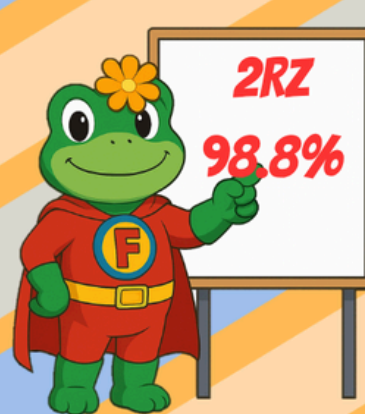
YEAR 4

Muna, Aisha and Jayden

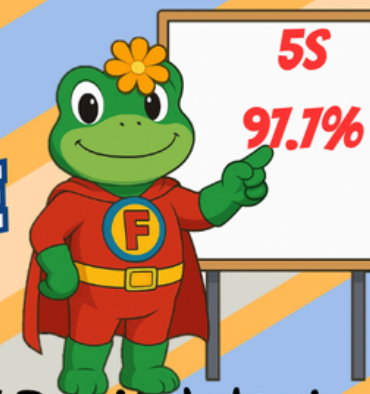
YEAR 5

Abu-Bakr

FRED'S ATTENDANCE SUPERHEROES OF THE WEEK



**HERE
EVERYDAY
READY
ON TIME**



**Fred says, "Don't delay!
Hop to school and learn
today."**

Parents' Coffee Morning

Every Tuesday
The Community Hub
within Heath Mount Primary School

8:45 am - 11:00 am

Please come along for a cuppa
and a chat with Mrs Ikhtlaq and
other parents.

Everyone is welcome!



Have you applied for your child's reception
place for September 2026?

Make sure your
application is
submitted by the
15th January



Scan this code or visit
www.birmingham.gov.uk/schooladmissions
and fill in the form.
Put Heath Mount Primary School as your
first choice!

FREE TENNIS



sāhēli hub

TIMETABLE 2025

DROP-IN AND JOIN OUR **WOMEN ONLY** TENNIS SESSIONS!



Starting from
Tuesday 5th
November 2025

9:15AM - 10:15AM

ALL LEVELS WELCOME.

**HEATH MOUNT
PRIMARY SCHOOL**

Every Tuesday

Women Only

**FOLLOW US
ON INSTAGRAM**



www.saheli.co.uk



At Heath Mount Primary School, we promote children's rights in all areas of our curriculum. We want to ensure that ALL children understand their rights so that they are healthy, happy and safe.

Look at the article below and talk about what this article means.



UNICEF Rights Respecting Schools

Article 38 - Protection in war

"Governments must not allow children under the age of 15 to take part in war or join the armed forces. Governments must do everything they can to protect and care for children affected by war and armed conflict."

Exploring Article 38 - **Why** is it important to remember and commemorate those who have fought in wars?

Did you think of these?

- Children have a right to be protected during war.
- It's important to remember and acknowledge those who have fought to keep children safe and to show thanks.
- Children have a right to life. During wars, some people lose their own lives to protect the lives of children and their communities. It is important to remember their sacrifice.
- If we forget about wars that have protected our way of life, we might make the same mistakes again.
- Children under 15 should not take part in war.
- It is important to think about how we can achieve a more peaceful future.
- It is important to consider ways to avoid war to resolve conflict.
- Remembrance unites people of all faiths cultures and backgrounds.



Safeguarding at Heath Mount Primary School

Please see the safeguarding page on our school website:
Safeguarding – [Heath Mount Primary School \(excelsiormat.org\)](http://Heath Mount Primary School (excelsiormat.org))

At Heath Mount Primary School safeguarding children is of paramount importance. We have 5 Designated Safeguarding Leads (DSLs) who can be contacted by parents should they have a safeguarding concern. If you have safeguarding concerns about a child, please email school using the following email address: enquiry@heathmount.excelsiormat.org. Our DSLs are:



Meet your safeguarding team:



Mrs Samuel
Headteacher,
SENCO &
Lead DSL



Miss Taylor
Pastoral Manager
Deputy DSL



Mrs Yafai
HLTA
Deputy DSL



Mrs Smith
HLTA
Deputy DSL



Miss Brook
Teacher
Deputy DSL



Miss Bi
Office Manager
DSO



**BIRMINGHAM
CHILDREN'S TRUST**

Contact details

Monday to Thursday: 8:45am to 5:15pm
Friday: 8:45am to 4:15pm
Telephone: 0121 303 1888

Emergency out-of-hours

Telephone: 0121 675 4806

The Children's Advice and Support Service (CASS) provides a single point of contact for professionals and members of the public who want to seek support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact us. We will listen, assess your concerns, and can take action if a child is at risk.

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us



It doesn't have to be an emergency — you might be looking for guidance and support on issues affecting children. Whatever it is you're worried about, our dedicated child protection specialists will be able to advise and take any necessary action.

Whatever your worry — call us on 0800 800 5000, email help@NSPCC.org.uk, or [submit our online form](#) — we can help. We also have advice about [spotting the signs of abuse](#).

Due to an increase in demand across our service, our voice Helpline is currently operating between the hours of 10am-4pm on Monday to Friday. However, you can email help@NSPCC.org.uk at any time. It's free and you don't have to say who you are. If you think a child is in immediate danger, please call the police on 999 straight away.

