

# HEATH MOUNT PRIMARY MENU

ALL MEALS ARE HALAL  
AVAILABLE DAILY- JACKET POTATO  
WITH ASSORTED FILLINGS  
SALAD CART

WEEK 1

## MONDAY

### MAINS

Chicken Biryani, Boiled Rice & Naan Bread  
Macaroni Cheese & a Garlic Slice (V)

### SERVED WITH

Veg of the Day

### DESSERT

Strawberry Mousse/ Fresh Fruit/Jelly

## TUESDAY

### MAINS

Homemade Beef or Vegetable Lasagne (V)  
with Garlic & Herb Flat bread  
Chicken Sausage or Vegetarian Sausage (V)  
Hot Dog with Braised Onions & Ketchup

### SERVED WITH

Sauté Potatoes & Veg of the Day

### DESSERT

Chocolate Chip Cookie/ Fresh Fruit/Jelly

## WEDNESDAY

### MAINS

Roast Turkey, Stuffing & Cranberry Sauce  
Cheese & Onion Pasty (V)

### SERVED WITH

Roast Potatoes & Veg of the Day

### DESSERT

Jam Sponge & Custard/ Fresh Fruit/Jelly

## THURSDAY

### MAINS

Homemade BBQ Chicken Pizza or Margherita Pizza (V)  
Fish Fingers with Lemon & Tartare Sauce (V)

### SERVED WITH

Chipped Potatoes & Veg of the Day

### DESSERT

Raspberry & Vanilla Ice Cream Cake/ Fresh Fruit/Jelly

## FRIDAY

### MAINS

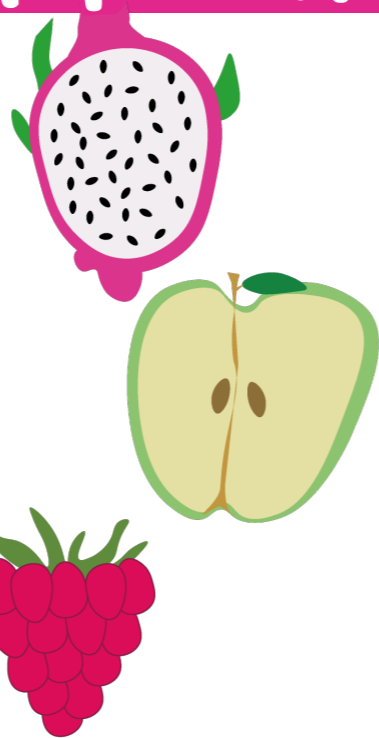
Tuna, Sweetcorn & Cheese Pasta or Mediterranean Vegetable  
& Tomato Pasta (V) with a Garlic Slice  
Chicken Tikka Fillet

### SERVED WITH

Cajun Wedges & Veg of the Day

### DESSERT

Chocolate & Beetroot Brownie with Custard/ Fresh Fruit/Jelly



WEEK 2

## MONDAY

### MAINS

Mexican Beef & Sweet Potato Bolognese  
with a Cheese Sprinkle  
Mexican Veggie Mince & Sweet Potato Bolognese  
with a Cheese Sprinkle (V)

### SERVED WITH

Pasta & a Garlic Crust & Veg of the Day

### DESSERT

1/2 Waffle & Toffee Sauce/ Fresh Fruit/Jelly

## TUESDAY

### MAINS

Chicken Dopiazza, Boiled Rice & Naan Bread  
Vegetable Kebab, Boiled Rice & Naan Bread (V)

### SERVED WITH

Veg of the Day

### DESSERT

Carrot Cake/ Fresh Fruit/Jelly

## WEDNESDAY

### MAINS

Roast Beef & Yorkshire Pudding  
Vegetarian Sausage Toad in the Hole with Onion Gravy (V)

### SERVED WITH

Herb Buttered New Potatoes & Veg of the Day

### DESSERT

Fruit Ice Lolly/ Fresh Fruit/Jelly

## THURSDAY

### MAINS

Homemade Chicken Tikka or Margherita Pizza (V)  
with a Raita Dip  
Breaded Cod with Lemon & Tartare Sauce

### SERVED WITH

Chipped Potatoes & Veg of the Day

### DESSERT

Lemon Drizzle Cake & Custard/ Fresh Fruit/Jelly

## FRIDAY

### MAINS

Homemade Leek, Cheese & Potato Pie (V)  
Spicy Lamb Burger/Veggie Burger (V)

### SERVED WITH

BBQ Beans, Tex Mex Diced Potatoes & Veg of the Day

### DESSERT

Peaches & Orange Jelly/ Fresh Fruit/Jelly

WEEK 3

## MONDAY

### MAINS

Jerk Chicken or Jerk Vegetable Curry with Rice & Peas  
Quorn Burger in a Bun with Spicy Wedges (V)

### SERVED WITH

Homemade Creamy Coleslaw & Veg of the Day

### DESSERT

Ice Cream Pot/ Fresh Fruit/Jelly

## TUESDAY

### MAINS

Peri Peri Chicken Wrap  
Peri Peri Quorn & Vegetable Wrap (V)

### SERVED WITH

Vegetable Rice & Veg of the Day

### DESSERT

Marble Cake & Custard/ Fresh Fruit/Jelly

## WEDNESDAY

### MAINS

Roast Chicken & Stuffing  
3 Cheese & Roast Vegetable Parsley Pasta Bake (V)

### SERVED WITH

Baby Jackets & Veg of the Day

### DESSERT

Chocolate Shortbread/ Fresh Fruit/Jelly

## THURSDAY

### MAINS

Spicy Beef or Margherita Pizza (V) with a Sweet Chilli Dip  
Vegetable Samosa with Raita (V)

### SERVED WITH

Chipped Potatoes or Bombay Potatoes & Veg of the Day

### DESSERT

Banana Sponge & Custard/ Fresh Fruit/Jelly

## FRIDAY

### MAINS

Homemade Breadcrumb Chicken & Kachumber Salad  
Vegetable Spring Rolls with Oriental Vegetable Noodles (V)

### SERVED WITH

Pomme Noisette & Veg of the Day

### DESSERT

Iced Sponge & Custard/ Fresh Fruit/Jelly



WEEK 1 - 4/9, 25/9, 16/10, 13/11, 4/12

WEEK 2- 11/9, 2/10, 23/10, 20/11, 11/12

WEEK 3- 18/9, 9/10, 6/11, 27/11, 18/12

Allergen Information: Menu descriptions may not list every individual ingredient. We are aware of the presence of allergens requiring labelling, so please ask a member of the catering team should you require any more details.

Vegetarian options are indicated by the symbol (V).

**COOMBS**  
CATERING PARTNERSHIP